





UPMC Care and Share



WAIVER & RELEASE LIABILITY

I hereby waive all claims against WCA Foundation Be Kind 5K, event sponsors, and all organizers/volunteers for any injury I might suffer in this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photography of me in legitimate accounts and promotion of this event.

Signature: ______
Date:_____

In a World where you can be anything be kind

Non-Profit Or,
US Postage
PAID
Jamestown, N'
Permit No 60

WCA Foundation Office of Development PO Box 840, 207 Foote Avenue Jamestown, NY 14702-0840

(716) 664-8423

Baronema3@upmc.edu www.wcafoundationjamestown.org



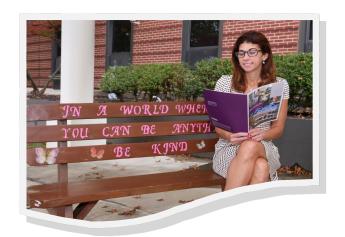
WCA Foundation PO Box 840, 207 Foote Avenue Jamestown, NY 14702-0840



Saturday, June 22 2019

Falconer Fire Hall
115 Davis St. Falconer NY 14733

Pre-Registration Form





2019 BeKind5K

To Pre-Register online: www.runsignup.com or www.wcafoundationjamestown.org

There are several ways you can support the Be Kind 5K including:

- Participate as a Runner or Walker, pets are welcome!
- Organize a Team to walk together (challenge friends, co-workers and creatively outfit yourselves in KINDNESS)
- Sponsor a Walker make a generous pledge
- Serve as an Event or Create the Path Sponsor
- Donate a gift-in-kind donation for the Basket Raffle at the Run/Walk
- (baskets can be dropped off to UPMC Chautauqua Administration)
- Make an outright tax-deductible gift to: WCA Foundation Rosemary Billquist Memorial Fund

The 2019 Be Kind 5K will feature:

- Commemorative Event T-Shirt (included in \$25 Pre-Registration Fee, day of race \$30 t-shirt not guaranteed)
- Pet Friendly participation







Must be licensed by municipality, Vet name, proof and date of rabies vaccination



Pre-Registration Form Saturday, June 22

Falconer Fire Hall 115 Davis St. Falconer NY

June 21 Pre-Registration 5-6 p.m. June 22 Registration 7-8:30 a.m. Start time 5K run 9 a.m. 5k walk 9:15 a.m.

Name:
Pet Name(\$5)/Breed
Address:
Phone:
E-mail:
Γ-Shirt Size: YS YM S M L XL XXL
Please mail this completed form along with \$25/\$5 to:

WCA Foundation/Office of Development PO Box 840, Jamestown, NY 14702-0840

_ Please email me a Pledge Sheet