

## **BeWell at ECHRS 5K RUN/WALK**

**Saturday, July 25, 2020** 8:00 am

1027 Healthcare DR Charlotte, MI 48813

https://runsignup.com/Race/MI/Charlotte/ BeWellatECHRS5K

#### **Awards**

Overall male and female finishers in the 5K run will receive a Renew Massage Therapy gift certificate and \$25 Playmakers gift card. The top finishers from each age group will receive a 1st place medal.

All participants will be eligible to win a 1-hour Renew massage therapy gift certificate. All participants will also receive: T-Shirt with registrations made by July 17th, car magnet, participation medal and refreshments.

**Packet Pickup and Registration** Wellness 101 Outpatient Therapy Gym

1027 Healthcare Drive Charlotte, MI 48813

Fri. July 24th from 4:00 am - 5:30 pm Sat. July 25th from 6:00 am - 7:30 am

**DON'T FORGET TO SHARE YOUR RACE** DAY PHOTOS ON OUR FACEBOOK:

www.facebook.com/ECHRShealth

### **EATON COUNTY HEALTH & REHABILITATION SERVICES** REGISTRATION FORM

BeWell at ECHRS 5K | July 25, 2020 | 8:00 am

Full Name: Address:						
Email:						
Age:	Gender:	MF	Birth D	ate:	_/	/
Phone:	Coupon Code:					
Shirt Size:	□S [	⊐M		$\square$ XL	□ 2X	□ 3X
	peck Event You Are Registering For: Ublic Registration:  5K RUN (Prices increase to \$25, Thursday, July 18 at 11:59 pm)  5K WALK (Prices increase to \$20, Thursday, July 18 at 11:59 pm)  5K FAMILY (3-5 members)  (Prices increase to \$60, Thursday, July 18 at 11:59 pm)  5K RUN (Complete separate form for each member)  Team Name:  5K WALK (Complete separate form for each member)  Team Name:					
☐ FREE	KIDS 5K (5 & Under - No bib or t-shirt available)					
Eaton Cour \$10 \$7.50		(Prices in	crease to \$15	5, Thursday, Ji		
Checks can Wellness 10						)
Contact Dorlah Kraft-Guilfoyle with questions or concerns at						

Wellness101@ECHRShealth.org

Special Note: All proceeds will be forwarded to a special fund with the Healing & Healthcare Foundation to purchase a Saebo Virtual Reality System. This rehabilitation system will provide patients with a virtual reallife system that challenges the clients endurance, speed, range of motion. coordination timing and cognition.

# MICHIGAN FOUNDATION

### Waiver and Release

In consideration of your accepting this entry form, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims for damages I may have against ECHRS, the sponsors of the event, its agents, representatives, successors and assigns for any and all injuries suffered by me at said Run, or which may rise out of traveling to and participating in and returning from these events. I acknowledge that registration is only a license to participate in the event. There is no guarantee as to quality or any element of the scheduled event, that the scheduled event may be cancelled, shortened or altered due to weather, other acts of God, terrorism, or for any other reasons within or not within the control of ECHRS in whole or in part, and there are no refunds for any reason whatsoever, and I understand that these terms are a condition of the entry fee and I agree to register subject to these terms. I also authorize the ECHRS to utilize any photographs, personal narrative, interviews, or audio and video recording of my participation in any BeWELL at ECHRS event for any and all purposes.