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2021 RACE GUIDE

WE MADE IT TO 2021

In 2021, Running with Ed is, well, a little different. Park City's Best Fundraiser is getting creative so that the event can happen during this 'unprecedented' time (how many times have we heard that word in the last 12 months!)

Because of these changes, we are providing you with this 2021 guide to RWE. Since we won't gather for a Team Captain's Meeting, this guide will provide you with all the details you need to have a fun and safe RWE 2021.

FUNdraising!

First and Foremost, Running with Ed is a fundraising event. Yes, we want the event to be spectacular, one of the best, if not THE best, running event in town! But we don't want to forget why we hold this event each year — to raise funds for initiatives that inspire all Park City students to successfully reach their academic and life-long potential.

Over the past 12 years, RWE has raised millions of dollars that have directly funded programs in our schools for our students. Since we had to cancel the race last year, 2021 is more important than ever! Our goal is to raise \$250,000! Not only do the funds go directly to our schools, but we have incredible fundraising prizes! Don't delay and start fundraising today, no really, today! You can have a direct and important impact on our community.

PACKET PICK-UP

This year we will have a drive through packet pick-up! Talk about efficient! Here are the details:

Where: Ecker Hill Middle School

When: Friday, May 21st

Time: 4:30 pm - 7:00 pm

Who: Only one member of the team needs to come.

Packets will be organized by Team Name.

We request that everyone pick up there packet here as there will not be a packet pick up on race morning.

BIBS

Runners will be required to wear the official RWE bib while running.

In your packet, there will also be one van sticker for your official race vehicle. We recommend using only one vehicle for your team. Place the sticker on the front of your team vehicle.

START TIMES & LOCATIONS

To keep us socially distanced, we have not 1, but 6 Start Lines this year!! The Start Line locations are as follows:

- a. Jeremy Ranch Elementary
- b. Ecker Hill Middle School
- c. Parley's Park Elementary
- d. McPolin Elementary
- e. Treasure Mountain Jr High
- f. Trailside Elementary

All 6 Start Lines will be going simultaneously! Wow, how cool is that? This is an exciting new twist to RWE that will likely only happen in 2021, so let's enjoy it!

Start Times will be assigned the week of May 17th, and will be emailed and posted on runningwithed.com. Start times will be 8:00 am, 8:15 am, 8:30 am, and 8:45 am.

Please arrive to your starting location 10-15 minutes before your start time ready to run. If you were unable to pick up your packet on Friday, then arrive earlier to pick up your team gear.

COVID PRECAUTIONS

- a. **Drive through Packet Pick Up** will keep us from having a large gathering and will be super speedy! See details above!
- b. 6 Start Lines will help us stay socially distanced.
- c. **No SLAP BRACELETS** We will not be handing off sweaty slap bracelets to each other this year, I know, I know, we'll look forward to that in 2022. So for this year, an air high 5 works great!
- d. Masks & PPE Volunteers Runners & Staff will all be required to wear masks while at exchange locations. Active runners can remove masks while running, but should be prepared to put one back on as they finish their leg. Please bring your own PPE and hand sanitizer.
- e. **NO WATER STATIONS!** All runners should bring their own water for their assigned leg as we will not have water stations on the course. Please be prepared and watch the weather, even in cool, overcast conditions you can become dehydrated.
- f. **COVID Symptoms** If you do not feel well or have been in contact with anyone that has tested positive for Covid-19 in the last 14 days, or if you have had a positive Covid-19 test in the last 14 days, we ask that you not participate in person and encourage you to support the event by donating or running virtually.

SAFETY REMINDERS!

- Masks must be worn at all exchange points
- Runners must wear their bibs while running
- Vehicles must not exceed posted speed limits
- Runners may not use headphones. Earbuds are allowed, but keep one out
- The course is an 'open' course and is not closed for our runners, be alert
- Vehicles must yield to runners
- Vehicles should not park illegally to cheer on or support runners
- Vehicles must park in designated parking spaces at exchanges
- Race will go on regardless of weather, please come prepared
- WATER STATIONS will not be provided! Make sure you carry water!

COURSE

Here is the inside track on the course! Make sure to spend some time to understand the legs you will be running. We don't want anyone getting lost out there! For you RWE veterans you'll recognize a good portion of the course, BUT we have some new adjustments this year, so you will want to pay attention.

When on course please do the following:

- a. **BE ALERT** Watch for RWE Signage! Watch for cars and other traffic! The course is 'open' and not closed just for us.
- b. CARRY WATER We will not have water stations on course this year due to COVID-19. Please, please, please carry water with you. Even in cool weather you can easily become dehydrated.
- c. **CELL PHONE** Some parts of the race course, especially through Round Valley, are out of site from main roads. We recommend carrying your cell phone with you in case of emergencies.
- d. **EXCHANGES** We will not have slap bracelets this year, so simply do an air 5 to the next runner and off they go!

Let's breakdown each leg of the race. Please note that mileage was measured on Google Maps and while we believe it to be fairly accurate, it may not be exact.

For an interactive Google Map, please click here.

JEREMY RANCH ELEMENTARY TO ECKER HILL MS

1.63 MILES - RATING: EASY

This leg starts with a short uphill run as you depart Jeremy Ranch Elementary and head towards Kilby Road. You'll enjoy the new trails through the interchange that keep you safely away from cars and the nice downhill towards Ecker Hill Middle School.

Key Points:

- The second shortest leg on the course
- This leg has not changed from previous years
- Thanks to UDOT we no longer have to cross freeway on and off ramps!

Directions

- Depart the school on the trail heading West
- Follow the trail under the off ramps up to Kilby Road
- Head south on the trail on Kilby Rd to Ecker Hill

ECKER HILL MIDDLE SCHOOL TO PARLEYS PARK ELEMENTARY

4.66 MILES – RATING: MODERATE

This leg starts off relatively flat and then has a gradual climb to the trailhead on Overland Drive. You'll stay on the paved trail as you cross under 224 and then head towards town on a nice gravel path. The trail is relatively flat with some nice wooden bridges and a slight uphill.

Key Points:

- New Leg for 2021, starts out the same as years past, but eliminates the climb to UOP
- Crosses under 224 at Redstone
- Follows trails and neighborhood streets to Parley's Park

Key Directions

- Head south on trail from Ecker Hill
- Stay on trail behind the Powderwood & Crestview Condos
- Enter trailhead on Overland Dr heading towards UOP
- STAY ON PAVED TRAIL and head East under 224
- Once on the East side of 224, follow signs and stay on GRAVEL TRAIL
- Stay on gravel trail as it crosses CUTTER Lane
- Continue south and exit trail on E Meadow Drive
- Turn Left on to Meadow Loop Rd
- Turn Right to stay on Meadow Loop Rd
- Enter Parley's Park through the back field
- Follow signs to front of building

PARLEYS PARK ELEMENTARY TO MCPOLIN ELEMENTARY

4.49 MILES – RATING: MODERATE

This leg will start out on neighborhood sidewalks, have a short bit on the gravel McLeod Creek trail and then you'll be on asphalt trail passing McPolin Barn, and into the neighborhoods surrounding McPolin Elementary. It will be a good mix of various running surfaces and will be a gentle uphill climb.

Key Points:

- Partially new leg for 2021. Pay attention to signage.
- Passes by PC MARC
- Exchanges in the field by McPolin

Key Directions:

- Depart Parleys Park heading Southwest and turn left on the connector sidewalk
- Turn left (East) on Fort Rd and continue east as it turns into Sawmill Rd
- At Old Ranch Rd you'll cross the street and head south on the Two Creeks/McLeod Creek Trail
- This gravel trail will turn to asphalt and you'll pass McPolin Farm Trailhead
- Continue on this trail heading South East as you cross Meadows Drive
- Exit the trail at Holiday Ranch Loop Rd and head East
- This road will bend North and you'll turn right (East) at Little Kate Road
- Pass the Rec Center and Raquet Club and then turn right (South) on Lucky John Dr
- Turn Left into the fields between the High School and McPolin

MCPOLIN ELEMENTARY to TREASURE MOUNTAIN JR HIGH

1.22 Miles – RATING: EASY

Enjoy this quick jaunt around our campus in the heart of Park City. It will have you leaving McPolin to take a half lap around the track at Dozier Field under Kearns Blvd using the new pedestrian tunnel and then back under once again to get to Treasure Mtn.

KEY POINTS:

- Shortest Leg on the course!
- Only leg that runs on the track! How fast will you be down the back 100 meters?

KEY DIRECTIONS:

- Leave McPolin heading West towards the High School on Lucky John Dr
- Enter Dozier field and do a half lap around the track
- Exit Dozier on the south end and follow signs towards the pedestrian tunnel
- Enter the tunnel and cross under Kearns Blvd
- Once on the South/East side of Kearns head Northeast
- Take the pedestrian tunnel at Comstock and finish off the leg at Treasure Mtn

TREASURE MOUNTAIN JR HIGH TO TRAILSIDE ELEMENTARY

4.50 Miles – RATING: DIFFICULT

This combination sidewalk and trail run will take you through Park Meadows to the Cove Trailhead where we will head into Round Valley and come out by Trailside Elementary. You'll encounter a steady climb from Treasure Mtn to the Cove Trailhead passing Park Meadows Golf Course. Once on the trail, you'll have a gradual descent to the Old Ranch Rd trailhead and then a steady incline as you climb towards the North Round Valley Trailhead.

KEY POINTS:

- This route through Round Valley has been adjusted from previous years, eliminating a dangerous road crossing.
- The initial trail through Round Valley is unnamed but we will have it marked. It heads from the Cove Trailhead to the Old Ranch Road trailhead.
- The first section of trail is rocky, be aware and don't twist an ankle!
- Once past Old Ranch Road Trailhead, you'll take portions of Happy Gilmor towards the North Valley Trailhead
- This leg is long and not near roads, please carry water with you!
- We recommend carrying a cell phone as well in case of emergency.

KEY DIRECTIONS:

- Exit Treasure Mountain JR High heading North through the North 40 Fields.
- Continue on Meadows Drive heading North, Northwest until Cove Trailhead
- At Cove Trailhead head Northeast and take the first trail on your left (it will be marked)
- Follow this trail towards Old Ranch Road Trailhead
- Near Old Ranch Road Trailhead take Happy Gilmor and follow signs towards the North Round Valley Trailhead.
- Exit the trailhead and turn left (West) on Silver Summit Parkway
- Turn right on Trailside Drive and follow it into the school

TRAILSIDE ELEMENTARY TO JEREMY RANCH ELEMENTARY

5.22 Miles – RATING: HARD

The longest leg of the race and somewhat challenging because of the long steady climb. This leg has you leaving Trailside Elementary on a relatively flat and downhill grade until reaching the underpass of I-80 at Bitner and Highland Dr. From here you have a long steady uphill to Jeremy Ranch Elementary. The trail is asphalt or sidewalk for the entire distance.

KFY POINTS:

• Longest leg of the course

KEY DIRECTIONS:

- Leave Trailside Elementary heading North, Northwest and follow Trailside Dr to Old Ranch Road.
- At Old Ranch Road turn right and go to the pedestrian crosswalk on Highland Drive.
- Cross to the trail on the North side and thank the kind Summit County Police Officer who is here to help.
- Head West on this trail to the I-80 overpass at Highland & Bitner Rd
- Cross under the overpass heading North and then take a left turn to continue on Bitner Rd heading West.
- You will follow this trail all the way to Jeremy Ranch, crossing once at Rasmussen (Bitner turns into Rasmussen) and Bufflehead Dr.
- Follow signs on the trail into Jeremy Ranch Elementary

THANK YOU!

Running with Ed started as an idea to have a little fun while raising money for the schools we love. It has grown into a staple event in the community and could not happen without the incredible support of Teachers, Students, Parents, Sponsors, Volunteers, and all of you in this incredible community.

We hope that as you participate you feel the importance of this great event and the positive impact your participation is having on the lives of students and teachers.

QUESTIONS

If you have any questions before race day, please don't hesitate to reach out to us at: runningwithed@gmail.com

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