

5K On the Lake

Saturday, July 4, 2020 8:00 AM



This event has been approved by the Logan County Health Department and will be run in person. The 5k on the Lake puts runner and volunteer safety first and has implemented many procedures to help reduce exposure. In the event that future orders do not allow this event to happen, it will be changed to a virtual run and your packet will be mailed to you. Thank you for understanding and for your support of the Indian Lake Cross Country Program.

REGISTRATION

\$25 until June 19, 2020	Run, T-Shirt & Finisher's Medal
\$30 until June 26, 2020	Run, T-Shirt & Finisher's Medal
\$35 until July 4th, 2020	Run, T-Shirt (while supplies last) and Finisher's medal

Packet pick-up from 6—8 AM

330 West Lake Street, Lakeview OH (former Lakeview Elementary)

Proceeds benefit the Indian Lake Cross Country Program

Online Registration at <https://runsignup.com/Race/OH/Lakeview/5KontheLake>

NEW IN 2020

- This race will be chip timed with chips in your bibs. This will eliminate the contact at the end of the race with the shoe chips.
- This race will begin in waves. A limited number of people will start together and additional participants will spread out.
- Everyone will receive a finisher's medal. There will be no awards ceremony at the conclusion.
- There will be no water stops or aid stations along the route, or refreshments at the end.
- Upon finishing the race, participants should not congregate and are asked to leave after they finish.

COURSE

Accurate 5K with each mile marked.

The course will start on N. Main Street (County Rd 270), then you will turn left onto Township Road 87, then another left onto Township Road 83, finally another left onto County Rd 82 (W. Lake Street). It will end in front of the old school. It is mostly flat with one or two gentle rolls.

AWARDS

Participants will receive a finisher's medal made in the USA

Preregistered runners and day of while supplies list will get a T-Shirt made in the USA

