



UPMC Care and Share

UPMC
CHAUTAUQUA

WAIVER & RELEASE LIABILITY

I hereby waive all claims against WCA Foundation Be Kind 5K, event sponsors, and all organizers/volunteers for any injury I might suffer in this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photography of me in legitimate accounts and promotion of this event.

Signature: _____

Date: _____

*In a World
where you can
be anything be
kind*

WCA Foundation
Office of Development
PO Box 840, 207 Foote Avenue
Jamestown, NY 14702-0840
(716) 664-8423
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www.wcafoundationjamestown.org

WCA Foundation
Supporting Healthcare at UPMC Chautauqua

Non-Profit Org.
US Postage
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Jamestown, NY
Permit No. 601

WCA Foundation
PO Box 840, 207 Foote Avenue
Jamestown, NY 14702-0840



**Saturday,
June 22 2019**

Falconer Fire Hall
115 Davis St. Falconer NY 14733
**Pre-Registration
Form**



2nd Annual



2019 BeKind5K

To Pre-Register online:
www.runsignup.com or
www.wcafoundationjamestown.org

Pet Friendly!



Register your pet for \$5!

Must be licensed by municipality, Vet name, proof and date of rabies vaccination

There are several ways you can support the Be Kind 5K including:

- ♦ Participate as a Runner or Walker, pets are welcome!
- ♦ Organize a Team to walk together (challenge friends, co-workers and creatively outfit yourselves in KINDNESS)
- ♦ Sponsor a Walker - make a generous pledge
- ♦ Serve as an Event or Create the Path Sponsor
- ♦ Donate a gift-in-kind donation for the Basket Raffle at the Run/Walk
- ♦ (baskets can be dropped off to UPMC Chautauqua Administration)
- ♦ Make an outright tax-deductible gift to: **WCA Foundation Rosemary Billquist Memorial Fund**

The 2019 Be Kind 5K will feature:

- ♦ Commemorative Event T-Shirt (included in \$25 Pre-Registration Fee, day of race \$30 t-shirt not guaranteed)
- ♦ Pet Friendly participation



Pre-Registration Form

Saturday, June 22

Falconer Fire Hall

115 Davis St. Falconer NY

June 21 Pre-Registration 5-6 p.m.

June 22 Registration 7-8:30 a.m.

Start time 5K run 9 a.m. 5k walk 9:15 a.m.

Name: _____

Pet Name(\$5)/Breed _____

Address: _____

Phone: _____

E-mail: _____

T-Shirt Size: YS YM S M L XL XXL

Please mail this completed form along with
\$25/\$5 to:

WCA Foundation/Office of Development
PO Box 840, Jamestown, NY 14702-0840

____ Please email me a Pledge Sheet