



Greenhead

5K Run/Walk



Benefits: The Slaughter Beach Memorial Fire Company

- When:** Sunday, September 18, 2022, 9 a.m. Rain or Shine. Healthy Kids Run (10 & under) starts at 8:50 a.m.
- Where:** Slaughter Beach Fire Company, 359 Bay Ave, Milford, DE. The 5K course is an out and back route that takes participants through the streets of this sleepy little seasonal fishing village.
- Registration:** \$25 until September 11th; \$30 after and on event day. Registration starts 8 a.m. Make checks payable to the Slaughter Beach Fire Company and mail to TriSports Events, 2772 Hazletville Rd, Dover, DE 19904. Got Questions? Email Races4u@TriSportsEvents.Com. Register online at TriSportsEvents.Com.
- Silent Hero:** Unable to attend? Register as a Silent Hero! We greatly appreciate your support!
- Awards:** Awards for overall and master's male and female winners, top 3 male & female runners in categories 10 and under through 70 & over. 5K walk awards for top 5 male & female winners. Ribbons to all Kiddie K finishers.
- Amenities:** Quality "Greenhead 5K" **TECH shirts** to all participants. Results and event photos will be posted at TriSportsEvents.Com and on our Facebook page.

This a TriSports Events Chip Timed Production

ENTRY FORM

WAIVER AND RELEASE OF LIABILITY: I know that running/walking or rolling (wheelchair) in a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the 2022 Greenhead 5K Run/Walk, I, for myself and anyone entitled to act on my behalf, waive and release TriSports Events Management, Slaughter Beach Memorial Fire Company, The Town of Slaughter Beach, The State of Delaware and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. Entry fees are not refundable. Entry fees are non-refundable. I certify that I have read this waiver and release and fully understand its significance.

Age Day of Race _____ Sex: M F T-shirt Size: S M L XL XXL

Print Name: _____ Email: _____

Address: _____
(Street or P.O. Box) City State Zip

Phone: () _____ Circle One: 5K Run 5K Walk Silent Hero

Signature: _____
(All participants must sign waiver - Signature of parent or guardian if entrant is under 18)

We discourage unofficial entrants, roller blades, bicycles, pets and the wearing of headphones for the safety of all participants