



SATURDAY DECEMBER 7, 2019
START TIME: 10:00 AM

LOCATION:

Lansing Old Town

Turner Street & Cesar E. Chavez

COURSE:

Through Old Town and the Lansing River Trail.
Accurate 5k.

AGE GROUPS:

13 & under, 14-19, 20-24, 25-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70
& over

ENTRY FEE:

\$20 by Oct. 1

\$25 by Dec. 1

\$30 by Dec. 7

AWARDS:

Medals to top 3 in each age group per gender
(run event only).

REGISTRATION:

mail to or drop off at

1232 Turner Street

Lansing, MI 48906

Make check payable to OTCA

PACKET PICK UP

Day of event only, starting at 8 AM at Sir Pizza
Cafe in Old Town

INFORMATION

Colleen Curran

curranc3@gmail.com

PROCEEDS BENEFITING THE OLD TOWN COMMERCIAL ASSOCIATION

Last Name

First Name

Home phone

Gender: M F

Age on Race Day: _____

Email: _____

Waiver: By submitting this entry, I, the participant, hereby waive or release any and all right and claims for damages or injuries that I may have against the City of Lansing, and all of their agents, and any race management organization assisting with the event, sponsors and their representatives and employees for any and all injuries to me or my personal property. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

Participant's Signature

Guardian Signature if under 18

Date signed