

COVID-19 RETURN TO RUN HEALTH & SAFETY RACE DAY GUIDELINES

STAYING SAFE

RACE DAY RESPONSIBILITY

FACE COVERINGS
ARE REQUIRED
WHEN NOT
RUNNING



MAINTAIN SOCIAL DISTANCING



WASH HANDS OFTEN



STAY HOME IF YOU FEEL SICK



The Woodlands Marathon Management will continue to host healthy, safe and quality events for the running community. Our Return To Run protocols will continue to evolve as circumstances change and improve over time. These protocols will help us ensure runners have safe and healthy experiences while improving their quality of life.

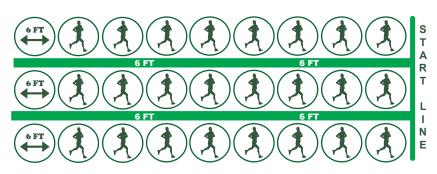
START LINE

Runners are preassigned start group times (i.e. Group 1, Group 2,ect.).

Runners will start in wave starts 2 min apart.

Runners must wear mask while in starting area.

Spectators are not allowed at the start area.



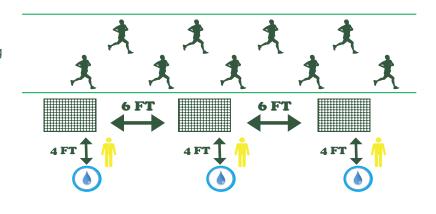
Starting Chute Area: 170' = 80 Runners (320' = 160 Runers)

RACE COURSE

Runners can remove mask after leaving starting chute and drop at discharge zone.

Water Stations will be self serve - cups will not be handed to runners.

Runners are advised to bring personal hydration to minimize contact.



FINISH LINE

Runners must put on mask after crossing finish line.

Spectators are not allowed.

Finish chute will split to maintain social distancing.

Maintain social distancing.

Exit Finish Line chute.



Runners will be disqualified for not following RTR protocols and asked to leave race site.