Participant Name	First				Last
Race Category	Circle One: M F				**Age on Race Day:**
Date of Birth	Month	Day	Year		
Email Address					
Telephone					
Address					
City, State, ZIP	City:		State:	ZIP	
Emergency Contact	Name				Telephone
Shirt Size	Sm Med Lg XL XXL			Team Name: (Optional)	

This form must be received before April 9, 2014. Make checks payable to "3W Races, LLC" and mail with this form to: 3W Races, 9870 Westcliff Parkway #1216, Westminster, CO 80021.
Questions? MJBettis@3WRaces.com or 720-722-4226

I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry to participate in the Prairie Dog Half and 10k - Spring (herein after the "Event") to be held on April 13, 2014 in Arvada, Colorado. I, intending to be legally bound, do hereby for myself, my heirs, my executors and administrators agree as follows:

1. I do waive and forever release any and all rights and claims for any damages and liabilities of any kind arising out of my participation in the Event against all persons, entities and agencies involved with promoting and holding the Event, including but not limited to 3WRaces, LLC, City of Arvada, all sponsors, volunteers and vendors of the event, their agents, successors, representatives and assigns even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

2. I assume the risk of all bodily injuries, including death, resulting there from, and personal injuries to me and damage to and loss of my property, including loss of use thereof and any other indirect or consequential damages, resulting directly or indirectly, wholly or in part, from my participation in the Event and while traveling to and from the Event.

3. I hereby agree, for myself and/or for a minor under the age of eighteen for whom I am signing, to indemnify, defend, and hold the entities named above harmless from and against any and all claims, liabilities, losses and damages, costs, expenses (including attorney's fees) judgments and penalties arising out of any of my, and or said minors, acts or omissions to act.

4. I understand that the Event reserves the right to use any and all participant's names and/or likeness with regard to promotional and/or advertising materials.

5. I understand that all entry fees are non-refundable.

_____ _____ _____ _____

Participant Date Parent of Participant under the age of 18 Date