



Duo at the Ledge

1/2 MARATHON RUN - 5K & 10K RUN/WALK

JUNE 5 & 6, 2020 VOLUNTEERS NEEDED

We are doing a fundraiser for the Leukemia & Lymphoma Society and Shoes for student athletes. The event is a 1/2 marathon-5k & 10k run/ walk to be held on June 6, 2020 in Grand Ledge. The 1/2 marathon & 10k start at 6:30am the 5k at 7:30 am and the fun run at 8:30 am. Races begin and end at St. Michael School. We can use anyone willing to give their time for two great causes. Why not get the whole family involved? We will provide food, a volunteer shirt and a good time as well as training you for your job. Please fill out the form below.

Please Print

NAME _____ AGE _____ (If under 18)

PHONE _____

E-MAIL _____

T-SHIRT SIZE (ADULT) S M L XL XXL

T-SHIRT SIZE (YOUTH) S M L

PLEASE CIRCLE THE TIME(S) YOU CAN HELP

Friday night June 5th at Playmakers 2:30-5:30 pm or 5:30-8pm

Saturday morning June 6th at St. Michael's 5:30-8am or 8-11am

We need people for the following jobs:

Packet pickup/ Registration Friday night at Playmakers in Okemos _____

Packet pickup/ Registration Saturday St. Michael Gym in Grand Ledge _____

Food setup and distribution _____

Water Stations (this might be a family or group) _____

Race course guides for one or both races _____

Kid's fun run helper _____

Event setup/ cleanup _____

Hand out water/medals to runners as they finish _____

To volunteer you can e-mail us at s.kreft@comcast.net, call us 517-627-2735 or mail this form to Steve Kreft 1092 Brookside Dr. Grand Ledge, MI 48837 or online at

<http://runsignup.com/Race/MI/GrandLedge/DuoattheLedge>

Thank You for giving your time to two great causes☺