

# Valentines 5K

**Saturday, February 13<sup>th</sup>, 2016 9:00 a.m. c.s.t.**

**Valparaiso High School - 2727 North Campbell Street, Valparaiso, IN 46385**

The 5K Run and non-competitive walk starts in  
the VHS North parking lot and finishes indoors on the track in the Field House

**Online registration fee—\$20 (no additional processing fee) Mail in registration fee \$22**

**\$25.00 per person on race day**

All participants registered by 2/1/2016 will receive a pair of custom running socks. Sock sizes and availability not guaranteed if registered after 2/1/2016

Overall Male and Female Awards - Masters Awards, 1st Place Teams, 1st, 2nd, 3rd in Age Groups

**This is a unique race! You may run as an individual or you may form a two person co-ed team and compete in the couples divisions. You may enter ONE division only, there are no duplicate awards!**

**Couples are not eligible for age group awards. All couples teams must be pre-registered.**

**There will be no team registrations taken on race day**

## Divisions

### Individuals (male/female 1st, 2nd, & 3rd)

8 and under	25-29	55-59
9-10	30-34	60-64
11-12	35-39	65-69
13-14	40-44	70-74
15-18	45-49	75-79
19-24	50-54	80 & over

### Couples (co-ed teams w/combined ages)

29 and under	110-129
30-49	130-149
50-69	150 and over
70-89	Mother/Son
90-109	Father-Daughter

Advanced packet pick up will be available on Friday, February 12th from 11AM—7PM at the Extra Mile Fitness Co E. Lincolnway, Valparaiso, IN. Onsite race day registration starts at 7:30AM

Name: \_\_\_\_\_ Age Race Day: \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_, Zip \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Name: \_\_\_\_\_ Age Race Day: \_\_\_\_\_ Gender \_\_\_\_\_

Coed Teammate name (if applicable) **Please circle the coed team division in which you wish to participate**

Name: \_\_\_\_\_ Age Race Day: \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_, Zip \_\_\_\_\_

Sock Size: S M L XL Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

**Mail-in Race Entry Fee \$22 per person (you can register on-line for only \$20)**

Make checks payable to: T&H Timing and send to: 652 Wood Stream Xing, Valparaiso, IN 46385

In signing this form, I assume all risk and responsibility associated with running this event. I agree to waive any responsibility for injury or loss for the race organizers, sponsors, volunteers, or any other entity associated with this event. I grant permission to the above use of my image via photographs, video recordings or any other record of this event for any legitimate event purpose. I verify that I am physically fit and have trained sufficiently for this event.

Signature: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(signature of parent if under 18 years old)