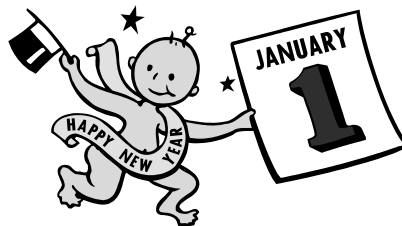


# Resolution Run 5K



## New Year's Day 2015

**Thursday, January 1 10:00AM**  
**1009 Union St. Valparaiso, IN**

Registration and Awards will be hosted at the Athletics and Recreation Center (the ARC) on the Campus of Valparaiso University  
Advanced packet pick up will be available at the Extra Mile Fitness Co on Dec. 31st from 10AM—5PM.

Race Day packet pick up begins at 8:30 AM

**Winter Running Hats guaranteed to runners registered before Dec. 24th**

Awards for the 5K Run presented to the Top overall male and female finishers, top male and female masters, and top three finishers in each age group:

14 & under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-75; 75-79; 80+

Computerized Timing provided by T&H Timing. Split times at every mile and water stations on the course.

No dogs, strollers, bicycles, in-line skates, scooters, or wheeled vehicles allowed on the course.

Event proceeds benefit The Valparaiso University Track and Field Programs.

**Entry Fees:**

**Register on-line at [www.thtiming.com](http://www.thtiming.com) until 4PM December 31st for only \$20**

**Mail in registration fee is \$22. All mail in registrations must be post marked before Dec. 27, 2014**

Name: \_\_\_\_\_ Age Race Day: \_\_\_\_\_ Gender \_\_\_\_\_  
Address \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_, Zip \_\_\_\_\_  
Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_ 5K Run \_\_\_\_\_ 1 Mile Fitness Walk \_\_\_\_\_

**Mail-in Race Entry Fee \$22**

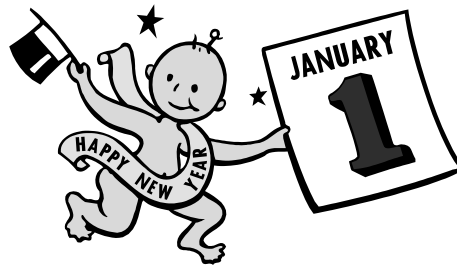
Make checks payable to: T&H Timing. and send to:  
652 Wood Stream Xing, Valparaiso, Indiana 46385

**\*Online registration is available at [www.thtiming.com](http://www.thtiming.com) for only \$20!**

In signing this form, I assume all responsibility and agree to waive any responsibility for injury or loss for the race organizers, sponsors, volunteers, or any other entity associated with this event. I verify that I am physically fit and have trained sufficiently for this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(signature of parent if under 18 years old)

# Resolution Run 5K



## Course Map

