

Title Sponsor
Dow Corning
Health Industries
Materials Site
& Apple Mountain



& 7 Mile Run

July 9, 2016

Race Start: 7 Mi - 7:30am

5K - 8:00am

Pre-register by: June 24th

Proceeds will benefit the
continued improvement &
maintenance of the
Thomas Township Trail

Race Timing by:
Michigan Running
Foundation Inc.

- * Awards for first and second place in each division (male & female).
- * Packets (T-shirt, bib) will be distributed race day beginning at 6:45 a.m.
- * Divisions as follows; (<10) (11-15) (16-19) (20-29) (30-39) (40-49)
(50-59) (60-over).

Name

Address

State/Zip

Phone

Age on race day

Email

Please circle:

Circle One:

Male / Female

☐

5K Race: Runner / Walker

☐

7Mile Race (runners only)

Signature

Date

Signature of parent/guardian if under 18 yrs of age

Date

Phone: 989-781-0151

Fax: 989-781-0290

Email:

park2@thomastwp.org



Shirt: please circle

Youth - Small Medium Large

Adult - Small Medium Large Xlarge

Other: _____

Entry fees:

- \$25.00 for pre-registered runners
- Add \$2.00 for XXL Shirt
- \$30.00 for same day registration

**Make checks payable to &
mail form to:**

**Thomas Township Parks
249 North Miller Road
Saginaw, MI 48609**

EVENT DISCLAIMER: Please review the following waiver and disclaimer. **By adding your signature, you accept this waiver and disclaimer.**
Waiver and Release: By participating in this Event, I do so at my own risk. I assume all risk of injury, illness, damage or loss to me or my property that might result, including without limitation, any loss or theft of personal property. I consent to medical treatment in the event of injury, accident and/or illness during the Event. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to release and discharge the organizers of this event, its principals, its officers & directors, its employees, all sponsors and their representatives and employees from any and all claims or causes of action (known or unknown) arising out of their negligence. I acknowledge that I have carefully read this 'Waiver and Release' and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against any and all Event sponsors for their negligence. I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video or print media reporting or advertising of the Event without compensation.