

PRESENTED
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 PARK CITY



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PARK CITY'S FAVORITE RELAY

2023 RACE GUIDE

WE MADE IT TO SPRING 2023

The 2023 Race will consist of 8 Legs and will once again start and finish at the Basin Recreation Field house. The 8 legs will take runners to six different PCSD schools, as well as travel through the beautiful Utah Olympic Park. The 8 legs range in distance from 1.2 miles to 4.5 miles, making this a race for all ages and abilities to participate in; team members can run, walk, skip their way through Park City to finish with a rocking Finish Line celebration at the Field house.

FUNdraising!

First and Foremost, Running with Ed is a fundraising event. Yes, we want the event to be spectacular, one of the best, if not THE best, running event in town! But we don't want to forget why we hold this event each year – to raise funds for initiatives that inspire all Park City students to successfully reach their academic and life-long potential.

Over the past 14 years, RWE has raised millions of dollars that have directly funded programs in our schools for our students. Our goal is to raise \$350,000! Not only do the funds go directly to our schools, but we have incredible fundraising prizes! Don't delay and start fundraising today, no really, today! You can have a direct and important impact on our community.

PACKET PICK-UP

This year we will have a drive through packet pick-up! Talk about efficient! Here are the details:

Where: Ecker Hill Middle School

When: Friday, May 19th

Time: 4:30 pm – 7:00 pm

Who: Only one member of the team needs to pick up.

Packets will be organized by Team Name.

We request that everyone pick up their packet here as there will not be a packet pick up on race morning.

THE FINISH LINE PARTY IS THE PLACE TO BE!

The finish line is inside at the Basin Recreation Field House. Meet your team at the Northeast Corner of the Basin Recreation Field House (on the trail) and cross the finish line together! ALL TEAMS, PARK YOUR CAR AT THE FIELD HOUSE for the finish line party.

Thanks to our generous local sponsors, there will be plenty at the field house for runners to enjoy including:

*FREE LUNCH-Runners will be well-fed with lunches donated by [Hearth Westgate Park City](#), [Yoli's Tacos](#)

*FREE BEER-Provided by [Park City Brewing](#). Please bring your ID for the Beer Garden,

*FREE DESSERT-Sweet teeth will be satisfied with treats from [Fat Boy](#), and [Hearth and Hill](#)

*KIDS ACTIVITIES-Bounce houses, a climbing wall, obstacle courses and yard games to keep the kids (of all ages!) happy,

*SPONSOR GIVEAWAYS

PLEASE NOTE: Entry to the Finish Line Party is \$10.00 for non-participants, or \$25.00 per family

BIBS

Runners will be required to wear the official RWE bib while running. Each team packet has 8 bibs, all with the same team number.

START TIMES

Start Times will be assigned the week of May 15TH, and will be emailed and posted on runningwithed.com. Start times will be 8:00 am, 8:15 am, 8:30 am, 8:45 am and 9:00 am.

Please arrive to your starting location 10-15 minutes before your start time ready to run. If you are unable to pick up your packet on Friday, then arrive earlier to pick up your team gear.

SAFETY REMINDERS!

- Runners must wear their bibs while running
- Vehicles must not exceed posted speed limits
- Runners may not use headphones. Earbuds are allowed, but keep one out
- The course is an 'open' course and is not closed for our runners, be alert
- Vehicles must yield to runners
- Vehicles should not park illegally to cheer on or support runners
- Vehicles must park in designated parking spaces at exchanges
- Race will go on regardless of weather, please come prepared
- Make sure you carry water if you need it. There will be a few water stations on course but better to have too much than not enough!

CUT OFF TIMES

To ensure that all runners are able to arrive to the finish line party with time to enjoy it and to ensure that volunteers at the exchanges do not need to stay longer than they are planning for, we are implementing cut-off times at two exchange points:

At Parley's Park Elementary- Runners must pass through the exchange by 12:00p. If they arrive after 12:00p, they are to be instructed that all members of the team should drive forward to the next exchange (McPolin

Elem) and then their runners can double up and run a leg together. (Example: Leg 5 and Leg 6 runners can both run Leg 6 together or Leg 5 runner and Leg 7 runner can run Leg 7 together, etc.)

At Treasure Mountain Junior High- runners must pass through the exchange by 1:15p. If they arrive after 1:15p, they are to be instructed that all members of the team should drive forward to the next exchange (Trailside Elem) and then their runners can double up and run a leg together. (Leg 7 and Leg 8 runner will run Leg 8 together)

If teams choose to ignore these cut off teams and continue to run the entire course, please be aware that exchanges may no longer be open, police on-route safety assistance may no longer be in place, and the finish line party may be over upon arrival.

COURSE

Here is the inside track on the course! Make sure to spend some time to understand the legs you will be running. We don't want anyone getting lost out there! For you RWE veterans you'll recognize a good portion of the course, BUT we have some new adjustments this year, so you will want to pay attention.

When on course please do the following:

- a. BE ALERT – Watch for RWE Signage! Watch for cars and other traffic! The course is 'open' and not closed just for us. The course will be marked with RWE yard signs and orange paint on the ground.
- b. CARRY WATER-Please carry water with you. Even in cool weather you can easily become dehydrated.
- c. CELL PHONE – Some parts of the racecourse, especially through Round Valley, are out of site from main roads. We recommend carrying your cell phone with you in case of emergencies.

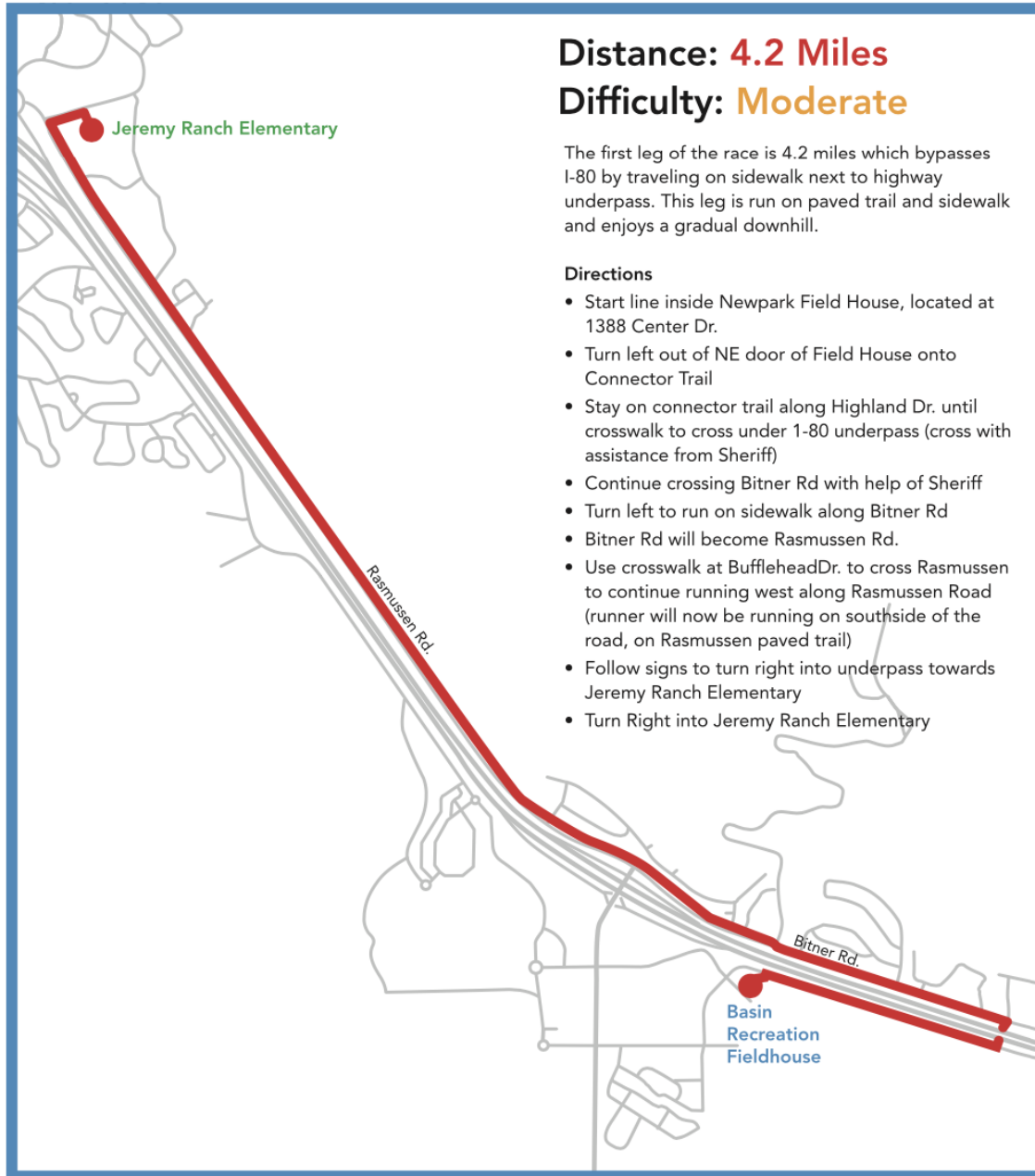
Let's breakdown each leg of the race along with Leg Notes from the Race Director at the bottom. Please note that mileage was measured on Google Maps and while we believe it to be fairly accurate, it may not be exact. For an interactive Google Map, please [click here](#).

LEG 1

Basin Recreation Fieldhouse to
Jeremy Ranch Elementary



PARK CITY'S FAVORITE RELAY



RACE DIRECTOR NOTES:

- No wet feet this year-woohoo!
- Please use caution while crossing at the crosswalks of both Highland Dr and Bitner Rd/Rasmussen Rd
- Please run on sidewalk/paved trail for entire leg

LEG 2

Jeremy Ranch Elementary to
Ecker Hill Middle School



PARK CITY'S FAVORITE RELAY

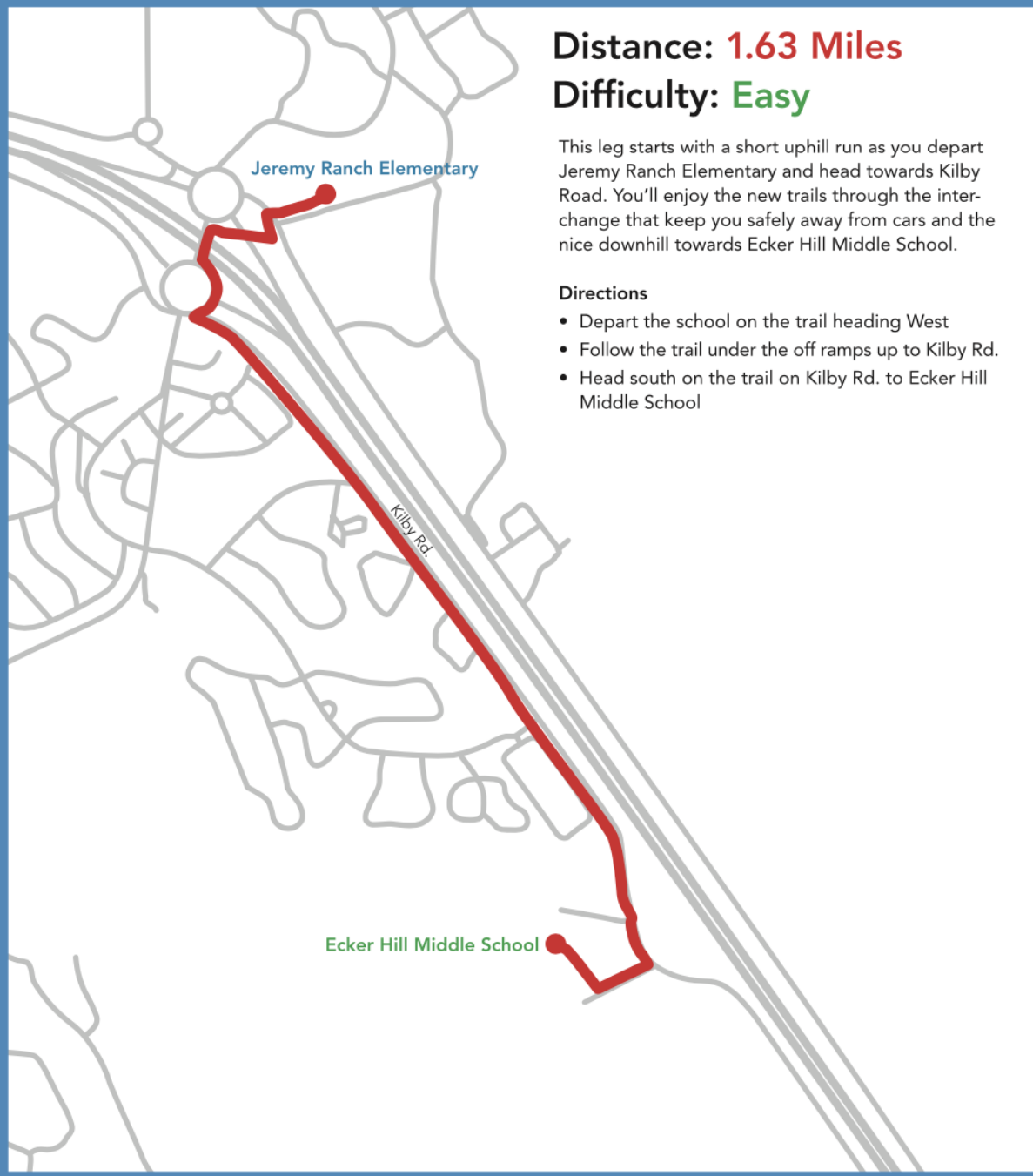
Distance: **1.63 Miles**

Difficulty: **Easy**

This leg starts with a short uphill run as you depart Jeremy Ranch Elementary and head towards Kilby Road. You'll enjoy the new trails through the interchange that keep you safely away from cars and the nice downhill towards Ecker Hill Middle School.

Directions

- Depart the school on the trail heading West
- Follow the trail under the off ramps up to Kilby Rd.
- Head south on the trail on Kilby Rd. to Ecker Hill Middle School



RACE DIRECTOR NOTES:

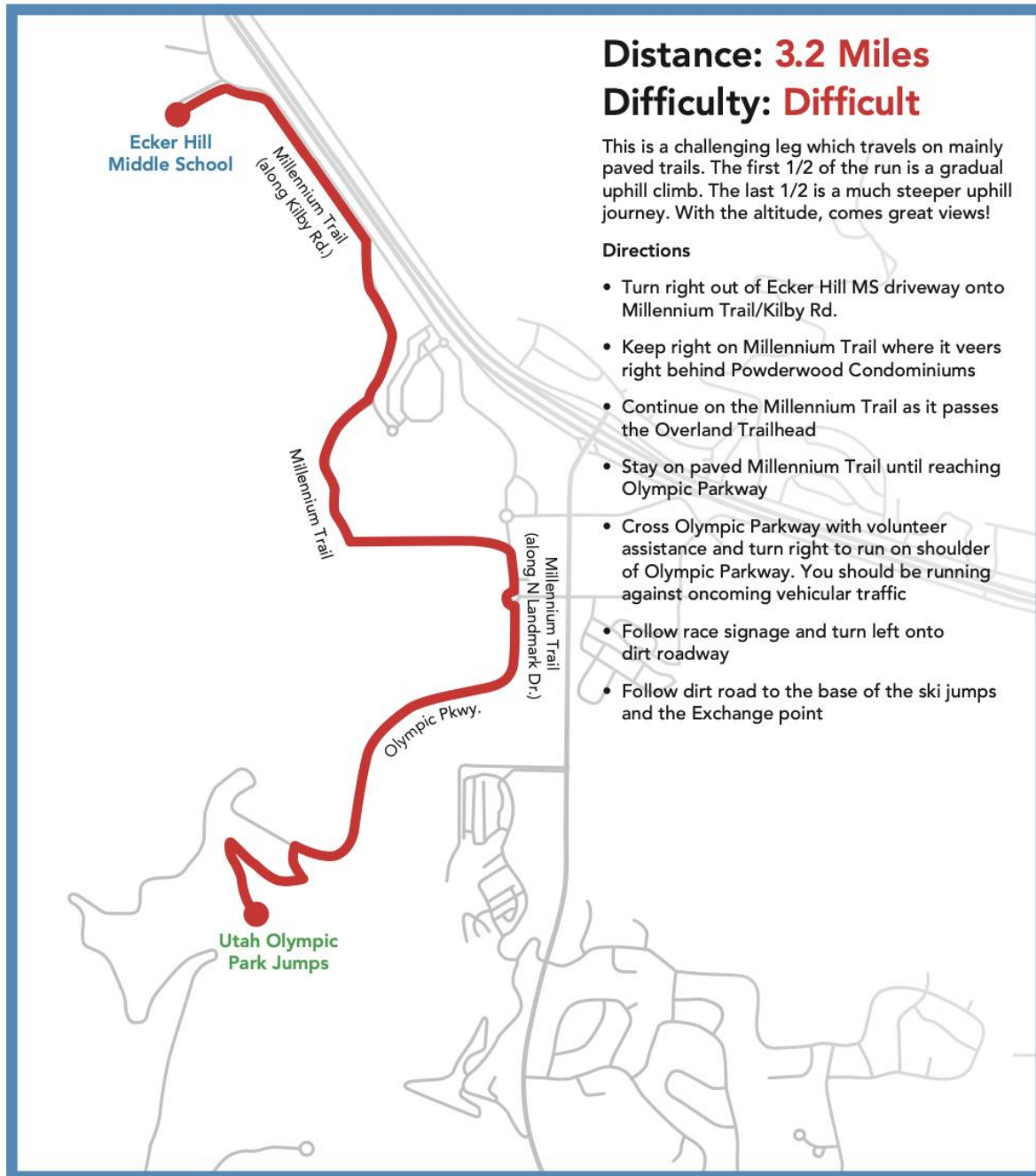
- Please cross entrance to Quarry Village Shopping area and cross streets with caution,
- Run on sidewalk along Kilby Rd

LEG 3

Ecker Hill Middle School to Utah Olympic Park Jumps



PARK CITY'S FAVORITE RELAY



RACE DIRECTOR NOTES:

- Please cross Olympic Parkway with caution, in the sidewalk, and with volunteer and Summit County Sheriff assistance,
- Run against traffic for the entire portion of running up Olympic Parkway,
- Go, go climbing legs!

LEG 4



Utah Olympic Park Jumps to Parley's Park Elementary

PARK CITY'S FAVORITE RELAY

Distance: 2.65 Miles

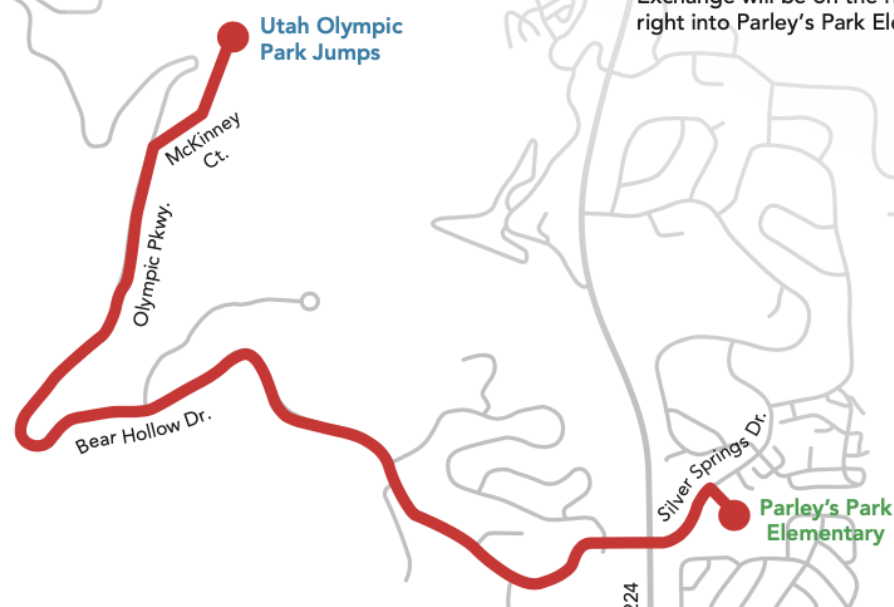
Difficulty: Difficult

This leg starts with some intensity with a jaunt up the UOP stairs (who needs a warmup?!?) Make sure you reward yourself by taking in the view at the top, then before continue up to the top of the Olympic Park on the road. Leave the UOP through the gate and enjoy the downhill. Be careful crossing Hwy 224, and end up at Parley's Park Elementary.

Directions

- Runner's choice to go up the stairs next to the Nordic Jumps or ride the chair lift
- Upon exiting the top of jumps, turn right on paved access road/McKinney Ct.
- Turn left onto Olympic Parkway and run AGAINST traffic on the shoulder of the road

- Pass through access gate at the summit and continue running down road, running against traffic. Road will now change names to Bear Hollow Dr.
- Continue running down Bear Hollow Dr. and switch to running on the road shoulder to running on the sidewalk (after passing Picabo St.)
- Turn right to cross at crosswalk in front of Sun Peak Community Center (on north side of road) and Park City Community Church (on south side of road)
- Turn left at end of crosswalk to continue running down Bear Hollow Rd., running on the sidewalk
- Cross SR-224 with Sheriff Assistance (**DO NOT attempt to cross without sheriff assistance and/or having received the signal to cross at the legal pedestrian crossing! Any runner seen doing otherwise will risk themselves and their team being pulled from the race**)
- Continue running on sidewalk, with traffic, along Silver Springs Dr.
- Exchange will be on the right-hand side. Turn right into Parley's Park Elementary.



RACE DIRECTOR NOTES:

VEHICLES: Please do not follow the runner path through the Olympic Park, head back down the hill to take SR-224 to Parley's Park

-You are going to feel SO good when you get to the top of that hill!!

-Please run on sidewalk on Bear Hollow Dr. as soon as it appears

-You must cross SR-224 with volunteer and Summit Co Sheriff assistance, in the crosswalk, when legal. ANY TEAM SEEN DOING OTHERWISE WILL BE DISQUALIFIED.

****RUNNERS MUST ARRIVE AT PARLEYS PARK BY THE CUT OFF TIME OF 12:00PM OR WILL BE REQUIRED TO SKIP THE NEXT LEG**

LEG 5

Parley's Park Elementary to
McPolin Elementary



PARK CITY'S FAVORITE RELAY

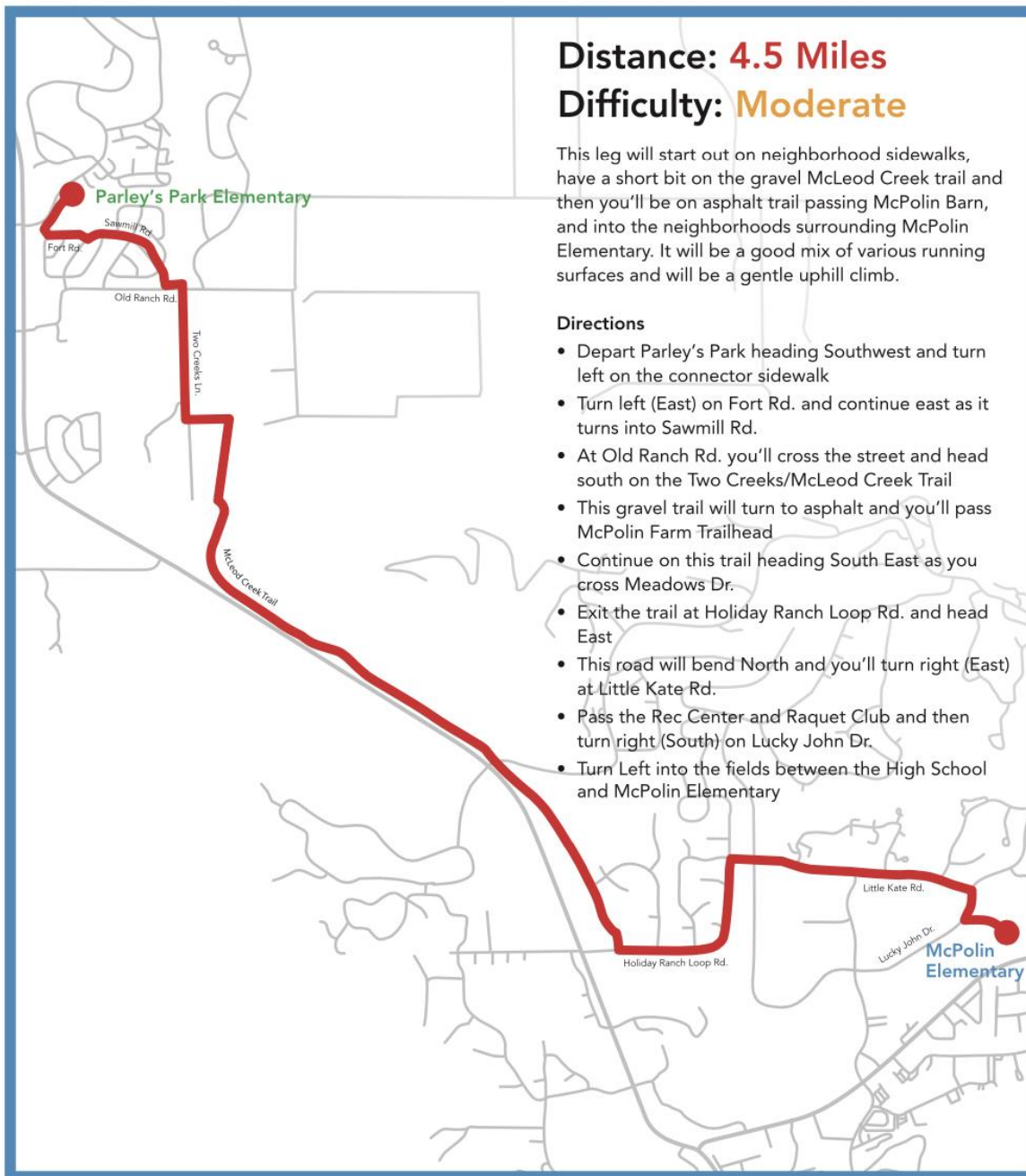
Distance: **4.5 Miles**

Difficulty: **Moderate**

This leg will start out on neighborhood sidewalks, have a short bit on the gravel McLeod Creek trail and then you'll be on asphalt trail passing McPolin Barn, and into the neighborhoods surrounding McPolin Elementary. It will be a good mix of various running surfaces and will be a gentle uphill climb.

Directions

- Depart Parley's Park heading Southwest and turn left on the connector sidewalk
- Turn left (East) on Fort Rd. and continue east as it turns into Sawmill Rd.
- At Old Ranch Rd. you'll cross the street and head south on the Two Creeks/McLeod Creek Trail
- This gravel trail will turn to asphalt and you'll pass McPolin Farm Trailhead
- Continue on this trail heading South East as you cross Meadows Dr.
- Exit the trail at Holiday Ranch Loop Rd. and head East
- This road will bend North and you'll turn right (East) at Little Kate Rd.
- Pass the Rec Center and Raquet Club and then turn right (South) on Lucky John Dr.
- Turn Left into the fields between the High School and McPolin Elementary



RACE DIRECTOR NOTES:

- There will be a water station at the McPolin Farm Trailhead,
- Please continue running on the sidewalk through the Park Meadows neighborhood

LEG 6

McPolin Elementary to
Treasure Mountain Junior High



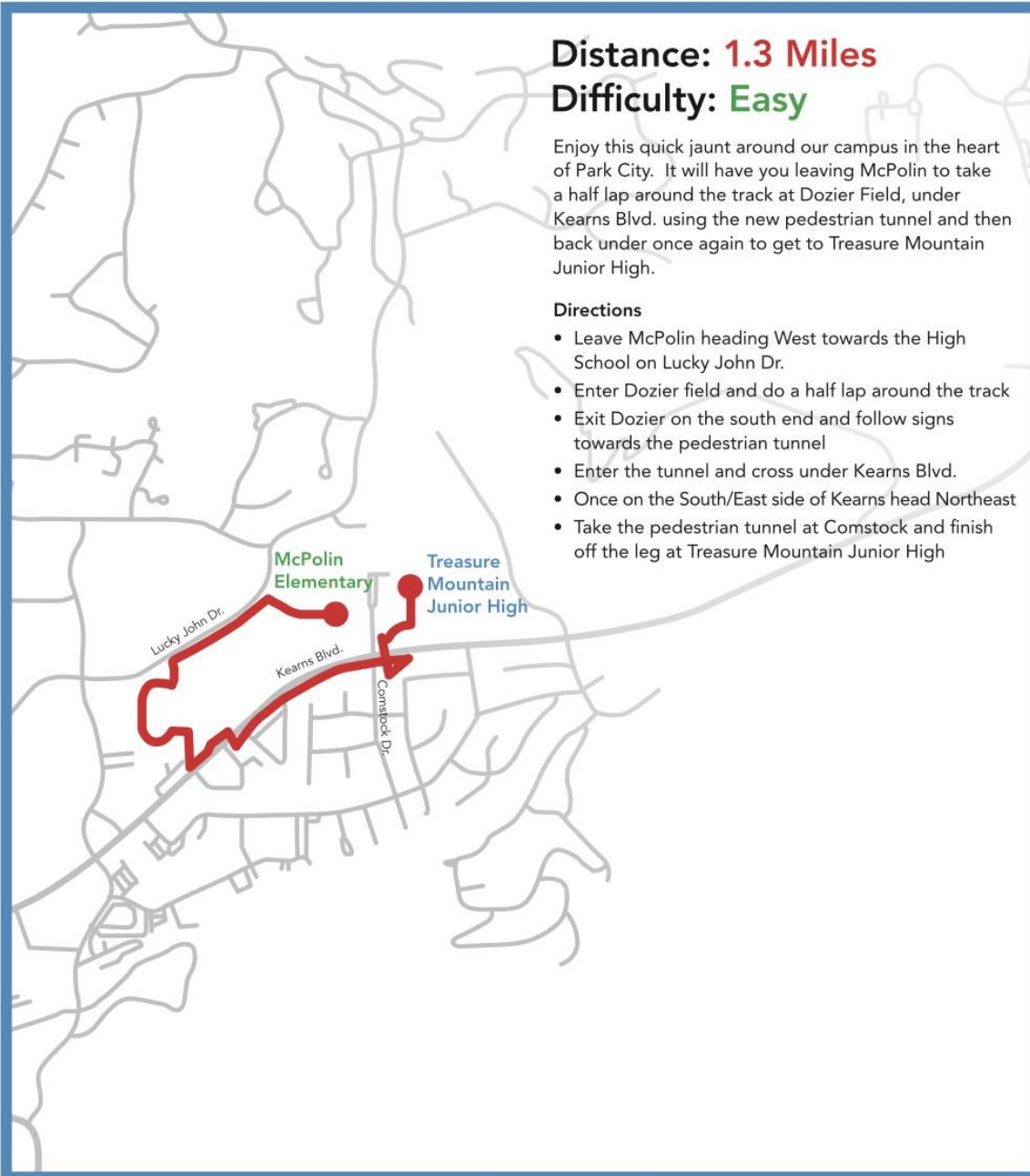
PARK CITY'S FAVORITE RELAY

Distance: 1.3 Miles
Difficulty: Easy

Enjoy this quick jaunt around our campus in the heart of Park City. It will have you leaving McPolin to take a half lap around the track at Dozier Field, under Kearns Blvd. using the new pedestrian tunnel and then back under once again to get to Treasure Mountain Junior High.

Directions

- Leave McPolin heading West towards the High School on Lucky John Dr.
- Enter Dozier field and do a half lap around the track
- Exit Dozier on the south end and follow signs towards the pedestrian tunnel
- Enter the tunnel and cross under Kearns Blvd.
- Once on the South/East side of Kearns head Northeast
- Take the pedestrian tunnel at Comstock and finish off the leg at Treasure Mountain Junior High



RACE DIRECTOR NOTES-Leg 6

-Challenge yourself, have fun, and give lots of high-fives racing around the track with friends!

-Use caution when entering and exiting pedestrian tunnels. Public traffic will still be present.

****RUNNERS MUST ARRIVE AT TREASURE MOUNTAIN BY THE CUT OFF TIME OF 1:15PM OR WILL BE REQUIRED TO SKIP THE NEXT LEG**

LEG 7



PARK CITY'S FAVORITE RELAY

Treasure Mountain Junior High to Trailside Elementary

Distance: 4.5 Miles
Difficulty: Difficult

This combination sidewalk and trail run will take you through Park Meadows to the Cove Trailhead where we will head into Round Valley and come out by Trailside Elementary. You'll encounter a steady climb from Treasure Mtn to the Cove Trailhead passing Park Meadows Golf Course. Once on the trail, you'll have a gradual descent to the Old Ranch Rd. trailhead and then a steady incline as you climb towards the North Round Valley Trailhead.

Directions

- Exit Treasure Mountain Junior High heading North through the North 40 Fields
- Continue on Meadows Drive heading North, Northwest until Cove Trailhead
- At Cove Trailhead head Northeast and take the first trail on your left (it will be marked)
- Follow this trail towards Old Ranch Road Trailhead
- Near Old Ranch Road Trailhead take Happy Gilmor and follow signs towards the North Round Valley Trailhead
- Exit the trailhead and turn left (West) on Silver Summit Parkway
- Turn right on Trailside Drive and follow it into the school

RACE DIRECTOR NOTES-Leg 7:

- Be alert on the trail portion through Round Valley. There are uneven and rocky areas of the trail,
- Trail is open to the public so please give a wave and a smile to other trail users and be respectful of all,
- Trail will be well-marked with orange paint arrows and yard signs

LEG 8

Trailside Elementary to Basin Recreation Fieldhouse



PARK CITY'S FAVORITE RELAY

Distance: 2.4 Miles

Difficulty: Easy

The last leg of the race enjoys a gradual downhill on paved sidewalk and trail between Trailside Elementary School and the Field House. Here, teams will meet on the east side of the Field House and run across the finish line together (Finish Line same as start).

Directions

- Stay on sidewalks on Trailside Dr.
- Turn right onto Old Ranch Rd.
- Turn left at Highland Dr and cross with assistance to gain access to Highland Paved Trail
- Follow Highland Trail back to Connector Trail
- Turn left on Connector Trail
- Turn right to enter N.E. doors of the Field House **FINISH!**



RACE DIRECTOR NOTES:

- Use caution when running along Old Ranch Road,
- Summit County Sheriff will be assisting runners in crossing Highland Dr,
- Meet your team outside the Fieldhouse to run the final steps in together!

THANK YOU!

Running with Ed started as an idea to have a little fun while raising money for the schools we love. It has grown into a staple event in the community and could not happen without the incredible support of Teachers, Students, Parents, Sponsors, Volunteers, and all of you in this incredible community.

We hope that as you participate you feel the importance of this great event and the positive impact your participation is having on the lives of students and teachers.

QUESTIONS

If you have any questions before race day, please don't hesitate to reach out to us at:

runningwithed@gmail.com

THANK YOU TO OUR GENEROUS 2023 SPONSORS

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