

Grand Ledge Summer T & F Championship Records 1973 - 2014 cr- 8/14/14

Male

event & age	Name	City	dist/time	year
<u>Soft ball</u>				
4 & under	Jack Bull	Grand Ledge	32' 5"	2013
5 & 6	Isaiah Gilpin		61'	2014
<u>Shot Put</u>				
7 & 8	Jahleel Rollins	Lansing	16' 11"	2013
9 & 10	Jahleel Rollins	Lansing	29'0"	2014
11 & 12	Isaiah Wasson	Lansing	31' 7"	2009
13 & 14	Matt Fedewa	St Johns	44' 1"	2005
15 & 16	Caleb Feldpausch	St Johns	44'6"	2014
17 & 18	Rob Cushman	Grand Ledge	47' 6"	1983
19 - 29	Rob Cushman	Grand Ledge	49' 4.5"	1986
30 - 39	Chris Young	Ionia	52' 3"	2004
40 - 49	Robert O'Higgins	Owosso	42' 8.75"	2002
50 +	Hilary Goerge	Lansing	47' 6"	2009
<u>Discus</u>				
7 & 8	Jahleel Rollins	Lansing	36' 5"	2013
9 & 10	Jayden Green	Lansing	55' 6"	2010
11 & 12	Anthony Cook	Freeland	73' 3"	2009
13 & 14	Matt Fedewa	St Johns	116' 3"	2011
15 & 16	Chris Roberts	Lansing	120' 1"	2010
17 & 18	Rod Cushman	Grand Ledge	134' 11"	1983
19 - 29	Chris Roberts	Lansing	142' 4"	2013
30 - 39	Chris Young	Ionia	139' 8"	2004
40 - 49	Robert O'Higgins	Owosso	144' 4"	2002
50 +	Hilary Goerge	Lansing	150' 6"	2010
<u>Long Jump</u>				
4 & under	Jack Bull	Grand ledge	5' 7.5"	2013
5 & 6	Isaac Kinsey		8' 6"	2006
7 & 8	Elijah Jackson	Lansing	12'02"	2014
9 & 10	Andrel Anthony JR	Lansing	13' 2"	2012
	Seneca Moore		13' 2"	2014
11 & 12	James Hosey		14' 10"	2014
13 & 14	Deshaun Lowery	Holt	20' 9.5"	2013
15 & 16	Austin Edwards	Grand ledge	21' 3.5"	2013
17 & 18	Jamonty Washington	Flint	21' 3"	1981
19 - 29	Marcus Sanders	Lansing	22' 9"	1982
30 - 39	Christopher Price	Lansing	18' 4.5"	1989
40 - 49	Bill Barber	Laingsburg	17' 9.5"	2009
50 +	Russ Jorgenson		12' 6.5"	2014

High Jump				
5 & 6				
7 & 8	Tanner Kennady	Grand Ledge	3' 2"	2012
9 & 10	Andrel Anthony JR	Lansing	4'	2012
	Connor Long		4'	2013
	Daniel Bartkowski	Okemos	4'	2006
11 & 12	T'Mondrae Calhoun	Lansing	4' 10"	2010
13 & 14	Jimmy Kodet	Williamston	5' 4"	2009
15 & 16	Aaron Sluiter	Saranac	5' 8"	2012
17 & 18	Scott Eagle	Fowlerville	6' 5"	1998
19 - 29	Chris Jimmerson		7'	2011
30 - 39	Rich White	Lansing	6' 10"	2011
40 - 49	Todd Compton	Grand Ledge	5' 2"	2004
50 +	John Sawyer		4' 6"	2008
Pole Vault				
13 & 14	James Brown		9'	2011
15 & 16	Jake Blankenship		14' 6"	2009
17 & 18	Toby VanPelt	Owosso	14'	1987
19 - 29	Mark Smith	Lansing	15' 6"	1991
30 - 39	Matti Kilpelainen		13' 6"	1988
40 - 49				
50 +	Jon Large	Beeding	12'	2011
55 Hurdles				
11 & 12	Braydan Biddinger	Ashley	10.8	2012
13 & 14	Kentre Patterson		7.72	2013
110 hurdles				
11 & 12				
13 & 14	Kentre Patterson		16.08	2013
15 & 16	Ira Moore	Lansing	13.8	2004
17 & 18	Tymel Dodd	Lansing	14.62	2004
19 - 29	Chris Jimmerman		14.57	2009
30 - 39	Charles Pollard	Haslett	?? 14.4	1983
40 - 49				
50 +				
70				
4 & under				
5 & 6				
7 & 8	Kristin Branson		11.45	2004
9 & 10	Jaylen McDonald	Lansing	10.4	2004

11 & 12	Donlvaito Jackson	Lansing	9.36	1984
13 & 14	James Jackson	Grand Ledge	8.11	2004
15 & 16	Jeff Smith	Grand ledge	8.6	1984
	Gary Reid	Maple Vally	8.6	1981
	Sterling Jones	Lansing	8.6	1984
17 & 18	Jordan Hinton	East Lansing	8.6	2004
19 - 29	Kirtis Catey	Grand ledge	8.54	2004
30 - 39				
40 - 49	Harris Edwards	Grand ledge	8.67	2004
50 +				
100				
4 & under	Tyree Anthony		22.56	2013
5 & 6	Qasin Harvey		17.76	2009
7 & 8	Mason Woods	East Lansing	15	2012
9 & 10	Daijohn Chandler		14.07	2014
11 & 12	Donlvaito Jackson	Lansing	12.89	2004
13 & 14	Deshaun Lowery	Holt	11.53	2013
15 & 16	Jeremiah Fleming	East Lansing	10.95	2009
17 & 18	David Grzesek	Jackson	10.74	2009
19 - 29	Derick Smith	Flint	10.6	1982
30 - 39	J. Jones	Lansing	11.26	2013
40 - 49	Harris Edwards Jr	Grand Ledge	12.25	2005
50 +	Bill Barber	Laingsburg	13.1	2011
200				
4 & under	Malkolm Turner		56.65	2014
5 & 6	Gabriel Hampton	Lansing	38.4	2011
7 & 8	Mason Woods	East Lansing	31.5	2012
9 & 10	Connor Long		29.14	2013
11 & 12	Corey Pryor	Jackson	27.6	2010
13 & 14	Deshaun Lowery		23.54	2013
15 & 16	James Jackson	Jackson	22.5	2005
17 & 18	David Grzesek	Jackson	22.21	2009
19 - 29	Derick Smith	Flint	22.1	1982
30 - 39	Eugene Thomas	East Lansing	23.8	1982
40 - 49	Sam Hosey		25.04	2014
50 +	Geoffrey Williams		28.1	2013
400				
4 & under	Tyrece Darden		02:45.9	2014
5 & 6	Tamir Benjamin		01:35.0	2011
7 & 8	Amias McClinton	Lansing	01:12.9	2014

9 & 10	Corey Haney	East Lansing	01:09.0	2010
11 & 12	Lantle Jackson	Lansing	62.9	2004
13 & 14	Noah Cody		55.95	2013
15 & 16	Lawrence Davis		51.35	2013
17 & 18	Tavarrio Davis	Lansing	49	2010
19 - 29	George Yoanides	Lansing	48.6	1985
30 - 39	Dolan Street	Ypsilanti	52.8	1985
40 - 49	Jevon Williams		58.1	2013
50 +	Tim Lambrecht		01:01.3	2014
800				
5 & 6	Kameron Amunga		03:24.5	2014
7 & 8	Jaedyn Carswell	Lansing	02:59.0	2009
9 & 10	Darrius Clemons	Lansing	02:43.3	2012
11 & 12	Jared Lake		02:33.0	2006
13 & 14	Vail Hartman		02:16.6	2013
15 & 16	Adam Bellant	Lansing	02:07.0	2006
17 & 18	Andrew Middleton	Holt	01:55.9	2013
19 - 29	Andrew Middleton	Holt	01:54.4	2014
30 - 39	Mitch Long	Portland	02:08.8	1992
40 - 49	Craig Prether	Haslett	02:30.0	2004
50 +	Bill Barber	Laingsburg	02:14.0	2009
1600				
5 & 6	Dakota Patino	Grand Ledge	08:07.0	2009
7 & 8	Volkan Pushazerden		06:34.4	2013
9 & 10	Espen Lehnst	East Lansing	05:26.3	2014
11 & 12	Corey Haney	East Lansing	05:05.0	2011
13 & 14	Andrew Hansen-McClellan		05:04.4	2013
15 & 16	Tim Young	Saranac	04:46.1	2011
17 & 18	Steve Ostrovich	Jackson	04:40.4	1980
19 - 29	Peter Vrobek	East Lansing	04:22.4	1983
30 - 39	Elisha Korir		04:46.5	2013
40 - 49	Mike Homan	Haslett	05:20.0	2008
50 +	Tim Lambrecht		05:05.3	2013
3200				
7 & 8	Ian Quack		14:33.0	2013
9 & 10	Daniel Bartkowski		12:47.6	2006
11 & 12	Carter Colligan		12:13.0	2013
13 & 14	Daniel Suber	East Lansing	11:07.7	2004
15 & 16	Norman Emineth	Pottsville	10:26.0	2012
17 & 18	Tim Young	Saranac	09:44.9	2014

19 - 29	Jeff Austin-Winter		09:31.8	2014
30 - 39	Jake Crowe	Grand ledge	09:20.1	2012
40 - 49	Brian Jones	Okemos	12:14.2	2014
50 +	Tim Lambrecht		11:31.2	2013
MALE -Grand Ledge Summer T & F Championship Records 1973 - 2013				
5000	Name	City	Time	Year
7 & 8	Open			
9 & 10	Adam Hafner		22:41.2	2014
11 & 12	Jack Schafer		22:04.6	2014
13 & 14	Damion Mitchell	Hubbardston	21:37.7	1992
15 & 16	Ryan Karmer	St Johns	17:13.5	2014
17 & 18	Tim Young		16:00.2	2014
19 - 29	Bill Boguslawski	Wyoming	15:00.2	1984
30 - 39	Rock Campbell	Lansing	16:23.7	1983
40 - 49	Open			
50 +	Mike Hammond	Pottersville	19:29.4	2014
4 X 100				
4 & under				
5 & 6				
7 & 8	Parker, Harris, Pryor, Peterson		01:18.0	2004
9 & 10	Leven Powers, m Kirkland, K Kirkland		01:19.0	2004
11 & 12				
13 & 14	Gallie Leven Mauro D. Jackson		64.4	2004
15 & 16	Price, R. Jackson, D. Jackson, Hawkens		53.02	2004
17 & 18	Catey, Moore, Majors, Braden		46.8	2004
19 - 29				
30 - 39				
40 - 49	Lycan, Leven, Batz, Edwards(K-zoo, GL, Lansing, GL)		51	2004
50 +				
4 X 200				
5 & 6				
7 & 8				
9 & 10	Jones, Thompson, Blair, Thompson		02:23.0	2002
11 & 12	D Bibbs, J. Taylor, P Holt, O. Long (Lansing)		02:15.3	1984
13 & 14	Jackson, Freeman, Brandson, Zivic		01:53.4	2002
15 & 16	A Bailey, A Hinton, ? Howard, M. Bock (Ann Arbor)		01:44.1	1984
17 & 18	R. Gillum, K Thompson, D Jones, A Norris (Lansing)		01:34.8	?
19 - 29	M. Sanders, R. Trainor, R. Jones, S. Cooper (Lansing)		01:30.5	1982
30 - 39	Tom Becker, Tim Becker, Gary Langdon, Amos Brown, fowl		01:54.3	1990
40 - 49				
50 +				

4 X 400				
5 & 6				
7 & 8	J. Harris, K. Harris, Trainer, K. Amunga		06:17.0	2014
9 & 10	D. Hafke, T. Hafke, J. Bremer, N. Bremer		06:08.0	2013
11 & 12	A. Bailey, K Holcrest, s Hargruer, M. McQuiston (Ann Arbc		04:59.9	1983
13 & 14	? Smith, T. Boyd, R Marshall, D Marshall (Lansing)		04:07.4	1984
15 & 16				
17 & 18	B Vasquez, J. stark, R. Hensley, R. Hensley (Dewitt ?)		03:44.4	1978
19 - 29	G. Yoanides. D Street. Derrick ?, G. Bastien (Ann Arbor)		03:28.8	1985
30 - 39	B McCarthy, H. Paukette, M. Long, J. Crowe (GL Okemos)		03:28.9	1992
40 - 49				
50 +				
Female ----- Grand Ledge Summer T & F Championship Records 1973 - 2014 cr-8/14/14				
Female				
event & age	Name	City	dist/time	year
Softball throw				
4 & under	Sophia Schafer		20'	2013
5 & 6	Benecia Kinney		38'	2014
Shot Put				
5 & 6	Morgan Whitten	Lansing	9' 4"	2014
7 & 8	Nia Long		15' 8"	2013
9 & 10	Maya Bennett	Lansing	23' 5"	2009
	Kayla Amunga		23' 5"	2014
11 & 12	Maya Bennett	Lansing	30' 2"	2011
13 & 14	Malin Smith	Lansing	42' 5"	2014
15 & 16	Becca Cousineau	Freemont	34' 3"	2010
17 & 18	Tracey Yiirs/Whitten	Grand Ledge	37' .5"	1996
19 - 29	Sonya Payne	Ann Arbor	42' 2"	1986
30 - 39	Tracy Whitten	Lansing	32' 1"	2014
40 - 49	April Goodlow	Lansing	31' 1"	2004
50 +	Katherine Livengood		28' 3"	2014
Discus				
5 & 6	Ashlee Whitten	Lansing	9' 11"	2014
7 & 8	Morgan Whitten	Lansing	22' 11"	2014
9 & 10	Maya Bennett	Lansing	66' 2"	2009
11 & 12	Maya Bennett	Lansing	82' 2"	2011
13 & 14	Malin Smith	Lansing	90' 1"	2014
15 & 16	Becca Cousineau	Freemont	88' .5"	2010
17 & 18	Brittney Gilmartin	Grand Ledge	106' 0"	2004
19 - 29	Tracy Kangas	Nashville	119' 2"	1994
30 - 39	Tracy Whitten	Lansing	73' 1"	2014
40 - 49	Marsha Moore	Eagle	66' 1"	2009

50 +	Katherine Livengood		64' 7"	2014
Long Jump				
4 & under	Hannah Tomanek		4' 3.5"	2014
5 & 6	Riley Merryfield		8'	2009
7 & 8	Bethany Hartman	Okemos	10' 4"	2012
9 & 10	Morgan Hetherington	Grand Ledge	12' 7.5"	2013
11 & 12	Aazhenii Nye	Lansing	14' 5"	2012
13 & 14	Victoria Lipscomb	East lansing	16' 1.25"	2004
15 & 16	Becky Banhagel	Ionia	16' 3"	1984
17 & 18	Brenda Smith	Carson City	16' 2.5"	1981
19 - 29	Rita Wieber	Dewitt	16' .75"	1989
30 - 39	Rita Wieber	Dewitt	15' 8"	1997
40 - 49	Kathy Defever	Ashley	14' 3.75"	2004
50 +				
High Jump				
7 & 8	Mia Judd	Grand ledge	3' 4"	2012
	Alexandra Steitz	Grand ledge	3' 4"	2011
9 & 10	Presious Robinson	Lansing	3' 10"	2012
11 & 12	Amaya Ayers	Laingsburg	4' 6"	2004
	Tori Schiller	Grand ledge	4' 6"	2005
13 & 14	Jenelle Smith	Lansing	4' 8"	2005
	Carolyn Morgan		4' 8"	2014
15 & 16	Jenelle Smith	lansing	5'	2006
17 & 18	Brenda Smith	Carson C ity	5' 2"	1981
19 - 29	Kathy Powers	Reeding	5' 3"	1977
30 - 39	Sue Mellentine	Mason	4' 6"	1989
40 - 49				
50 +				
Pole Vault				
13 & 14	Amanda Trouten		9' 6"	2006
15 & 16	Brianna Flowers	Lansing	10'	2010
	Jackie Clark	Grand Ledge	10'	2004
17 & 18	Carly Schiffer	Ovid	11'	2006
19 - 29				
30 - 39				
40 - 49				
50 +				
55 Hurdles				
11 & 12	Raven Norris	Grand Ledge	10.3	2012
13 & 14	Aazhenii Nye	Lansing	8.17	2013
100 hurdles				
11 & 12	Ravin Norris	Grand Ledge	19.4	2012

13 & 14	Aazhenii Nye	Lansing	15.29	2013
15 & 16	Morgan Allen	Saranac	17.8	2011
17 & 18	Crystal Stanley	Lansing	15.5	2004
19 - 29	Nikki Bouyer	Lansing	14.9	1994
30 - 39	Sue Mellentine	Mason	20.7	1988
40 - 49				
50 +				
70				
5 & 6				
7 & 8	Olivia Stephens		12.27	2004
9 & 10	Justin Randall	Lansing	9.8	2004
11 & 12	Jaelynn Pryor	Jackson	9.89	2004
13 & 14	Victoria Lipscomb	East Lansing	9.26	2004
15 & 16	Sterling Jones	Lansing	9.4	1991
	Joyic Estes	Lansing	9.4	1995
17 & 18	Stephanie Staubus	Grand Ledge	8.76	2004
19 - 29	Heather Laforge	Ann Arbor	9.7	2004
30 - 39	Julie Pryor	Jackson	10.1	2004
40 - 49	Kathy Defever	Ashley	10.84	2004
50 +				
100				
4 & under	Veronica Holingsworth	Lansing	21.18	2013
5 & 6	Bethany Harrison		17.1	2010
7 & 8	Morgan Hetherington	Grand ledge	15.1	2010
9 & 10	Justice Randell	Lansing	14.26	2004
11 & 12	Justice Randell	Lansing	13.5	2006
13 & 14	Re'Anna Blair	Lansing	12.6	2011
15 & 16	Shaleen Williams	Lansing	12	2010
17 & 18	Stephenie Stubus	Grand ledge	12.16	2004
19 - 29	Katrina Jones	Lansing	12.7	1991
30 - 39	Janice Fowler	Ann Arbor	12.6	1983
40 - 49	Kathy Defever	Ashley	15.22	2004
50 +	Ruth Thelen	St Johns	16.3	2004
200				
4 & under	Sophia Schafer	Grand Ledge	55.8	2013
5 & 6	Vaisha Brown		38.2	2006
7 & 8	Lindsey Wieber	Dewitt	34.3	1995
9 & 10	Jahki Wallace		30.42	2013
11 & 12	Brooke Rambo	Grand Ledge	26.7	2011
13 & 14	Taylor Marison	Lansing	25.5	2012
15 & 16	Chante Roberts		25.71	2013

17 & 18	Breterria Hill	Lansing	25.7	2010
19 - 29	Judi Brown	East Lansing	25.5	1980
30 - 39	Carol Asam	Allen Park	31	1992
40 - 49				
50 +				
400				
4 & under	Elin Cooper		02:11.6	2014
5 & 6	Gabrielle Freguson		01:36.1	2014
7 & 8	Ronda Schafer	St Johns	01:17.1	1991
9 & 10	Aliyah Nye ??age	East Lansing	01:12.5	2011/2013
11 & 12	Priscilla Trainer		01:01.7	2014
13 & 14	Re'Anna Blair	Lansing	58.6	2011
15 & 16	Chante Roberts	Lansing	56.82	2013
17 & 18	Breterria Hill	Lansing	57	2010
19 - 29	Judi Brown	East Lansing	56.2	1980
30 - 39	Janice Fowler	Ann Arbor	60.5	1983
40 - 49	Pat Hemingway	East Lansing	2:00:00	2004
50 +	Ruth Thelen	St Johns	01:33.7	2009
800				
5 & 6	Ella Hufnagel	Fowler	03:41.5	2013
7 & 8	Morgan Hertherington	Grand Ledge	03:13.2	2011
9 & 10	Brittany Dale	Grand Ledge	02:52.3	2010
11 & 12	Bria Telemaque		02:22.7	2013
13 & 14	Whitney White	East Lansing	2:27:00	2004
15 & 16	Stephenie Staubus	Grand Ledge	2:27:00	2004
17 & 18	Andrea Koenigsknecht		02:23.8	2013
19 - 29	Dana Ai-Nasrallah	Iraq ?????	02:18.0	2012
30 - 39	Nicci Lyan	Kalamazoo	02:30.1	2004
40 - 49	Sharon Becker	Fowler	02:52.2	2014
50 +	Deb Feltz	St Johns	03:05.0	2009
1600				
5 & 6	Nicole Schafer	Grand Ledge	08:00.4	2013
7 & 8	Kaylie Soto		06:52.8	2014
9 & 10	Eliana Chunev	Lansing	06:35.0	2012
11 & 12	Bria Telemaque		05:36.3	2013
13 & 14	Amber Gall		05:26.3	2014
15 & 16	Seana Arnold	AnnArbor	05:21.6	1984
17 & 18	Emily Langenberg	Grand ledge	5:16:00	2006
19 - 29	Emily Langenberg	Grand ledge	5:22:00	2008
30 - 39	Sharon Becker	Fowler	05:35.9	2005
40 - 49	Sharon Becker	Fowler	06:10.3	2014

50 +	Ruth Thelen	St Johns	07:12.2	2005
3200				
7 & 8	Resse Carlson	Grand Ledge	20:41.0	2011
9 & 10	Stephi Labioda	Bath	16:59.0	2009
11 & 12	Courtney Hughes	Grand Ledge	12:49.0	2013
13 & 14	Amber Gall		11:45.8	2014
15 & 16	Sarah Kettel		12:26.0	2013
17 & 18	Emily Langenberg	Grand Ledge	11:25.0	2006
19 - 29	Emily Langenberg	Grand Ledge	11:12.0	2009
30 - 39	Sharon Becker	Fowler	15:00.0	2009
40 - 49	Sharon Becker	Fowler	14:15.2	2014
50 +				
FEMALE - Grand Ledge Summer T & F Championship Records 1973 - 2013				
5000	Name	City	Time	year
7 & 8	Ellie Thrtburn		24:23:10	2014
9 & 10	Marie Schafer	Fowler	24:24.6	2014
11 & 12	open			
13 & 14	Christna Jackson	Lansing	22:58.0	1995
15 & 16	Kristin Sall	Ann Arbor	22:27.2	1983
17 & 18	Brenda Bennett	St Johns	19:52.2	1978
19 - 29	Diane Underwood	East Lansing	20:12.5	1986
30 - 39	Judy McPherson	Grand Ledge	23:37.0	1981
40 - 49	Miehaline Elder	Grand Ledge	22:48.2	2014
50 +	open			
4 X 100				
4 & under				
5 & 6				
7 & 8	K. Coffie, Williams, stockard, O. Stephens		01:17.4	2004
9 & 10	Davis, C. Pryor, S. Stephens, Ke Coffie		01:08.1	2004
11 & 12	McCormick, Halm, Hyne Ayers		01:01.5	2004
13 & 14	Simon, Jury, Grischke, schooley		58.7	204
15 & 16				
17 & 18				
19 - 29				
30 - 39				
40 - 49				
50 +	N. Lycan, R. Thelen, Defever, Feltz ages ?		1:02:00	2004
4 X 200				
7 & 8				
9 & 10	Jones, Woods, thompson, Majors (Lansing)		02:44.2	2002
11 & 12	L. Johnson, M. Shane, N. Palmisnoa, K Shields (Ann Arbor)		02:14.4	1983
13 & 14	Esch, Schrauger, Farquhar, Schrauger		02:16.1	2002

15 & 16	S. Evans, A. Coawans, M. Bridges, M. Bridges (Detroit)	01:52.9	1983
17 & 18	V. Shields, R. Officer, L. Nixon, F. Burris (Detroit)	01:49.7	1983