



2ND ANNUAL

March 22nd 2014 8 a.m.

5k and 10 mile

Trail Race

George Poston Park
Gastonia, NC

Date: Saturday, March 22nd 2014

Time: 8 a.m.

Location: George Poston Park, 1101 Lowell Spencer Mtn Rd, Gastonia, NC

Information: for details visit <http://www.raceforrare.com>

Race for RARE will be chip timed by Racing Toes

Awards: Awards for top male and female overall 5k and 10 mile
Awards to top 3 in 5k and 10 mile Run in each age group, both male and female.

Registration Fees: \$25 5K and \$35 10mile, pre-registration by March 7 (Save \$5 off **EARLY Registration ONLY** for No Shirt Option)

Late registration and race day \$30 5K & \$40 10 mile. Race Day registration closes at 7:30 am.

T-shirts for early registration, and while supplies last after early registration date.

Online registration: [http://www.racingtoes.com/pages/Race for Rare.html](http://www.racingtoes.com/pages/Race%20for%20Rare.html)

Mail to: 337 Wagontree Court Dallas, NC 28034 c/o Laura Buchanan. **CHECKS PAYABLE TO:**
Joubert Syndrome & Related Disorders Foundation (**Race for RARE** in memo line)

Contact: Laura Buchanan (704) 577-4682



Name _____ Age _____ Gender _____

Address _____

Race: 5k _____ 10mile _____ Email: _____

Age on Race Day: _____

T-shirt size: Men _____ Women _____ S _____ M _____ L _____ XL _____ NO Shirt _____

Emergency Contact and Phone Number _____

Waiver and Release

RACE WAIVER: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race, including, but not limited to, falls, contact with other participants, the effects of the weather including high heat and humidity, traffic, and the conditions of the trail, all such risks being known and appreciated by me. Trail running is especially dangerous and involves you taking risks that you are fully aware of including running in potentially dangerous conditions. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself, my heirs, administrators and assigns and anyone for whom I am entitled to act, waive, release from liability for any and all injuries suffered by me on the way to, the way from, and at said race. I will hold harmless Race for RARE, the Joubert Syndrome and Related Disorders Foundation, Jog for Joubert Syndrome, Gaston County Parks and Recreation, the race organizer, all other sponsors, and all the agents, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race. I also give my permission for the free use of my name and picture in any broadcast, telecast, or written account of the race. I understand that the race can be cancelled for unforeseen circumstances and there will be NO refunds.

(Parent of Guardian signature required if under 18)

Name Signed: _____

Name Printed: _____

Date: _____