

ATHLETE GUIDE AND RACE FAOS

Welcome to the 10th annual EVL Half Marathon and 5k! We will welcome nearly 1,900 runners from 20 states to the beautiful resort town of Ellicottville on October 22nd. Our goal is to provide a fun event where the runner's safety is paramount. All of the races start and finish in the center of Ellicottville, 5 Monroe Street, with our after-party and awards at The Ellicottville Brewing Company at 28 Monroe Street. The following guide should cover all of the details of race day, but don't hesitate to contact us at info@evlhalf.com with any questions.

SCHEDULE FOR SATURDAY, OCTOBER 21ST

- 8:00 11:00 am Bib Pickup Ellicottville Brewing Company 28 Monroe St.
- 10:00 am Kids Run 5 Monroe St.
- 10:00 10:45 am Costume Judging Start/Finish line 5 Monroe St. Sponsored by Holiday Valley Realty
- 11:00 am EVL Half Marathon Start 5 Monroe St.
- 11:15 am EVL 5k Start 5 Monroe St.
- 11:30 am 3:00 pm After race party with food and beer Ellicottville Brewing Company
- 12:30 pm EVL 5k Awards Ellicottville Brewing Company
- 2:15 pm Watson's Chocolate Costume Contest Awards Ellicottville Brewing Company
- 2:30 pm EVL Half Marathon Awards Ellicottville Brewing Company

BIB AND SHIRT PICK UP

Bib pickup for both the 1/2 marathon and 5k and pickup of shirts and 1/4 zips will be available at the following times and will take place in front of Ellicottville Brewing Company, 28 Monroe St., before the race start. If picking up another person's bib you will need a picture or copy of their ID. Please arrive early to avoid wait for bib/shirt pickup. To speed up bib check in please bring a copy of your confirmation with QR code. We will be sending out a reminder next week with your registration QR code.

- Half Marathon 8:00 to 10:45 am
- 5k 8:00 11:00 am

(Half marathon finishers: Show your medal at Watson's Chocolates in Ellicottville for FREE Sponge candy!)





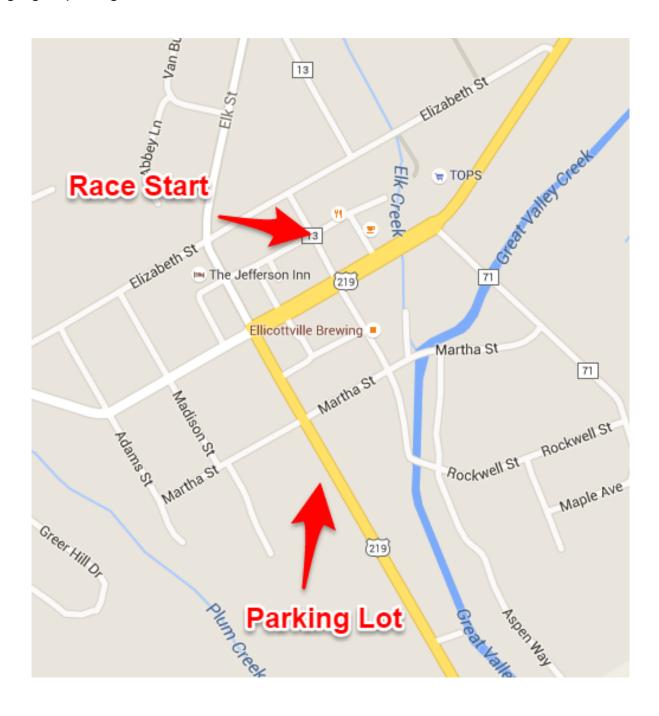
EVENT PARKING



PARKING

Parking is available at **55 Jefferson St.**, less than a 5-minute walk from the race start and registration. This lot is run by our local charity partners and there is a voluntary \$10 donation to cover insurance expense and to help raise funds for the organizations.

Free parking is available on the Village streets. Please pay attention to the no parking signs in the village as improperly parked vehicles will be ticketed. The following map of Ellicottville highlights parking areas as well as the race start/finish.











- + Native whey protein is proven to kickstart muscle recovery within 30 minutes of consuming
- + 1"drink ever to combine a balanced ratio of fast-absorbing **protein (17g)**, naturally-occurring **electrolytes (955mg)**, and essential **carbs (10g)**
- Always free from fillers, artificial ingredients, artificial sweeteners, gums, rBST, added colors, lactose, and gluten
- + Informed Sport certified to ensure every batch is free of banned substances and contaminants

Visit the UP2U tent at the EVL Halloween Half and 5k for free samples!

EXCLUSIVE DISCOUNT

Get 15% off drinks and powder on Amazon with code **UP2UEVENT**

FTER PARTY AT ELLICOTTVILLE BREWING

Join us for an after race party at Ellicottville Brewing Company! Recovery food will be served inside EBC and we will buy your first beer. Look for food and beer tickets in your race bib envelope. Stay for the awards and a super fun DJ!

RESULTS AND AWARDS

Awards Male and Female: Half Marathon

- Overall Winner
- 19 & Under
- 20-24
- 25-29
- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65-69
- 70 & Over









Awards Male and Female: 5K

- Overall Winner
- 10 & Under
- 11-14
- 15-19
- · 20-24
- 25-29
- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65-69
- 70 & Over

Score-This!!! will be timing our events and results will be posted on the website during race day at the following link: www.evlhalf.com/race-info/results/. Awards cannot be mailed; category winners must attend the awards ceremony.

COSTUME CONTEST

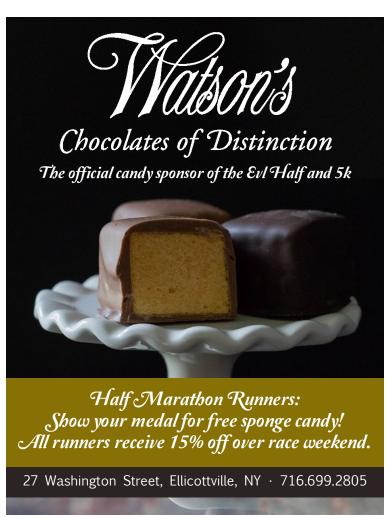
SPONSORED BY WATSON'S CHOCOLATES

Costume judging will take place from 10:00 to 10:45 am at the start/finish line. Look for the signs and our esteemed panel of judges. Costume contest winners will receive a Watson's Chocolate gift basket.

CATEGORIES

- Best Group two or more people
- Best Individual
- Funniest
- Scariest
- Most Girly
- Best Kid
- Best in Show











WATER STATIONS

- 5k Available at 1 mi and 2 mi
- 1/2 Marathon Water and Gatorade sports drink will be available at 1, 3.5, 5, 6.5, 8.5, 9.5, and 12 miles. Gels available at 3.5, 8.5, and 9.5 miles.
- Porta Potties will be available at 3.5, 6.5, 8.5, 9.5, and 12 mile water stations.

HALF MARATHON PACE GROUPS

2:10

2:15

2:30

2.40

0 2:20

o 2:25

We will have pace groups to help you reach your goal time. Here are pacer o 1:30 times we expect to have for the event. o 1:45 Please look for the pacers in the start o 1:50 corral holding signs with pace time. o 2:00 o 2:05

KIDS RUN

The EVL Half Kids race is in partnership with Ellicottville Central School's Caring Closet, and a portion of the proceeds will be donated to this charitable organization. The ECS Caring Closet is a student-driven initiative that provides clothing, toiletries, and hygiene products to ECS students. Members of this club will actively participate in the event and cheer on all the athletes. If you'd like to contribute clothing donations on the day of the event, please bring them to the Kids race registration area. They gladly accept clothing in sizes ranging from age 4 to adult. Kindly ensure that the apparel is clean, and do not include undergarments. Your support for this enjoyable and meaningful event is greatly appreciated!

RACE DAY PHOTOS

We have partnered with T Wellott Photography for on course and finish line photos. They will have photographers stationed out on the 1/2 marathon and 5k courses as well as the finish to capture race day photos. Photos will be available shortly after the race.



EVENT MERCHANDISE

Be sure to check out the expanded selection of EVL Halloween Half & 5K merchandise for sale at packet pickup and after the race. Cool items like Craft running apparel and more make great holiday gifts! Be sure to bring your wallets!





Runner's Roost

Supporting the WNY running and walking community since 1978.

10% OFF

Any Runner's Roost Regular Priced Purchase over \$60

Instore Only. Excludes UGG, Birkenstock, Sales Items, Previous Sales and other Exclusions may apply.

See store for details.

Orchard Park 4190 North Buffalo Road, Orchard Park, NY 14127 716 662 1331

East Amherst

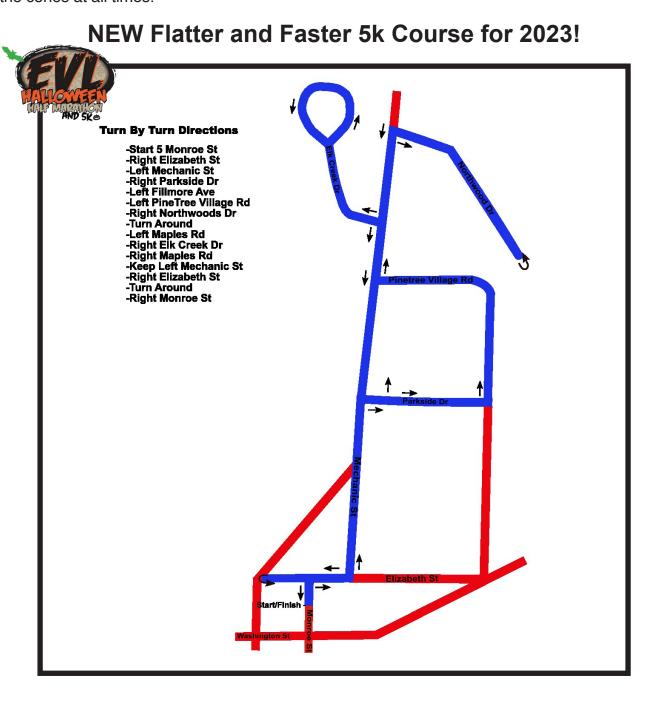
5841 Transit Road East Amherst, New York 14051 716 639 7231

therunnersroost.com

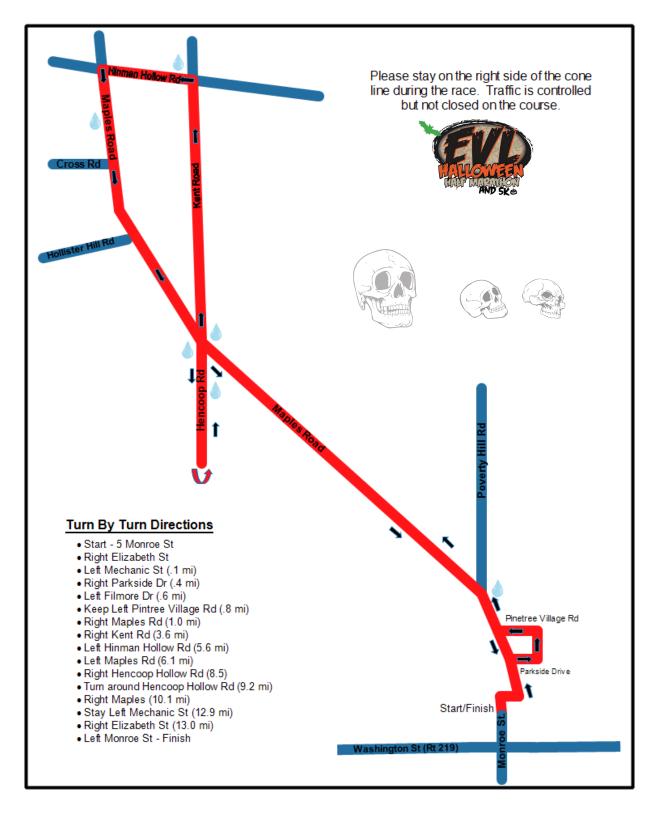


COURSES

- The course will be open for 3:15. After 3:15, runners still on the course will be allowed to finish but there will be no course support available, so plan your hydration accordingly.
- Both the 5k and 1/2 marathon courses will use the same start/finish line, with the 1/2 marathon starting at 11:00 am and the 5k at 11:15 am.
- Please stay on the **RIGHT** hand side of the road, running with traffic. Vehicle traffic is controlled on the running courses, not closed in all sections.
- Runners will have a lane defined by traffic cones for both courses, please stay to the right of the cones at all times.



EVL Halloween Half Marathon Course



SPONSORS

We could not run the event without the tremendous support of our sponsors:



































