

# Bedford Middle School

## Student Council **5K Run/Walk**

Saturday, April 14, 2018 at 9:00 AM at BMS



**\$25: Register by April 1<sup>st</sup>**

**\$30: Late registration fee**

**\*Event t-shirts guaranteed to those registered by April 1<sup>st</sup>.**

Race packet pickup: Friday, April 13<sup>th</sup>, 4:30PM-6:30PM in the BMS  
Auditorium

Race day registration and packet pick-up: 7:30AM-8:30AM

- Awards: Top 3 Male finishers ages 14 and under / Top 3 Male finishers ages 15 and up  
Top 3 Female finishers ages 14 and under / Top 3 Female finishers ages 15 and up
- 10% of race proceeds will be donated to Bedford County Social Services. Additional proceeds will support BMS SCA community service projects

### Bedford Middle School "Love Runs Bedford" Registration Form

Link for online registration: <https://runsignup.com/Race/VA/Bedford/LoveRunsBedford5KRunWalk>

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Age: \_\_\_\_\_

T-shirt Size: (circle one)    YM    YL    AS    AM    AL    AXL

Signature: \_\_\_\_\_ (Parent/Guardian Signature required if under the age of 18).

**PLEASE RETURN TO BEDFORD MIDDLE SCHOOL MAIN OFFICE -ATTENTION STUDENT COUNCIL 5K**

I know that participating in an off road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and race course, all such risks being known and appreciated by me. I understand that animals, strollers, baby joggers, and similar items are not allowed in the race, except as required by an ADA participant. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on by behalf, waive and release Bedford Middle School, Bedford County Public Schools, and all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_ (Parent/Guardian Signature required if under the age of 18).

**Questions? Contact Jessica Geyer at Bedford Middle School: 540-586-7735 or email: [jessica.geyer@bedford.k12.va.us](mailto:jessica.geyer@bedford.k12.va.us)**