



The Deacon Chuck Dietsch Memorial 5K Run for Haiti

Saturday, May 18, 2019 at 8:30 A.M.

8:00 AM: Kid's Fun Run starts (Ages 12 & under)

8:30 AM: 5K Run & Walk starts

Start & Finish at

Sacred Heart Church, 910 Main Street South, Southbury, CT

\$25 Pre-Registered by 5/14/19 (pre-registration closes at midnight)

\$30 On Race Day – (Same day registrations allowed until 8:20AM day of race)

\$20 Walkers

\$10 Kid's Fun Run (12 & under)

Registration fee waived with a minimum of \$100 raised in pledges

FREE Tech T-SHIRTS GUARANTEED TO THOSE REGISTERED BY APRIL 18, 2019

Online Registration closes @ midnight on 5/14/2019.

Mail in forms must be postmarked by Monday, May 13, 2019 to be considered as Pre-Registered.

Race day registration & race packet pickup 7:00 AM- 8:20 AM

Awards for the Overall Male & Female 5K finisher & top 3 runners of each division

Award ceremony & post race refreshments for all participants

REGISTER ONLINE! Get race info & register online @ www.seedsofhopehaiti.org

MAKE CHECKS PAYABLE TO: **SEEDS OF HOPE FOR HAITI, INC.** with "Deacon Chuck Dietsch Memorial 5K" on memo line

Mail to: Seeds of Hope for Haiti, Inc., ATTN: DCDM5K P.O. Box 284, Southbury, CT 06488.

LAST NAME _____ FIRST NAME: _____ **MALE** ___ **FEMALE** ___

DATE OF BIRTH: _____ AGE ON RACE DAY: _____ T-SHIRTS ARE Tech/Performance T's (Women's Cut avail)

Indicate **Women's** or **Men's** Size Sm/Med/Lg/XL/2X or **Youth** sizes S/M/L: _____

Street Address: _____ Phone No: _____

City, State, Zip Code _____ EMAIL: _____

(By providing email address I consent to receiving emails)

***PLEASE CHECK HERE:** Runner: ___ Walker: ___ KID's Fun Run ___

I know that running/walking in a race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other runners/walkers, effects of weather, traffic and the conditions of the road. Having read this waiver and knowing these facts and in consideration of acceptance of this application, I for myself and anyone entitled to act on my behalf, waive and release race organizers, the town of Southbury, Southbury Land Trust, Sacred Heart Church, Seeds of Hope for Haiti, Inc., and all sponsors/directors/members, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, recordings or any other record of this event for any legitimate purpose.

MUST PROVIDE SIGNATURE (and if under 18, parent or legal guardian must sign)

Date