

**INDIAN CREEK ROLL STROLL & RUN**  
**1k Route**

<b><u>Distance</u></b>	<b><u>Direction</u></b>	
0.0	Left	On to Smokepipe
0.7	Right	On to Route 113 (turn at corner)
	Straight	On Route 113 to Cowpath Road
	Right	Onto Cowpath Road
1.0	Straight	Back to Indian Creek Foundation building

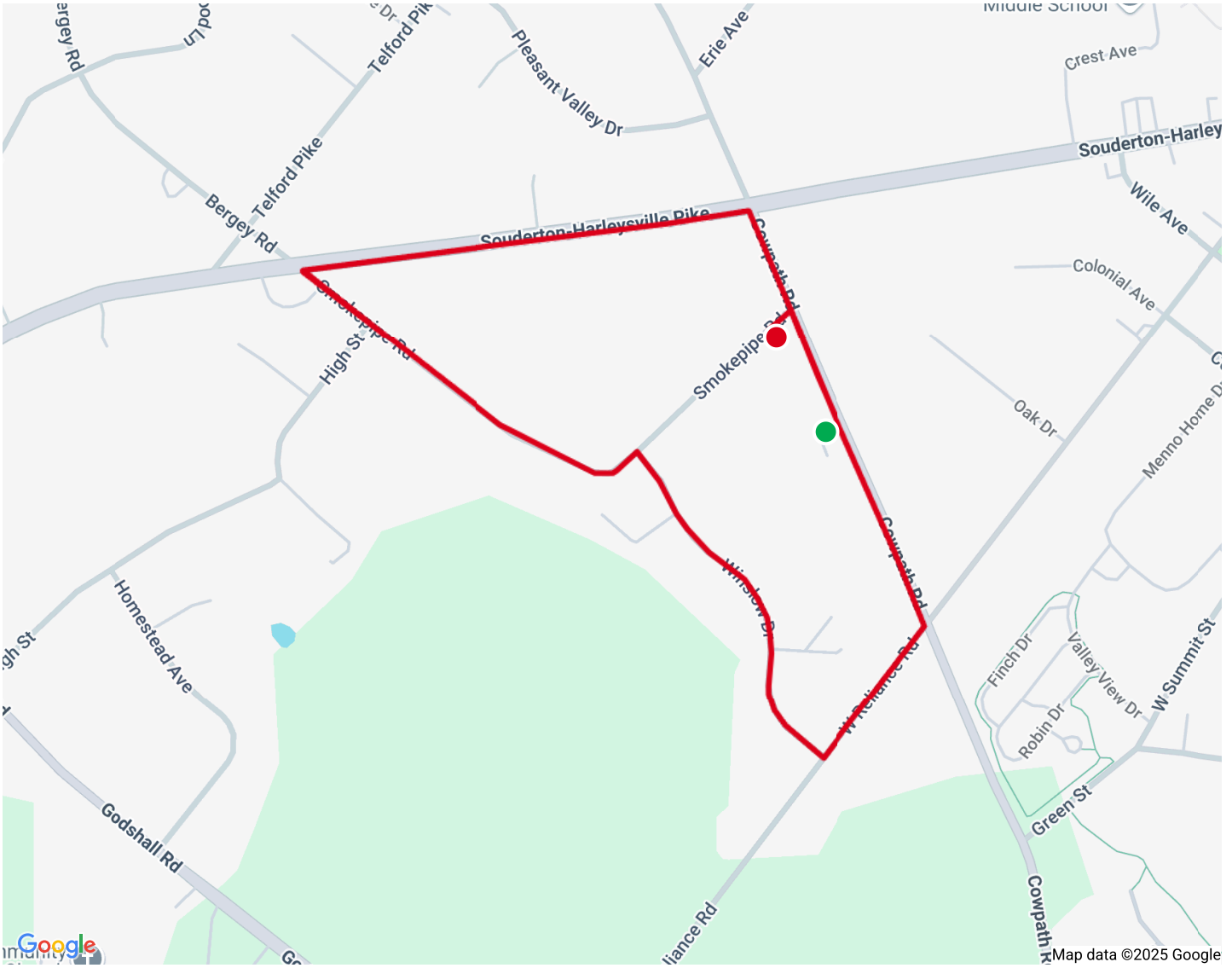
**RSR 5K RUN NEW**

**3.11 mi**  
Distance

**224 ft**  
Elevation Gain

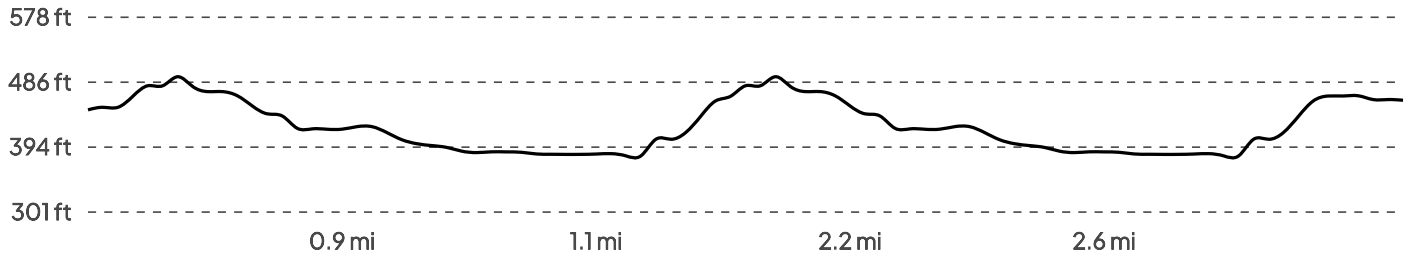
**Run**  
Activity Type

**Notes**



# Elevation

Start **449 ft**    Max **496 ft**    Gain **224 ft**



DISTANCE (MI)	DIRECTION
0.00	Head northeast
0.01	Head northwest on Cowpath Rd toward Smokepipe Rd
0.20	Head west on PA-113 N toward Smokepipe Rd
0.56	Head southeast on Smokepipe Rd toward High St
0.89	Head southeast on Winslow Dr toward W Reliance Rd
1.19	Head northeast on W Reliance Rd toward Cowpath Rd
1.32	Head north on Cowpath Rd toward W Reliance Rd
1.68	Head west on PA-113 N toward Smokepipe Rd
2.05	Head southeast on Smokepipe Rd toward High St
2.37	Head southeast on Winslow Dr toward W Reliance Rd
2.68	Head northeast on W Reliance Rd toward Cowpath Rd
2.81	Head north on Cowpath Rd toward W Reliance Rd
3.09	Head northwest on Cowpath Rd toward Smokepipe Rd
3.09	Turn left onto Smokepipe Rd
3.11	Head southeast
3.12	Destination

**INDIAN CREEK ROLL STROLL & RUN**  
**5k WALK Route**

<u>Distance</u>	<u>Direction</u>	
0.0	Left	Onto Smokepipe
0.7	Right	Onto Route 113
1.3	Straight	Through Light at Cowpath, continue on Route 113
1.6	Left	At Light into school parking lot, walk path on right
1.9	Right	At bottom of path, follow driveway
2.0	Straight	Through stop sign, continue to follow driveway
2.1	Right	Onto Fourth St.
2.5	Straight	Cross Reliance, Fourth St. becomes Railroad Ave.
2.7	Right	Onto Harrison
2.8	Left	Into alley (marked with Roll and Stroll sign)
<b>2.9</b>	<b>Straight</b>	<b>To rest stop in church parking lot</b>
2.9	Left	Out of church parking lot on Clarion
3.1	Right	Onto Railroad Ave.
3.2	Right	Onto Summit St.
3.3	Straight	Across Main St., continue on Summit St.
3.5	Straight	Across Wile Ave., continue on Summit St.
3.7	Right	Onto Colonial Ave.
3.9	Right	Onto Reliance Rd.
4.0	Straight	Cross Wile Ave.
4.2	Left	Onto Main St. (Route 113)
4.4	Straight	Through light at school
4.8	Left	Onto Cowpath Rd.
5.0	Right	Finish Line

0.0 R Cowpath Road Leaving ICF  
 0.1 R Reliance Road  
 0.7 L Godshall Road  
 1.0 R Lower Road  
 1.5 TL-S x Allentown Road  
 1.7 R Lower Road  
 2.8 R School House Road  
 3.1 S School House Road (@ Kulp)  
 3.8 TL-S x Route 113  
 4.1 R Indian Creek Road  
 4.3 L Clemens Road  
 4.9 R Hunsicker Road  
 5.4 SS-S Kellers Creamery Road

5.6 L HunsickerCrestwood Drive  
 6.4 R Creamery Road  
 6.8 L Allentown Road  
 7.0 R Green Hill Road  
 8.0 R Cowpath Road  
 8.1 **Rest Stop- Chestnut Grove Park**  
**Rest Stop- CLOSSES at 10:30**  
 8.1 R Out of Rest Stop (Cowpath Road)  
 9.9 R into driveway end at ICF

**Key:**

L=Left BR=Bear Right  
 R=Right BL=Bear Left  
 S=Straight QR=Quick Right  
 SS=Stop Sign QL=Quick Left  
 TL=Traffic Light

**Route Markings:**

Route is marked with white arrows (< >)

**Rest Stop:**

8.5 miles -Chestnut Grove Park

**SAG ASSISTANCE**

(267) 419-9793

**Please Check in at Finish**

**ALL SERVICES END AT MAIN  
 CAMPUS AT 1:30PM!!!**

**Indian Creek Foundation****Roll and Stroll****20 Mile**

0.0	R	Cowpath Road Leaving ICF	10.6	L	Out of Rest Stop (Cowpath Road)
0.1	R	Reliance Road	11.8	R	Barndt Road
0.7	L	Godshall Road	11.9	SS-S	County Line Road
1.0	R	Lower Road	12.0	BR	Barndt Road
1.5	TL-S	x Allentown Road	12.7	R	Simmons Road
1.7	SS	Forman Road	13.4	R	Branch Road
2.7	L	School House Road	13.5	BR	Cathill Road
2.9	R	Skippack Creek Rd	13.6	L	Quarry Road
3.5	R	Fretz Road	13.8	SS-S	Clymer Road
3.9	R	Yoder Road	14.2	R	Meetinghouse Road
5.1	R	Kulp Rd	14.8	SS-S	State Road
5.7	L	School House Road	15.0	SS-S	Old State Road
6.4	TL-S	x Rt 113	15.8	R	Reliance Road
6.7	R	Indian Creek Road	16.0	TL-S	Main Street
6.9	L	Clemens Road	16.7	R	Railroad Avenue
7.5	R	Hunsicker Road	17.2	SS-S	Broad Street
8.0	SS-S	Kellers Creamery Road	17.9	SS-S	Church Road
8.2	L	Hunsicker/Crestwood Drive	18.3	L	Forrest Road
8.9	R	Creamery Road	18.6	L	Cowpath Road
9.7	L	Allentown Road	19.2	TL-S	Church Road
9.9	R	Green Hill Road	19.6	TL-S	x Telford Pike
10.6	R	Cowpath Road	19.9	TL-S	x Rt 113
	R	<b>Rest Stop-Chestnut Grove Pk</b>	20.0	R	ICF
		<b>Ends 10:30</b>			

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 BL=Bear Left  
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 QL=Quick Left

**Route Markings:**

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**Rest Stop:**

10.6 miles -Chestnut Grove Park

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0.0 R Cowpath Road Leaving ICF  
 0.1 R Reliance Road  
 0.7 L Godshall Road  
 1.0 R Lower Road  
 1.5 TL-S x Allentown Road  
 1.7 SS Forman Road  
 2.7 L School House Road  
 2.8 R Skippack Creek Rd  
 3.4 R Fretz Road  
 3.8 R Yoder Road  
 4.9 R Kulp Rd  
 5.7 L School House Road  
 6.4 TL-S x Rt 113  
 6.7 R Indian Creek Road  
 6.9 L Clemens Road  
 7.1 R Hunsicker Road  
 8.0 SS-S Kellers Creamery Road  
 8.2 L Hunsicker/Crestwood Drive  
 9.0 R Creamery Road  
 9.4 L Allentown Road  
 9.6 R Green Hill Road

10.6 R Cowpath Road  
 10.7 R **Rest Stop-Chestnut Grove Pk- Ends 10:30**  
 10.7 L Out of Rest Stop onto Cowpath  
 11.4 R Barndt Road  
 11.4 SS-S x County Line Road  
 11.6 L Gold Mine Road  
 12.6 L Ridge Road  
 12.8 R Thousand Acre Road  
 14.5 R Allentown Road  
 14.9 L Finland Road  
 15.9 R Old Woods Road  
 16.7 R Wright Road  
 17.4 L Esten Road  
 17.8 L Trumbauersville Road  
 18.5 R Canary Road  
 20.2 L Fennel Road  
 21.0 SS-S x Fels Road  
 22.2 L Miller  
 23.4 L Finland Road  
 23.8 **Rest Stop Marlborough Park- CLOSSES at 10:30**  
 24.2 L Upper Ridge Road  
 24.4 BL Haring Road  
 24.6 S becomes Carvers Hill Road  
 25.3 R Trumbauersville Road

27.2 L Swamp Creek Road  
 27.4 BR Swamp Creek Road  
 30.5 L at Magazine **SPLIT** (Stay on Swamp Creek)  
 30.7 L Gerryville Pike  
 30.9 L Sumneytown Pike - Rt 63  
 31.1 L Zepp Road  
 31.3 BR Rostkowski Road  
 31.9 R Township Line Road  
 32.3 L Ridge Road  
 32.5 SS-S becomes Moyer Road  
 33.4 L Cressman Road  
 34.3 R Morwood Road  
 34.6 BL Fretz Road  
 35.8 R Dietz Mill Road  
 36.3 R Allentown Road  
 36.7 L Rising Sun Road  
 37.6 L Morwood Road  
 38.0 R Cowpath Road  
 38.8 TL-S x Telford Pike  
 39.1 TL-S x Harleysville Pike  
 39.2 R ICF

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 R=Right                    BL=Bear Left  
 S=Straight                QR=Quick Right  
 SS=Stop Sign            QL=Quick Left  
 TL=Traffic Light

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**Rest Stops:**  
 11.0 mile - Chestnut Grove Park  
 23.8 mile - Marlborough Comm Park

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**ALL SERVICES END AT  
 MAIN CAMPUS AT 1:30PM!!!**

0.0	R	Cowpath Road Leaving ICF
0.1	R	Reliance Road
0.7	L	Godshall Road
1.0	R	Lower Road
1.5	TL-S	x Allentown Road
1.7	SS	Forman Road
2.7	L	School House Road
2.8	R	Skippack Creek Rd
3.4	R	Fretz Road
3.8	R	Yoder Road
4.9	R	Kulp Rd
5.7	L	School House Road
6.4	TL-S	x Rt 113
6.7	R	Indian Creek Road
6.9	L	Clemens Road
7.1	R	Hunsicker Road
8.0	SS-S	Kellers Creamery Road
8.2	L	Hunsicker/Crestwood Drive
9.0	R	Creamery Road
9.4	L	Allentown Road
9.6	R	Green Hill Road
10.6	R	Cowpath Road
10.7	R	<b>Rest Stop-Chestnut Grove Pk- Ends 10:30</b>
10.7	L	Out of Rest Stop onto Cowpath
11.4	R	Barndt Road
11.4	SS-S	x County Line Road
11.6	L	Gold Mine Road

12.7	L	Ridge Road
12.9	R	Thousand Acre Road
14.6	R	Allentown Road
15.0	L	Finland Road
16.0	R	Old Woods Road
16.8	R	Wright Road
17.5	L	Esten Road
17.9	L	Trumbauersville Road
18.6	R	Canary Road
20.3	L	Fennel Road
21.1	SS-S	x Fels Road
22.3	L	Miller
23.5	L	Finland Road
23.9		<b>Rest Stop - Marlborough Park- CLOSSES at 11:00</b>
24.3	L	Upper Ridge Road
24.5	BL	Haring Road
24.7	S	becomes Carvers Hill Road
25.4	R	Trumbauersville Road
26.0	R	Upper Ridge Road
26.2	L	Swamp Creek Road
27.3	L	Swamp Creek Road
27.5	BR	Swamp Creek Road
30.6	S	Magazine Road

30.8	SS-S	x Geryville
31.0	R	Summenytown Pike Rt 63
31.2	L	Perkiomenville Road
31.9	BL	becomes Upper Ridge Road
32.4	L	Gravel Pike - Rt 29
32.7	R	Deep Creek Road
36.9	SS-S	becomes Shultz Road
37.7	L	Little Road
38.4	L	Church Road
38.6	R	Little Road
39.4	R	Renninger Road
40.5	TL-S	x Big Road (Skippack Pike) Rt 73
40.5	becomes	New Hanover Square Road
43.1	TL-L	Swamp Pike
43.2	QL	Wagner Road
44.0	L	Faust Road
44.8	R	Mill Road
45.9	L	Steinmetz Road
45.9	QR	Laver Road
46.8	R	Neifer Road
47.0	L	Highland Road
48.0	L	Ryanford Road
48.6	R	Gerloff Road
49.4	R	Yerger Road
49.7	R	Delphi Road
49.9	BL	becomes Mine Hill Road
50.2	L	Meng Road

51.0	L	Cemetery Road
51.0	QR	Gravel Pike (Skippack Pike) Rt 73
51.1	TL-L	Spring Mount Road
51.9	R	Spring Mount Road
52.3		<b>Rest Stop Spring Mountain Parking Lot- CLOSSES at 12:00</b>
	L	OUT OF Rest Stop to Clemer's Mill Road
52.6	R	Clemer's Mill Road
53.5	BR	Salford Station Road
54.2	L	Wolford Road
55.1	L	Old Skippack Road
55.6	R	Potato Road
56.2	R	Old Sumneytown Pike
56.7	BL	Bergey Road
56.8	L	Sumneytown Pike
56.9	R	Long Mill Road
57.3	L	Moyer Road
57.4	R	Cressman Road
58.2	R	Morwood Road
58.6	BL	Fretz Road
59.7	R	Dietz Mill Road
60.2	R	Allentown Road
60.5	L	Rising Sun Road
61.5	L	Morwood Road
61.7	R	Cowpath Road
62.6	TL-S	x Telford Pike
62.9	TL-S	x Harleysville Pike
63.0	R	ICF

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