



HOSTED BY
MASON STATE BANK

26th Annual **Mason State Bank 5K Run/Walk**

Friday • May 2, 2014 • 7 pm

HOSTED BY MASON
PUBLIC SCHOOLS
FOUNDATION



100% of net proceeds to benefit Mason School programs

Start/Finish:

Ingham County Courthouse, downtown Mason, 7:00 pm Start - See below for kids' race times.

Registration:

Through April 25 Mail to: Mason State Bank, 322 S. Jefferson St., Mason, MI 48854
April 26 - April 30 Register at Mason Area Chamber of Commerce, Mason State Bank
OR at Playmakers on Grand River, 2299 Grand River, Okemos.

May 1 Register from 5:00 to 8:00 pm at Playmakers on Grand River Avenue.

Race Day, May 2 Registration **ONLY** from 5:00 to 6:30 pm in the big tent near the starting line.

On Line

Registration:

On-line registration and paper application found on run banner at www.masonstate.com

T-shirts:

YOU MUST BE PRE-REGISTERED BY APRIL 25 TO QUALIFY FOR: a HIGH TECH race shirt for 5K participants; a cotton t-shirt for 1-Mile and 100 yard dash participants.

**Kids' Bulldog
Run and
Bulldog Dash:**

Medals awarded to all 1-Mile Bulldog Run (12 & under) and ribbons to 100-Yard Bulldog Dash (6 & under) participants. **The 1-Mile Bulldog Run begins at 7:40 and the 100-yard Bulldog Dash begins at 7:55 pm.** A traveling trophy will be presented to the school with the most participants. T-shirts are included with all pre-registration.

Packet Pick-up:

May 1 From 5:00 to 8:00 pm at Playmakers on Grand River Avenue

Race Day, May 2 Pickup **ONLY** from 5:00 to 6:30 pm in the big tent near the starting line.

Race Activities:

Pre-race: Clowns and face painting. Post-race: Awards, food and music.

Timing and

Course:

Race timed by disposable chip. Course starts downhill and continues on city streets. Splits at 1st and 2nd miles. One water stop. Race finishes uphill. Sorry – no bikes, rollerblading or dogs allowed on course or registration area.

Awards:

Overall (Male/Female) and Masters (Male/Female). Age Group Awards (Top Three Finishers):

12 & Under	15-19	25-29	35-39	45-49	55-59	65-69
13-14	20-24	30-34	40-44	50-54	60-64	70 & up

Race Results:

Posted at Playmakers and on-line at www.Playmakers.com.

Information:

Mason State Bank at 676-0500.

Race is part of Playmakers Greater Lansing 2014 Race Series, is endorsed by the Governor's Council on Physical Fitness, and is a Bridge Run Qualifier.



ONE PERSON PER ENTRY FORM | PLEASE COPY FOR ADDITIONAL ENTRANTS.

Check race entry type: ☐ 5K Run/Walk ☐ Youth 1 Mile ☐ Kids 100 Yard

Please print legibly and fill in ALL information.

First Name _____ M.I. _____ Last Name _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Gender: ☐ M ☐ F Age (on May 2) _____

Circle T-Shirt size: Youth M Youth L Adult Sizes: S M L XL XXL
(Shirts are Unisex)

Mason Elementary School attending _____ (for school trophy)

Circle the fee that
applies to you. All 5K
participants, including
children, pay the
full fee of \$25 or \$30.

	Pre-Registration through 5/1	Race Day
5K Run/Walk	\$25	\$30
Children's 1-Mile Run	\$9	\$10
Kids' 100-Yard Dash	\$9	\$10

(Make checks payable to: **Mason Public Schools Foundation.**)

Waiver: Running a road race involves serious risks. Potholes and other defects exist in the course. Motorists, cyclists, pedestrians and animals may create hazards. Also, the physical strain of a long distance race can cause serious health problems. I have read and understand this statement and, as a condition to participating in the Mason State Bank 5K Run/Walk, I agree to assume all risks and I waive all liability claims against Mason Public Schools Foundation, Mason State Bank, sponsors (and their employees and agents), volunteers, arising out of any participation in or travel to or from this event. Further, I hereby grant permission to any and all of the foregoing to use any photographs, video tapes, recordings or any other record of this event for any legitimate purpose. This event will occur rain or shine. Cancellation will occur only due to extreme circumstances. There will be no refunds. In the event of a cancellation, your payment will be used as a donation to the Mason Public School Foundation.

X
Athlete's Signature

X
Legal Guardian's Signature (if athlete is under age 18)