

2018 First Annual Shamrock 5K Application

Date: Saturday, March 17th at 9:00 a.m. sharp

Rain Date: Sunday, March 18th at 9:00 a.m. sharp

Every participant receives an official SSA Participation Certificate which will be sent via e-mail.

Entry Fee: \$25 pre-registration which includes T-shirt.

\$35.00 registration day of race

Sponsored by SSA – Seaford Swimming Association

Awards to Top Overall Male and Female Runners and Award to Top Walker Overall

Awards to Top 2 Male and Female Runners in the following age groups 11-20, 21-30, 31-50, 51+

Name _____ Age _____

Department/Organization Representing (if applicable) _____

Phone: _____ Ext _____

E-mail: _____

Walk _____ Run _____

Preregistration fee _____ \$25.00, Day of Race fee _____ \$35.00

Registration for 10 and under not necessary but if wanting to you can add an entry, no fee will be charged. Goodie Bags for 10 and under participants.

Make checks payable to: **SSA**, PO Box 434, Seaford, DE 19973

Signature: _____

Please sign the waiver statement below:

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims that I may have against the City of Seaford, Nanticoke Watershed Conservancy, or any of the sponsors involved in the 5K Walk/Run. I certify that I am physically able to participate in this event.

Signature & Date: _____

Questions: Call and leave a message or e-mail: Cory Darden, 302-448-1473 or jdarden@udel.edu

Receipt of payment will be send upon request for tax purposes.