



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 39TH ANNUAL MONTCLAIR RUN

SUNDAY, JUNE 5  
RUN FOR A CAUSE

YMCA OF MONTCLAIR  
RETRO RUN  
10K | 2MI

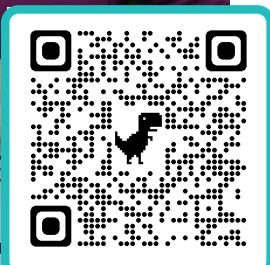
## EVENT SPONSOR



Hackensack Meridian  
Mountainside Medical Center



COURSE NJ17504JHP



All events start and end at the YMCA of Montclair



**REGISTER BY**  
MAY 31, 2022

**10K Entry Fee**   **2MI Entry Fee**  
Adults \$45/~~\$50~~\*   Adults \$30/~~\$35~~\*  
Youth \$25/~~\$30~~\*   Youth \$20/~~\$25~~\*

\*Race Day June 5 Registration Fee  
\$3 Pre-Registration Discount to  
USATF-NJ Members

Adults age 17+  
Youth age 16 and under



**PACKET  
PICKUP**

Fri, June 3   Time TBD  
Sat, June 4   Time TBD  
Sun, June 5   10K 6:30-7:30am  
                    2MI 8:30-9:30am

**YMCA OF MONTCLAIR**  
25 Park St., Montclair  
973-744-3400



**RACE DAY**  
JUNE 5, 2022

Race Check-In   **6:30-9:30AM**  
10K Grand Prix   **8:00AM**  
2 Mile Fun   **10:00AM**  
Run/Walk

Awards ceremony immediately  
following each race.

Participants are encouraged to dress in fun "retro" wear.  
All proceeds benefit the YMCA of Montclair Chronic Disease Program Fund.

[runsignup.com/Race/NJ/Montclair/TheMontclairRun](https://runsignup.com/Race/NJ/Montclair/TheMontclairRun)