

2026 Athlete Guide



Early Packet Pickup

Friday, June 26th

[Syphus Training Turf Brownstown](#)

4:00-7:00 pm

20775 Gibraltar Rd, Brownstown
Township, MI 48183

Syphus combines strength, endurance, mobility, balance, core work and injury prevention – making it a great complement to running and overall athletic performance.

Participants picking up race packets are invited to try a complimentary Syphus class during packet pickup hours. Classes will be running at 3:30 PM and 4:30 PM, and all experience levels are welcome. Syphus will also have a special offer available exclusively for race participants.

Event Timeline

Race Day: June 27th, 2026

Packet Pickup: 6:00 am - 7:45 am (*Half marathon packet pickup closes at 6:45 am*)

Half Marathon Race Meeting at start line: 6:45 am

Half Marathon Start: 7:00 am

8K and 5K Race Start: 7:45 am

Awards: 9:25 am (approx.)

Course Cutoff: 10:30 AM

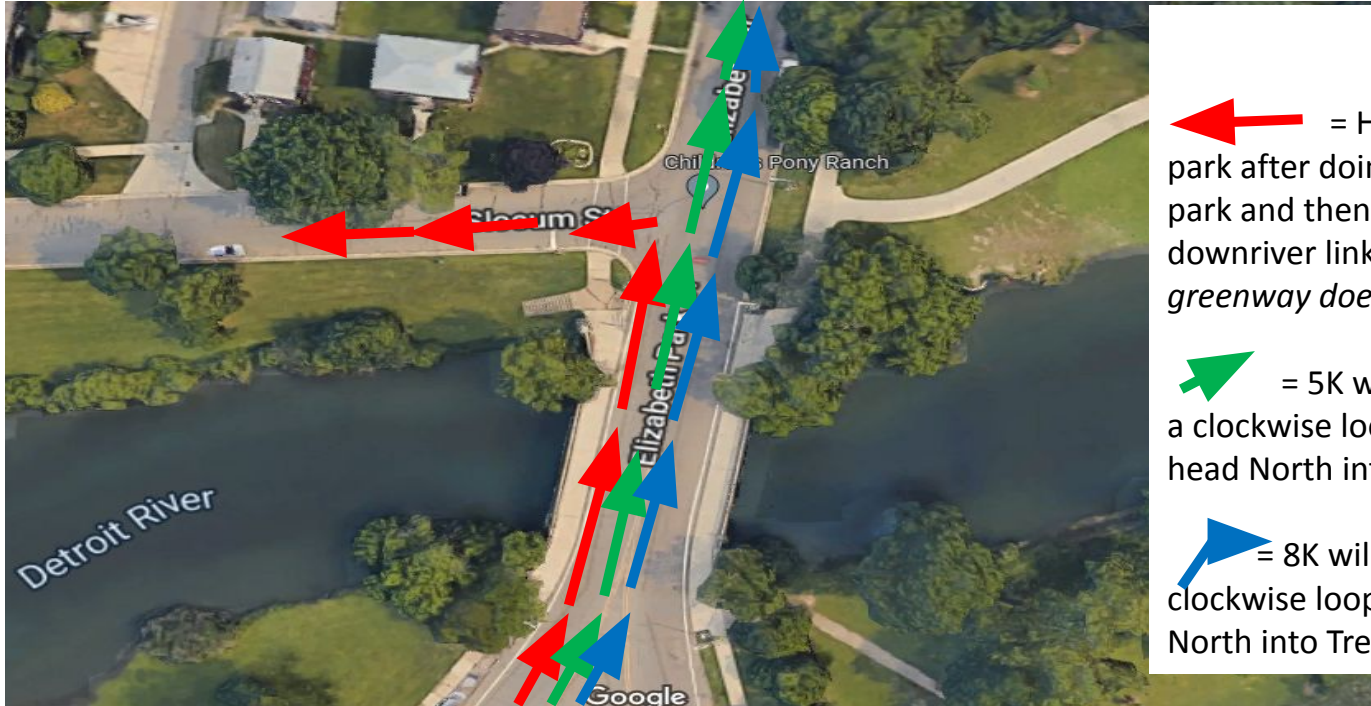
Location and Parking


This year's race is taking place at Elizabeth Park, [4250 Elizabeth Dr, Trenton, MI 48183](#). Packet pick up and registration will be at the pavilion on the northeast side of the park.


Parking is available along the side of the drive around the park. There will also be some parking available near the pavilion. Volunteers will be on hand to help you park on race day!




Exiting the Park




 = Half marathon will exit the park after doing a clockwise loop of the park and then make a **LEFT** onto the downriver linked greenway (*note: greenway doesn't show up on this map*)


 = 5K will exit the park after doing a clockwise loop of the park and then head North into Trenton.


 = 8K will exit the park after doing a clockwise loop of the park and then head North into Trenton.

Re-entering the Park



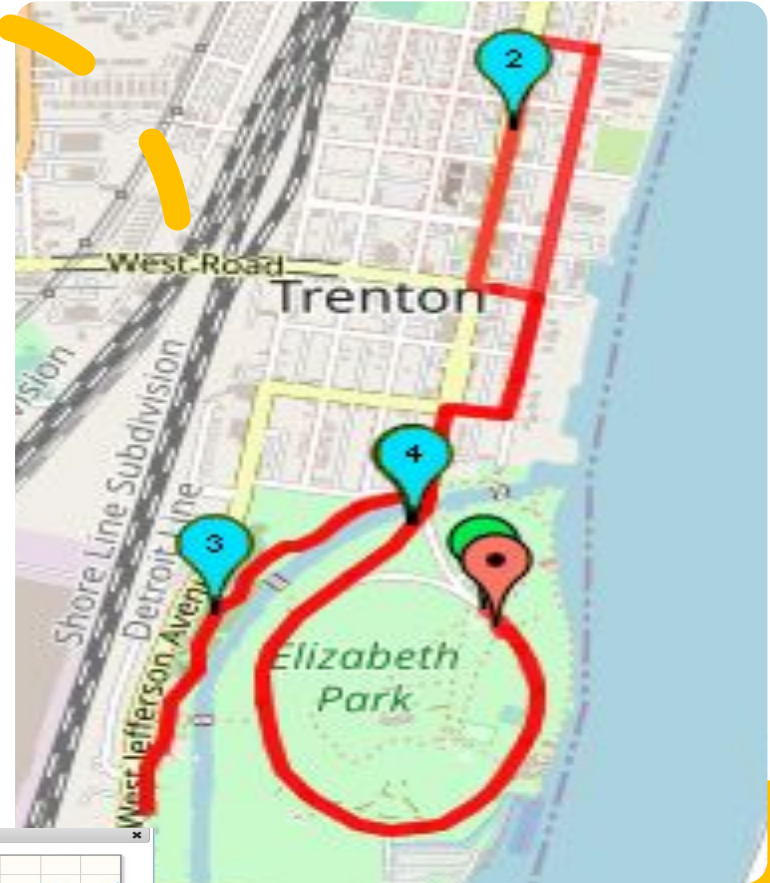
 = Half marathon will come from the West and exit the Downriver Linked Greenway and immediately make a right to reenter the park and do a counterclockwise loop into the finish

 = 5K will come south on Elizabeth Park Drive and reenter the park and do a counterclockwise loop into the finish

 = 8K will first head right onto the Downriver Linked Greenway and do an out and back to get the distance right before reentering the park by making a right to reentering the park by making a right and doing a counterclockwise loop around the park!

8K Course

- The 8K Course will follow the same route as the 5K around Elizabeth Park and head North onto Riverside Dr. When the 5Kers U-Turn, the 8K will continue North before turning Left onto and then South into The Trenton Summer Festival Grounds.
- 8K racers will then be treated with running through the spectacle of the festival before heading onto the Downriver Linked Greenway passing by the iconic Elizabeth Park Bridges. Athletes will U-Turn prior to the Grosse Isle Bridge Parkway, head back into Elizabeth Park, and finish with another nearly full circle around the park.
- Aid Stations will be at Mile 1, 2.6, and 4. There will be ice cold water at all aid stations.
- You can view the course on Strava by [clicking here](#)



8K Course

This course is relatively flat with a few rolling hills with all the elevation between 578 and 600 ft. The course is USATF Certified.



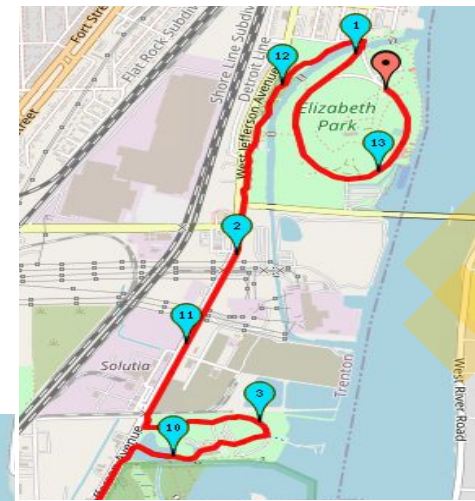
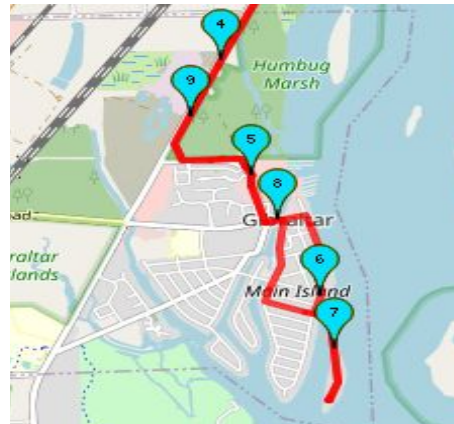
Turn by Turn Directions

- Athletes will do one clockwise circle in the outside lane of Elizabeth Park Circle
- Straight onto Elizabeth Drive
- Right onto Walnut
- Left onto Riverside Drive
- Left onto Atwood St.
- Left onto Jefferson Drive
- Left onto West Rd.
- Right onto Riverside Rd.
- Right onto Walnut
- Slight Left onto Downriver Linked Greenway
- U-Turn on Downriver Linked Greenway
- Right onto Elizabeth Park Circle
- Finish with a counterclockwise circle on Elizabeth Park Circle in the outside Lane



Half Marathon Course

- The half marathon course will begin with a loop around the iconic Elizabeth Park. Once around the park, athletes will head south on the Downriver Linked Greenway, run through the Detroit River Wildlife Refuge and into Gibraltar before coming back home. This is a beautiful and unique course that will highlight some of the most beautiful parks of downriver. The course is also flat and set up to be a great PR course.
- You can view the course on Strava by clicking here - <https://www.strava.com/routes/2974002174931063626>



Half Marathon Turn by Turn Directions

- Athletes will do one clockwise circle in the outside lane of Elizabeth Park Circle
- Straight onto Elizabeth Drive
- Left onto Downriver Linked Greenway
- Left into Detroit River Wildlife Refuge
- Follow signs within DRWR
- Left turn onto Downriver Linked Greenway
- Right to Stay on Downriver Linked Greenway
- Right across North Gibraltar Road
- Left across North Gibraltar road onto Middle Gibraltar Road.
- Right on Lowell St.
- Right on Grandview St.
- Left on Adams St.
- Left on Island Drive
- Go Around traffic circle on Island Drive and return the direction you came
- Continue Straight on Wright Street
- Right on Bayview Drive
- Left on Middle Gibraltar
- Return the exact direction you came from.

Half Marathon Aid Stations

Mile 1 Water

Mile 3.1 Water/Gatorade

Mile 5 Water/Gatorade

Mile 7.3 Water/Hüma Gels

Mile 8.2 Water/Gatorade

Mile 10.2 Water/Gatorade

Mile 12.1 Water

2026 Participant Shirt & Medal

