



HEROES 5K

RUN-FAMILY FUN WALK & PANCAKE BREAKFAST

AMERICAN LEGION POST 321 AT VETERANS PARK

107 Main Street, Huntersville NC

(send registrations/payment to 12621 Kane Alexander Drive, Huntersville, NC 28078)

Sat. May 18, 2024

Like & Share us on Facebook
HEROES 5K RUN - FUN WALK

All proceeds benefit: PTSD and Recreational Programs at
W.G. (Bill) Hefner VA Medical Center - Salisbury, NC

7:30AM – REGISTRATION

9:00AM – RACE START /BREAKFAST

10:00AM – AWARDS

1)First Name	Last Name		Timed Runner? Y or N	
Street Address	Phone	E-mail Address		
City	State	Zip Code	Gender M or F	Date of Birth

I WOULD LIKE TO REGISTER FOR:

QTY

AMT

• Defender Sponsorship (includes memento, name on banner, race entry) – \$100.00 Name as you want printed on banner: _____		
• 5k Runner/Walker (includes memento) – \$30.00		
• Student/Active or Retired Military (includes memento) – \$25.00		
• Phantom Runner – Can't make the race, have other plans, but want to support the cause? Sign up as a Phantom Runner! - \$25.00		

ADDITIONAL RACERS

2)First Name	Last Name		Timed Runner? Y or N	
E-mail Address	Phone	Gender M or F		Date of Birth
3)First Name	Last Name		Timed Runner? Y or N	
E-mail Address	Phone	Gender M or F		Date of Birth
4)First Name	Last Name		Timed Runner? Y or N	
E-mail Address	Phone	Gender M or F		Date of Birth

Please make checks payable to American Legion Auxiliary Unit 321 and send to
Heroes 5K, 12621 Kane Alexander Drive, Huntersville, NC 28078

You can also register at: [HEROES 5k Run - Fun Walk \(runsignup.com\)](https://runsignup.com)
Online registration ends May 15, 2024. In-person registrations also accepted up to race start.

All proceeds benefit the PTSD and Recreational Programs at our local VA Medical Center

HEROES 5K RUN - FAMILY FUN WALK

American Legion Auxiliary Unit 321 – Huntersville, NC

May 18, 2024

Release of Liability

(must be signed by all participants, parents/guardians must sign for minors)

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, RunSignUp.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

1)

Print Name

Signature

Date

2)

Print Name

Signature

Date

3)

Print Name

Signature

Date

4)

Print Name

Signature

Date

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