



## OFFICIAL ENTRY FORM

Send completed & signed form with fee to:

Holy Spirit Catholic Church

2399 Holder Road, Mims, FL 32754

Make checks payable to: Holy Spirit Catholic Church.

Or register online at: <http://runsignup.com/catchthespirit5k>

## CATCH THE SPIRIT 5K CHARITY RUN/WALK Saturday, April 21, 2018

**Location:** Chain of Lakes Park, 2300 Truman Scarborough Way  
Titusville, FL 32796

**Start Time:** 8 AM **Check-in:** 7-7:45 AM

This is a chip-timed event. There will be one (1) Water Station along the course, and one at the start/finish of the race. Service animals only.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Gender: M / F Age on Day of Race: \_\_\_\_\_

Emergency Contact Name & Phone: \_\_\_\_\_

**FEES & CATEGORIES** (Entry fees are non-refundable and non-transferable.) Please check the appropriate entry box(es).

### Adults Age 18 to 64

### AMOUNT

Early Registration until Feb. 15, 2018

Registration Feb. 16 to April 3

Late Registration, April 4 to Race Day

\$28.00

\$35.00

\$

\$

### Children 17 & under AND Seniors 65 & over = C/S

C/S Early Registration until Feb. 15

C/S Registration Feb. 16 to April 3

C/S Late Registration April 4 to Race Day

\$25.00

\$30.00

\$

\$

**Total**..... \$

**Adult Shirt Size:** XS " S " M " L " XL " XXL "

**Youth Shirt Size:** Youth Small " Youth Medium "

For Youth Large Order Adult Extra Small. Check the appropriate box(es).

### Shirts guaranteed to pre-registered participants only.

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED  
In consideration of my entry being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, officials, volunteers, and supporters of this race and any representatives, successors, or assigns for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in this race. If I should suffer injury or illness I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility for this action. I have had tests, verify that I am physically fit, and have my physician's permission to participate in this race, Catch the Spirit 5K Run/Walk. I hereby grant for permission to any and all of the foregoing to use any photographs, emails, video tapes, or other recording of this event for any purpose of the event whatsoever. I have read the above release and understand it presents a risk of physical injury, knowing this I am entering this event at my own risk.

Signature of Release

Date

Guardian (if under 18)

Date



## CATCH THE SPIRIT 5K CHARITY RUN/WALK Saturday, April 21, 2018

Chain of Lakes Park

2300 Truman Scarborough Way, Titusville, FL 32796

### AWARDS

CATCH THE SPIRIT finisher medal to all registered participants

Top 3 Overall male and female, of any age

Top Master male and female, age 40+

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Place males & females in these age groups:

9 & under 10-14 15-19 20-24

25-29 30-34 35-39 40-44

45-49 50-54 55-59 60-64

65-69 70+

Shirts guaranteed to pre-registered participants only.

### EARLY PACKET PICKUP, Friday, April 20

Early packet pickup is encouraged on **Friday, April 20, 10am to 7pm** at Holy Spirit Church Office, 2399 Holder Road, Mims, FL 32754. If you wish, enjoy a complimentary 30-minute Stretch Class provided by Jazzercise Mims at 10am, 12pm, 2pm, 4pm, & 6pm.

### RACE DAY SCHEDULE, Saturday, April 21

**7:00-7:45 a.m. Registration & Pre-registered Packet Pick-up**

**7:25-7:40 15-minute pre-race stretch with Jazzercise Mims**

**7:40-7:59 Opening Ceremony**

**8:00 a.m. Race Starts**

**9:30 a.m. Awards Ceremony**

### COURSE

This is a chip-timed event. There will be one Water Stations along the course. The course will start & finish near the pavilion just south of the Truman Scarborough Way entrance of the Chain of Lakes Park. The course will run on the asphalt trails around the Chain of Lakes with a quarter mile section on a well-maintained grass trail. Stunningly beautiful yet utilitarian, the park is 92 acres of wetlands, lakes, & sports venues. The home of ospreys, gulls & other waterfowl, this "working park" features walking trails, bird watching tower & connected lakes, as well as eight lighted soccer fields and three youth and four adult lighted softball fields, plus concessions & new indoor restrooms. Service animals only.

### PARKING

Parking is close to the finish line area. Please park in the open dirt parking lot just a few yards from the pavilion. DO NOT park in the soccer parking lots.

### PROCEEDS

Proceeds benefit the community through many HSCC programs/projects including Food Pantry, School Supply backpacks, Blessing Bags for the Homeless, Utility Bill assistance, Fall Festival, Thanksgiving Baskets, Angel Tree, Life Teen, EDGE, Easter Baskets, Family Game Night, Ministry to the Sick, Mims Christmas parade, Attic Thrift shop, and other non-profit programs/projects that benefit our local community. Holy Spirit Catholic Church is a 501(c)(3) non-profit charity.

Questions? Email: [bulletin@holyspiritmims.com](mailto:bulletin@holyspiritmims.com)

Call: (321) 269-2282 2282 (Mon-Fri 10am-4pm)

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ASSOCIATES PA

Casey Crouch, AAMS  
(321) 264-4433  
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