



# 4th Annual SCA Spring Sprint 5k

April 14, 2018 at 10am

Bur-Mil Park (near Wildlife Center)

You are invited to participate in the SCA Spring Sprint 5k on April 14th at 10 am. Both walkers and runners are encouraged! Medals will be awarded for all youth participants. Bring your family and friends for a fun morning!

Participants who sign up before **March 26th** will be given a t-shirt as part of their registration fee. Those who register after March 26th will NOT receive a t-shirt.

If you have any questions about the 5k or would like to volunteer at the event, please contact Andrea Pollina at [andreampollina@gmail.com](mailto:andreampollina@gmail.com).

### *A special thank you to our Sponsors:*

**Gold:** Domino's Pizza, Proforma Springboard Promotions, Northwest Oral & Maxillofacial Surgery, Khan and Associates, A New Dawn Realty, Inc. and Rio Grande Mexican Kitchen

**Silver:** Punita Ahuja CPA

(\*The race will take place rain or shine (unless severe weather) and no refunds will be given.)

*Please fill out the back and turn in form and money (checks made out to SCA) to the Front Office. You may also register online at <https://run-signup.com/Race/NC/Greensboro/SCA5k> (additional fee applies).*

First and Last Name for all racers (list names on separate lines or separated by commas):

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Email: \_\_\_\_\_

Grade at SCA, if applicable (list name and grade on separate lines or separated by commas):

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T-shirt sizes: Youth Small, YMedium, YLarge, Adult Small, AMedium, ALarge, AX-Large  
AXX-Large (Unisex sizes) (list names and sizes on separate lines or separated by commas):

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**Entry Fee: \$15 on or before March 26th (t-shirt provided)**

**\$15 after March 26th including race day (NO t-shirt provided)**

Race Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race, including, but not limited to, falls, contact with other participants, the effects of the weather including high heat and humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release and will hold harmless Summerfield Charter Academy, National Heritage Academy, the race organizer, all other sponsors, and all the agents, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race. I grant the race organizers my permission to use any images taken of me in further publicity or advertising.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Additional Race Information:**

Please park at the parking lot near the golf course and walk down the hill to the Start Area at the Wildlife Center.

9am - Race Day registration and T-shirt pick up begins

10am - Race Starts (please arrive early as the race will start promptly at 10am). The race starts at the Wildlife Education Center and continues along the paved Atlantic and Yadkin Greenway. The route will be well marked.

10:30am - Post Race refreshments including Domino's Pizza.