

NOVEMBER 7th, 2020

Highlands Ranch, CO

IMPORTANT RACE INFORMATION

Please read through this document carefully!

COVID-19 Guidelines

In an effort to eliminate crowds, we ask that everyone abide by the below guidelines to keep our staff and our community safe and healthy and allow the races to continue to run in-person and as scheduled. We thank you for your help and participation as we navigate these times!

- Wave/staggered assigned start times*
- Staff & Volunteers will be in masks. Racers are required to wear one before and after the race.*
- No water coolers. Please bring sufficient amounts of water. Only bottled water will be available.*
- No on-site registration. Only packet pick up will be available race morning.*
- No print results and on-site awards. Results will be live online, during and immediately following the race. Awards will be shipped out the following week.*
- Racers are encouraged to limit their time onsite before and after the race.*
- There will be no beer or pancakes this year.*
- Please adhere to social distancing guidelines.*
- If you have any symptoms of Covid-19 or were in contact with someone who tested positive in the last 14 days, we encourage you to stay home.*

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Thursday, November 5th, 2020: Early Packet Pickup

Eastridge Recreation Center

9568 S. University Blvd, Highlands Ranch, CO 80126

2:00-6:00 p.m.

Saturday, November 7th, 2020: Race Day

Rocky Heights Middle School

11033 Monarch Blvd, Lone Tree, CO 80124

Start Line: Follow dirt trail on south side of middle school parking lot to reach start/finish line.

Packet Pickup: Begins at 8:00 a.m. on race morning. Will be available until 9:40 a.m.

Race Start Times:

Wave Start: To avoid congestion and maintain social distance, there will be a 40 minute start window. The official start will be at 9:00 a.m. and all racers will have 40 minutes to start the race. As soon as you are ready to start the race, cross the start line at your convenience. Please do not hangout in groups at the start/finish line. Below are the general times for the corral start windows. A colored sticker will be placed on your bib at packet pickup as a reminder. It is no issue at all if you miss your start window. *Example: someone with a 7:00 min or under mile misses Corral #1 window, they can start the race any time up until 9:40 a.m.*

- Corral #1- 7:00 min mile or under (9:00 am-9:09 am)
- Corral #2- 7:01-8:00 min mile (9:10 am- 9:19 am)
- Corral #3- 8:01- 9:00 min mile (9:20 am- 9:29 am)
- Corral #4- 9:01-10:00 min mile (9:30 am- 9:39 am)
- Corral #5- 10:01 + min mile (9:40 a.m.)

The race is chip timed so your time only starts when you cross the starting line mat. Gun time does not affect your overall time.

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COURSE INFO

The Backcountry Wilderness Half Marathon course has spectacular views! The course is a single loop which is 100% on dirt/gravel/single track. The course will be completed counter clockwise. Runners will have the potential to view wildlife along the way as well as a soak in the amazing mountain views. The first ~2 miles will only be open on race day.

Aid Stations will be available at the following miles. However, it is recommended you bring sufficient amounts of water as well.

#1- Mile 2.5	Bottled Water
#2- Mile 4.5	Bottled Water, Food (Pre- Packaged)
#3- Mile 7.75	Bottled Water, Food (Pre-Packaged)
#4- Mile 11.25	Bottled Water

In the case of an emergency medical teams from Douglas County Search and Rescue will be available at the following locations:

Start/Finish Line
Mile 2.5
Mile 4.5
Mile 5.5
Mile 6.5
Mile 7.75
Mile 8.75
Mile 10.5

Map My Run Course Map ID= 1740016427

Strava Course Map ID= 17158230

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Athlete Tracking

This race is offering free athlete tracking and progress alerts on race day through RaceJoy! Make sure you download the RaceJoy mobile app for live phone tracking.

Carry your phone and use RaceJoy to add to your race experience with these key features:

GPS Progress Alerts

- Receive GPS-based progress alerts at mile points on the course for current pace and estimated finish time.
- Post to your Facebook and Twitter walls.
- Have friends and family track your performance.

Live GPS Tracking

Supporting spectators can track your blue dot moving along the course from home or at the race site.

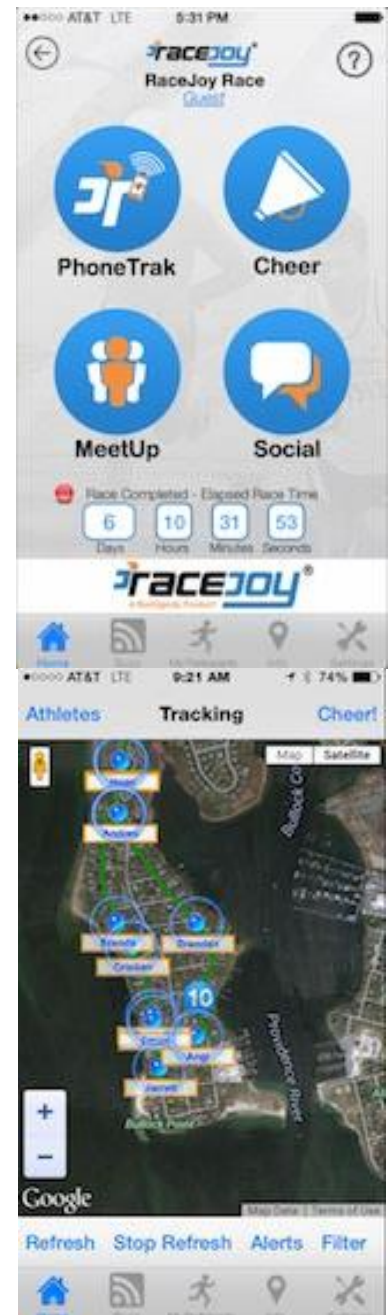
- NearMe proximity alerts notify spectators when you are drawing near.
- Find each other using RaceJoy's MeetUp tool.

Send-a-Cheer

- Receive fun, motivational audio cheers from your supporting fans.
- Start sending cheers to others doing the race at any time.

Note:

- Participant must carry phone- No official race timing information is provided for this race in RaceJoy. All official timing will be done by Colorado Race Timing.



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Race Timing

All official race timing will be timed by **Colorado Race Timing**. This race will use chip based technology to ensure times are most accurate. The chip will be located on the back of your bib and automatically record your start time once you cross the starting mat and cross the finish line mat. Bibs must be worn in order to have times recorded.

Live finish line results will be available online on the RunSignUp Backcountry Wilderness race page. This is the same page you used to register for the race.

Awards

Overall top 3 Male & Female winners will receive an award along with a cash prize. The cash purse will be awarded in the following amounts:

1. \$400
2. \$200
3. \$100

Age group awards will be given to the top 3 Male & Female winners in the following age groups:

- Masters
- 19 & Under
- 20-29
- 30-39
- 40-49
- 50-59
- 60+

All awards will be mailed out the following week.



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Finish Line

Once you complete the race, all racers will receive their finisher medal.

Parking

Parking will be available in the Rocky Heights Middle School and Rock Canyon High School parking lots. Follow dirt path on south side of middle school parking lot to reach start/finish line and registration.

Restrooms

Restrooms will be available in the Rocky Heights Middle School dirt parking lot on the south side of the school as well as on course.

Virtual Race Information

If you have registered for the Virtual option please follow the below links on instructions on how to download and print your Virtual Bib and how to submit your Virtual Results.

[How to Download Bib Instructions](#)

[Submitting Virtual Results Instructions](#)

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Thank You 2020 Sponsors!

