

**PRESS RELEASE**

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**For Immediate Release**

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**TEAM GREEN RUNNING RETURNS AS OFFICIAL COACH SPONSOR OF THE LEGACY CAPITAL THE WOODLANDS MARATHON AND HOUSTON METHODIST THE WOODLANDS HALF MARATHON**

**THE WOODLANDS, TX (May 24, 2021)** The Woodlands Marathon Management is pleased to announce Team Green Running will return as the “Official Coach” for the 2022, 2023 and 2024 event years.

Team Green Running (TGR) previously served as the “Official Coach” of the event and return after a one year absence due to COVID-19.

As the “Official Coach” of the Legacy Capital The Woodlands Marathon and Houston Methodist The Woodlands Half Marathon, runners will have the option to sign-up for training plans from Team Green Running when they register for the race. Training plans will be available for the marathon, half marathon, 10K and 5K.

Training programs are available for a nominal fee and runners can receive a \$10 discount by using the code TGR21 when registering for their race. If they have already registered they can email [admin@thewoodlandsmarathon.com](mailto:admin@thewoodlandsmarathon.com) for information to register for a training program.

TGR will provide support to our Juniors Running Program initiatives and offer support during National Running Day and the Pathfinder Pediatric Family Fun Run 2k event.

“We are looking forward to our continued partnership with Team Green Running”, said Race Director Willie Fowlkes. “The attention to detail that TGR offers athletes is some of the best in the country and it shows in every athlete they coach.”

Additional provisions by TGR will include “Training Tips” on Tuesday starting in June and speakers for the Legacy Capital Speaker Series starting in November.

TGR is kicking off their youth summer running camps and runners from beginners to experienced can participate. These include cross country and speed camps.



“Once again Team Green Running is proud to be the Official Coach for the Legacy Capital the Woodlands Marathon and the Houston Methodist the Woodlands Half Marathon,” said Coach Dan Green. “We are excited to assist participants in their quest to achieve their goals. Our coaching staff has a unique opportunity to train athletes at all levels: beginners, Youth, Masters, Moms, as well as our Olympic Development team. We are ready for you!!”

- TWM -

#### **ABOUT THE WOODLANDS MARATHON MANAGEMENT**

The Woodlands Marathon Management is an event production company that operates with a primary goal of providing individuals the opportunity to participate in a running event that promotes the advancement of running. The directors of The Woodlands Marathon Management share a passion for The Woodlands community, the Houston region and the active sport lifestyle. They have teamed up to produce this premier event that will provide The Woodlands and surrounding communities options for living a healthy lifestyle with purpose.

For more information, please visit the event website at <http://www.thewoodlandsmarathon.com/>.

#### **ABOUT TEAM GREEN RUNNING**

Team Green Running is a developmental running club and 501(c)(3) charitable organization based in The Woodlands, Texas, focused on training competitive runners at all levels. Our Elite Olympic development program prepares post-collegiate Olympic hopefuls for national and international success. TGR originated as a small post collegiate distance group and has had athletes qualify for the National Championships for the past six years, and had four athletes that qualified for the 2016 Olympic Trials.

TGR is more than just an Olympic Development group. In an effort to help grow the sport in our community, the club coaches virtually every aspect of running. There is the beginners youth group, the Another Mothers Running Group, the year round Youth Track & Cross Country group, the Competitive & Masters group, as well as the Elites. Team Green is not just an outdoor track team, they also compete in Indoor track, on the roads, as well as Cross Country. The Team has had National representation with each group in each of these areas; however, the majority of its participants choose to train to meet their fitness goals. As TGR starts its sixth year we are looking to expand our club to touch more athletes at every level through one of our training groups.

For more information, please visit the event website at <https://www.teamgreenrunning.com>.