



South Harrison's 4th Annual 5k Run & 1 Mile Walk/Run



.....to benefit the South Harrison Elementary Home and School Association
and Playground Fund!!!

Saturday, March 29th 8:30 a.m. race start

7:30 a.m. Registration and Check-In

South Harrison Elementary School

904 Mullica Hill Road, Harrisonville, NJ

Sponsors: South Harrison Elementary Home & School,
South Harrison Education Association
and TNT Event Management

*Stay for crafts,
snacks and
fun
after the race.*

REGISTRATION INFORMATION

- \$20 pre-registration for all 5K entries received by March 19th receive a race shirt.
- \$20 race day registration for 5K without race shirt.
- \$15 pre-register for 5K for current South Harrison students and staff entries received before March 6th receive a race shirt (individual)
- \$15 1 Miler walk entries received by March 19th receive a race shirt (individual)
- \$40 for a family of 4 pre-registration for 1 Miler Fun Walk/5k received by March 19th. (\$5 for each additional family member). Race day registration for the Family 1 Miler Fun Walk is the same price without race shirt.

AMENITIES

- Race shirts for all participants who register by March 19th
- Post-Race Refreshments, Awards Ceremony, Giveaways
- 5K run-computerized timing and scoring of event, receive immediate results after the race
- 5K Prizes for top male and female overall finisher and top 3 male and female age group finishers
- Recognition for families completing the 5K

Three Ways to Pre-Register by March 19, 2014

1. Online at www.TNTEventManagement.com
2. Send form(s) on reverse with payment into school with your child in an envelope marked 5K/1 Miler
3. Mail completed form(s) on reverse with payment by March 19, 2014 to: H&S 5K/Walk c/o South Harrison Elementary School, 904 Mullica Hill Road, Harrisonville, NJ 08039

Checks payable to: South Harrison Home and School

Preregistration rates will be accepted through March 19th.

After March 19th, participants will be able to register on race day starting at 7:30 am

Registration Form on reverse, keep top portion of this flyer for your information

Registration for the 5K and 1 Miler due Wednesday March 19th to receive a race shirt.

After Wednesday, register in person on March 29th at 7:30am
at South Harrison Elementary School

5K course- 3.1 miles. Leave school, left onto Mullica Hill Road, right onto Monroeville Rd., right onto Ferrell, right onto Mullica Hill Road back to school. Closed course (roads will be closed).

Family Fun 1 Miler-A one mile course that families can walk, run, jog, skip, crawl or hop together. It is not a competition and there is no time requirement or expectation. It is a great opportunity to participate in the event, spend time with family and friends, and maybe even sneak in a little exercise while supporting a great cause. Course: left out of parking lot at school to flashing light at Monroeville and return to school. Closed course (roads will be closed during race).

Thank you for supporting South Harrison Home and School!



South Harrison 5K/1 Miler Release Form

In consideration of accepting this entry, I, the undersigned, assume full responsibility for any injury or accident which may occur during the event or while I am on the premises of the event. I hereby release and hold harmless the South Harrison Home and School Organization and all other contributing organizations, sponsors and race supervisory personnel. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, recordings, and record of this event.

Shirt Sizes: Youth-S Youth-M Youth-L Adult-S Adult-M Adult-L Adult-XL Adult-XXL

Individual Registration

Name _____ Gender _____ Age on race day (needed for prizes) _____

Address _____

City _____ State _____ Zip _____

EVENT (circle one): 5k 1 Miler (individual)

X _____

Signature of adults (or parent if under 18)

Email Address _____

Family Registration

		Accept or		
		Decline shirt	Please Circle 1	
Family member name _____	Age _____	Shirt yes/no	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt yes/no	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt yes/no	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt yes/no	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt yes/no	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt yes/no	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt yes/no	Shirt size _____	5K or 1 miler

Family Address _____ Email _____

_____ Phone _____

Signature of all participating adults/parents stating you have read the above release (mandatory):

X _____