

It doesn't matter if you walk or run, follow the trail to better health

GENERAL RACE INFORMATION

- Day of registration & check-in begins at 8 a.m.
- All races are 5K and start at 9 a.m.
- Basic health screens are offered at every race
- No Refunds. Only one rain date scheduled. Any other canceled race will not be made up
- Prizes awarded for overall top 3 males & females (also the top 3 males & females in each age group)

REGISTRATION FEES:

REGISTRATION	Individual	Team*	Student
Early (with t-shirt)*	\$20	\$15	\$15
Early (no t-shirt)	\$15	\$10	\$10
Late & Day Of (no t-shirt)	\$25	\$20	\$15
Series (6 shirts included)*	\$75	\$75	\$75

- * Deadlines for early registration are listed with race locations & dates
- * Must be on a team of 10 or more to qualify for discount
- * Includes 5 individual race shirts & 1 series shirt register by April 15 (must preregister for series & participate in all 5 races to get series shirt)

FOR INFORMATION:

CALL 937-335-6273
VISIT MIAMICOUNTYPARKS.COM

REGISTER AT:

CANTSTOPRUNNINGCO.COM

LOCATION	DATE	Name of the Register By
Hobart Urban Nature Preserve	April 29	April 15
Garbry Big Woods Reserve	June 10	May 27
Lost Creek Reserve	July 22	July 8
Stillwater Prairie Reserve	August 12	July 29
Charleston Falls Preserve	Sept. 16	Sept. 2
Rain Date	Sept. 23	

HOW TO REGISTER:

ONLINE: CantStopRunningCo.com

BY MAIL: Make checks payable to Miami County Park District

Miami County Park District Trail Run Challenge

2645 E St. Rt. 41 Troy, Ohio 45373

TEAM CHALLENGE:

This is a great way to get fit together! Make it part of your health and wellness program or as a team building activity. Details at MiamiCountyParks.com.

THANK YOU SPONSORS







DER: 🗆 F SHIR	T SIZE:	S (L	□ M □ 2XL	□ L □ 3XL		
RACI	RACE: If you are registering for a single race, please check the corresponding race box. Check series if you are signing up for the entire series.					е
				ory Big Woods	☐ Stillwater☐ Lost Creek	
	I hereby release the Miami County Park District, all sponsors, coordinating groups and all individuals associated with the Miami County Park District and					
	their representatives, from any and all claims that may arise as a result of my participation in this event. I certify that I am physically fit and assume all risks					
•	associated with my participation in this event.					
SIGN	ATURE:		(Parent	signature if entr	ant is under 18)	
	I her groutheir part	RACE: If you are box. Che Series Charle I hereby release a groups and all in their representat participation in t associated with a SIGNATURE:	RACE: If you are regination box. Check so Series Charleston I hereby release the lingroups and all individent their representatives participation in this eassociated with my participation.	RACE: If you are registering for box. Check series if you Series Gart Charleston Falls I hereby release the Miami Cou groups and all individuals assot their representatives, from any participation in this event. I ce associated with my participation SIGNATURE:	RACE: If you are registering for a single race, p box. Check series if you are signing up Series Garbry Big Woods Charleston Falls Hobart I hereby release the Miami County Park District groups and all individuals associated with the their representatives, from any and all claims participation in this event. I certify that I am p associated with my participation in this event SIGNATURE:	RACE: If you are registering for a single race, please check the corresponding race box. Check series if you are signing up for the entire series. Series Garbry Big Woods Stillwater Lost Creek I hereby release the Miami County Park District, all sponsors, coordinating groups and all individuals associated with the Miami County Park District and their representatives, from any and all claims that may arise as a result of my participation in this event. I certify that I am physically fit and assume all risks associated with my participation in this event. SIGNATURE: