

Huntington Lake Triathlon 2020 - Athlete Guide

Sunday, July 26th, 2020

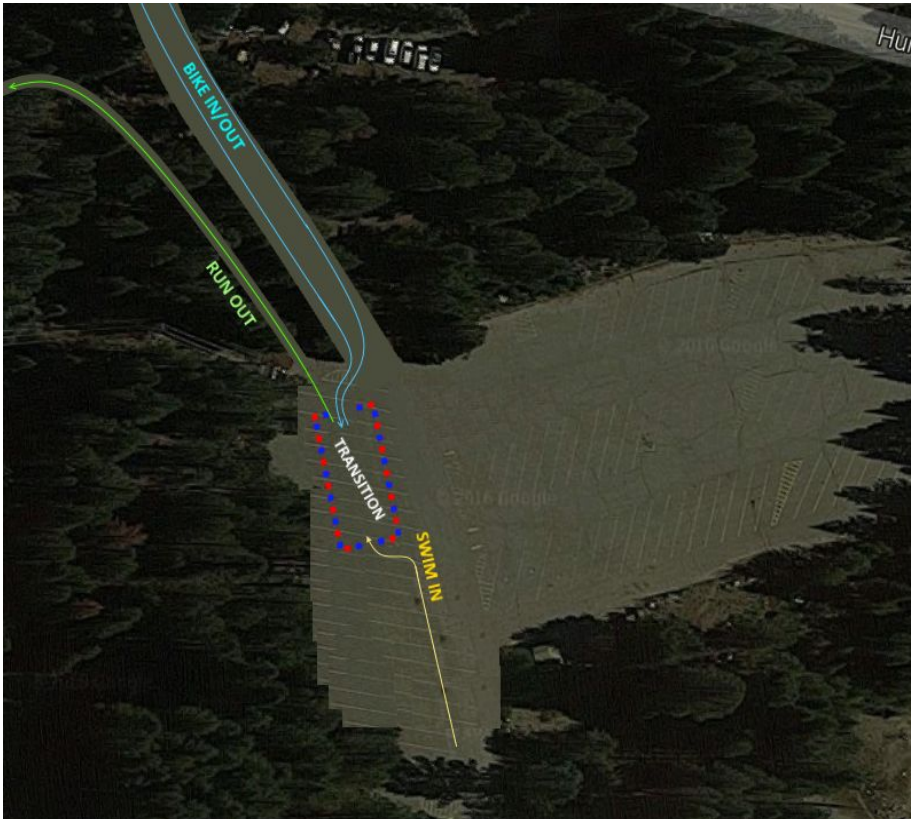
Volunteers Needed: We still need a few more! [Volunteer Here](#)

Map Links: [Run](#) | [Sprint Bike](#) | [Olympic Bike](#) | [Website](#)

SPRINT SWIM: Beginning in the water at Lakeshore, athletes will utilize the sandy shoreline area immediately to the East of the Huntington Lake Boat Launch. Participants swim around buoys for 400 yards, exit the water near the entry point utilizing an existing asphalt ramp and making their way through a small section of forest behind the bathrooms, and proceed to the Transition Area.

[image coming soon]

TRANSITION:



Transition opens at 6:30am

Only athletes are allowed inside transition

After the swim...

Athletes proceed to the South entrance of transition. Change into bike attire and walk/run with your bike to the north exit of transition. Do not mount your bike until you reach the "mount line" outside of transition.

After the bike...

Athletes approach the North entrance of transition. Dismount at the "Dismount Line" prior to entering transition. Walk/run your bike through the entrance to your position and rack your bike. Make sure your race number is on and visible from the front. Proceed to the North Exit and head out on the run course.

BIKE OUT:



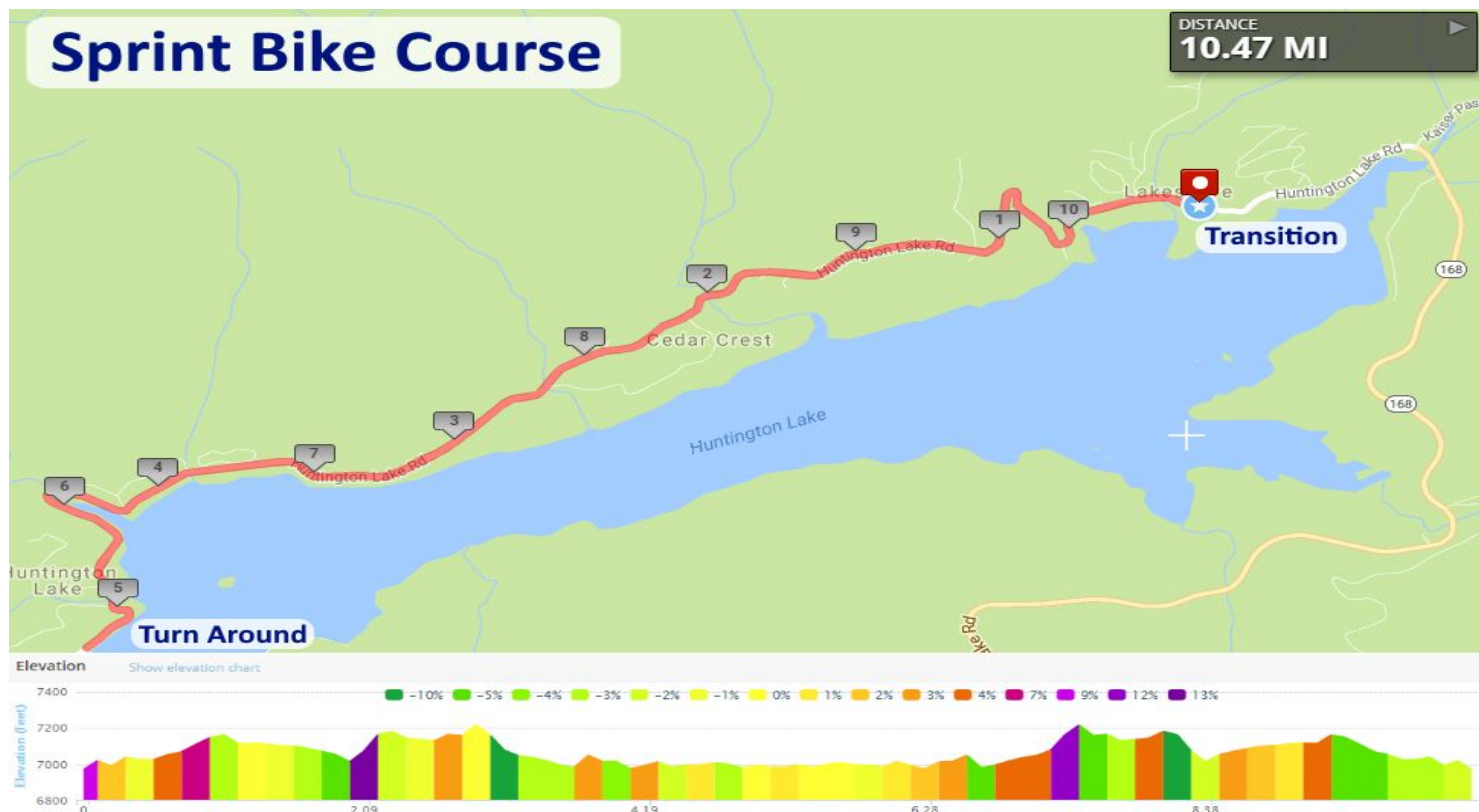
Bike Directions

Sprint:

0.07 Turn **left** onto Huntington Lake Rd

- 5.17 Turn around at the dam
- 5.17 Turn right into the transition

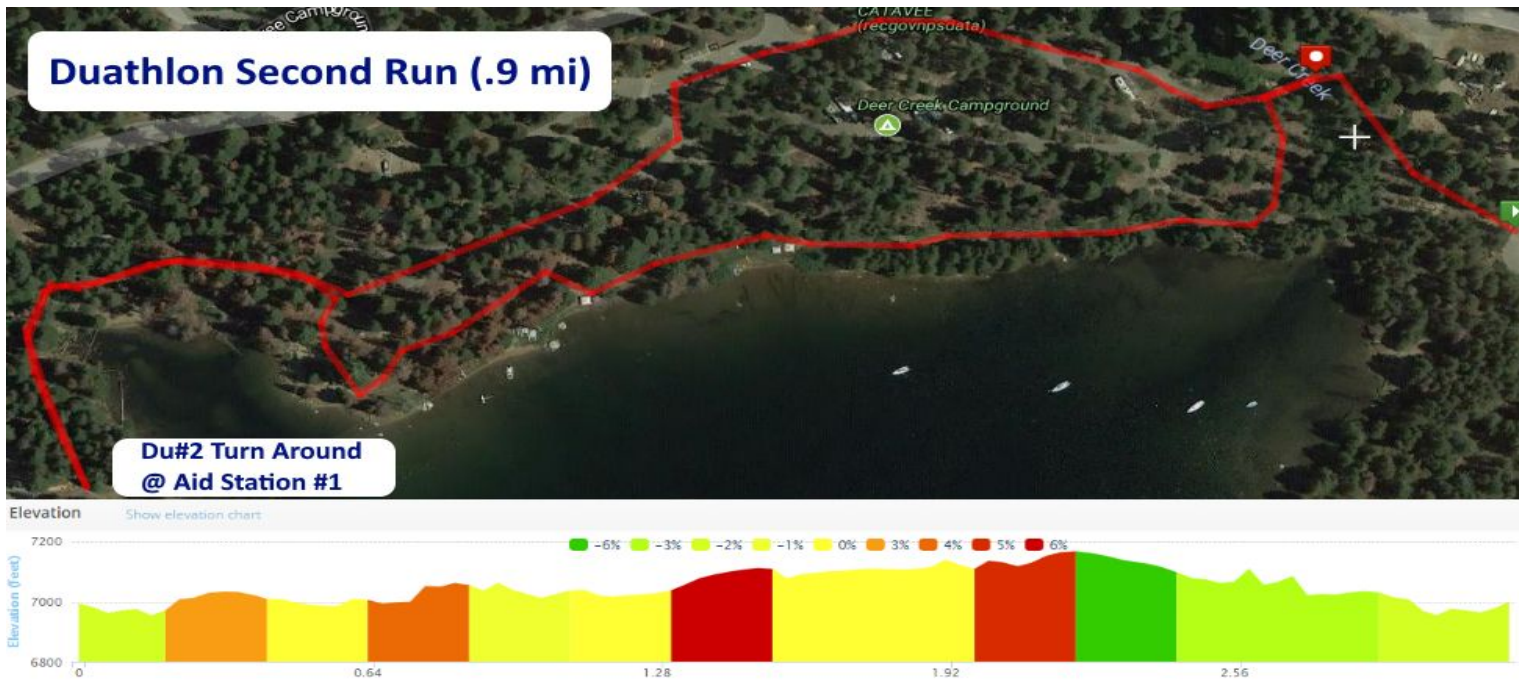
SPRINT BIKE: Beginning at the Transition Area, **Sprint** athletes will turn to the **left** as they exit the parking lot and will ride 5.17 miles to the dam and back.



Sprint Triathlon/Duathlon & 5k(+) Run Course: Beginning at the Transition Area, athletes head west from the parking lot along the trail towards the dam for approximately 1.45 miles, then they will turn right and head towards Kilowatt Road. Runners will turn right onto Huntington Lake Road and proceed back towards Lakeshore, when you get to “Bear Cove”, you will turn right, to the aid station, then follow the trail East to the finish line.



10k(+) Run Course: Follow the Sprint/5k course above. Just before you cross the bridge at the finish line, you will turn right onto the path and do a second loop.



Sprint Duathlon .9 Mile Course: The Sprint Duathlon second run is a short .9 mile starting in the same direction as the 5k run to the first aid station, then turning around and following the last part of the 5k course to the finish line.

Finish:



Packet Saturday, July 25th, 1:00pm-5:00pm
Pickup: **Lakeshore Boat Ramp Parking Lot**
Lakeshore, CA 93634

Sunday, July 26th, 6:30am - 7:30am
(Race Morning)
Lakeshore Boat Ramp Parking Lot
Lakeshore, CA 93634

We continue to offer “race day registration” at the venue online until 7:30am

Parking: There is a regatta most Saturdays and Sundays at Huntington when there is water. We expect a busy weekend.

Parking is available in the parking lot by the Transition area. This area is operated by CLM and has a **\$5 per vehicle parking fee.**

Please do not park on the road in front of the Lakeshore Resort.

Schedule: 6:30am Race day Registration until 7:30
6:30am Transition Opens
7:50am National Anthem
8:00-8:30am Sprint Waves
8:10am 5k and 10k Run Begins

Medals will be mailed after the race.

In order to accommodate the triathlon and regattas on the same day, we have been asked to minimize our footprint in the parking lot. Please remove your gear from transition as soon as possible after you have completed your event. We will be collapsing the transition area as bikes are removed. You are then welcome to hang out at the finish area.

Food: Free to go breakfast will be served to participants near the finish line.

Lodging: Lodging is available at Lake Shore Resort
Phone: (559) 893-3193
Web: www.lakeshoreresort.com

Lodging is available at Huntington Lake Marina
Resort: (559) 893-6750
Cabins: (559) 326-6687
Web: www.huntingtonlakemarina.com

Lodging is available at Lake View Cottages
Phone: (559) 553-3550
Web: www.lakeviewcottages.net
E-mail: vacations@lakeviewcottages.net

Lodging is available at Cedar Crest Resort
Phone: (559) 893-3233
Web: www.cedarcrestresort.com

Lodging is available at Tamarack Lodge
Phone: (559) 893-3244
Web: www.tamaracklodgelakeshore.com
E-mail: res@tamaracklodgelakeshore.com

Lodging is available at Shaver Lake Real Estate & Rentals
Phone: (800) 422-4102
Web: www.shaverlake.com

Lodging is available at K&K Property Management
Phone: (559) 841-3338
Web: www.shaverlakerentals.com

Camping is available at Rancheria
[Click here to reserve](#)

Camping is available at Deer Creek
[Click here to reserve](#)

Cold Water Changes: If water temperatures are below 53 degrees the Olympic swim will be shortened to 400 yards. If water temperatures are below 51 degrees both the Sprint and Olympic swim will be canceled and all triathletes will begin in

a time trial bike format. We will be monitoring the water temperature closely. We will announce by noon on Friday (6/14) if the swim will be modified or canceled.

TRANSITION:
(transition picture)

Questions: E-mail ray@activitynut.me, or call (559) 352-1208