



# Commercial Bank Mason 5K Run/Walk

## Friday – May 5<sup>th</sup>, 2017- 7pm

**100% of net proceeds benefit Mason Public Schools Foundation**

Visit us at [www.Masonpsf.org](http://www.Masonpsf.org)

**Start/Finish:**

**Ingham County Courthouse, downtown Mason**

**Registration:**

Through April 24 .... Mail to Commercial Bank Mason, 322 S. Jefferson St., Mason, MI 48854  
Through April 27 .... Register at Commercial Bank Mason, 322 S. Jefferson St., Mason, MI 48854  
OR Playmakers, 2299 Grand River, Okemos, MI 48864  
May 3 ..... From 5:00 to 8:00 pm at Harvey Education Center – Mason (and packet pick up)  
May 4 ..... From 5:00 to 8:00 pm at Playmakers (and packet pick up)  
Race Day, May 5 .... From 5:00 to 6:30 pm in the big tent near the starting line (and packet pick up)

**Online  
Registration:**

Online and paper registration at [www.commercial-bank.com](http://www.commercial-bank.com)

**T-shirts:**

**MUST BE PRE-REGISTERED BY APRIL 27<sup>th</sup> TO QUALIFY FOR:** A Performance T-shirt for 5K participants; a cotton T-shirt for 1-Mile and 100-Yard dash participants.

**Kids' Bulldog  
Run and  
Bulldog Dash:**

Medals awarded to all 1-Mile Bulldog Run (12 & under) and ribbons to 100-Yard Bulldog Dash (6 & under) participants. **The 1-Mile Bulldog Run begins at 7:40 and the 100-Yard Bulldog Dash begins at 7:55 pm.** A traveling trophy will be presented to the school with the most participants. T-shirts are included with all pre-registration.

**Race Activities:**

**Pre-race:** Children's activities including face painting **Post-race:** Awards, food, and music.

**Timing and  
Course:**

Race timed by disposable chip. Course starts downhill and continues on city streets. Splits at 1<sup>st</sup> and 2<sup>nd</sup> miles. One water stop. Race finishes uphill. **Sorry – no bikes, rollerblading, or dogs allowed on course or in registration area.**

**Awards:**

**Overall** (Male/Female) and **Masters** (Male/Female). **Age Group Awards** (Top Three Finishers):  
12 & Under      15-19      25-29      35-39      45-49      55-59      65-69  
13-14      20-24      30-34      40-44      50-54      60-64      70 & Over

**Information:**

Contact Commercial Bank Mason at (517) 676-0500

Race is endorsed by the Pure Michigan Council of Fitness.



### ONE PERSON PER ENTRY FORM / PLEASE COPY FOR ADDITIONAL ENTRANTS

**Check race entry type:** ☐ 5K Run/Walk ☐ Youth 1-Mile ☐ Kids 100-Yard

Please print legibly and fill in ALL information. **Gender:** ☐ Male ☐ Female

First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Birth Date \_\_\_\_\_

**Yes, please add me to the Mason Public Schools Foundation email list for information about this race and other MPSF events ☐**

Circle T-shirt size:

(Shirts are Unisex) Youth M ☐ Youth L ☐ Adult Sizes: S ☐ M ☐ L ☐ XL ☐ XXL ☐

Circle the fee that applies to you.

All 5K participants, including children, pay the full fee of \$25 or \$30.

	through 4/29	4/30
5K Run/Walk.....	\$25.....	\$30
Children's 1-Mile Run....	\$10.....	\$11
Kid's 100-Yard Dash .....	\$10.....	\$11

(Make checks payable to: **Mason Public Schools Foundation.**)

Mason Elementary School attending \_\_\_\_\_ (for school trophy)

Waiver: Running a road race involves serious risks. Potholes and other defects exist in the course. Motorists, cyclists, pedestrians and animals may create hazards. Also, the physical strain of a long distance race can cause serious health problems. I have read this statement and, as a condition to participating in the Commercial Bank Mason 5K Run/Walk, I agree to assume all risks and I waive all liability claims against Mason Public Schools Foundation, Commercial Bank, sponsors (and their employees and agents), and volunteers, arising out of any participation in or travel to or from this event. Further, I hereby grant permission to any and all of the foregoing to use any photographs, video tapes, recordings, or any other record of this event for any legitimate purpose. This event will occur rain or shine. Cancellation will occur only due to extreme circumstances. There will be no refunds. In the event of a cancellation, your payment will be used as a donation to the Mason Public Schools Foundation.

\_\_\_\_\_  
**Athlete's Signature**

\_\_\_\_\_  
**Legal Guardian's Signature** (if athlete is under age 18)

**PRSRT STD**  
**U.S. Postage**  
**PAID**  
**Mason, MI**  
**Permit #42**

**P.O Box 130**  
**Mason, MI 48854-0130**