

THE DOVER RENAISSANCE 5K RUN-THE 27TH RUNNING

SATURDAY, AUGUST 10TH, 2019-9:00 AM

USATF-NJ GRAND PRIX 500-POINT EVENT

PLENTY OF AGE GROUP AWARDS!



PLEASE PATRONIZE OUR GENEROUS SPONSORS!

Sacks Paint and Wallpaper

52 N. Sussex St.
Dover, NJ 07801

STIK

G. SPERRY & SONS
Memorabilia & Antiques Lettering
379.296.4166



START/FINISH/PARKING-PLEASE READ

The race/walk starts at the corner of Blackwell and Prospect streets in Dover (Morris County), New Jersey in front of the Casa Di Puerto Rico Club. Plenty of parking is available in the Prospect Street Parking Lot or on the side streets off of Blackwell street if you arrive before 8:20 AM. DO NOT PARK IN THE CASA DI PUERTO RICO LOT OR ON BLACKWELL STREET BY THE RACE START OR YOUR CAR WILL BE TICKETED.

If you plan on arriving after 8:30, it is suggested you come into Dover from Rt. 46 (McFarland Street) and set your GPS to Richards Avenue and Bergen Street in Dover to park and jog to the start.

SCORING/TIMING: CompuScore-download an application-www.compuscore.com
**On Line Registration at Compuscore.com UNTIL MIDNIGHT
8/8/19 BRING RECEIPT TO RACE**

RUN ENTRY FEES: \$25.00 mail pre-entry by **8/3/19** . Short Sleeve-Wick T Guaranteed
\$22.00 mail-pre-entry-USA TF-NJ-Short Sleeve-Wick T Guaranteed
\$20.00 mail-pre-entry-join Dover Ren Short Sleeve-Wick T Guaranteed
\$30.00 post-entry after **8/3/19** & race day-SHIRTS UNTIL GONE

CHECKS: Payable to Dover Renaissance, Inc. Proceeds to benefit Dover Improvement Projects

MAIL TO: Peter & Laura Lee- Race Directors. 128 West Hanover Ave, Randolph, NJ 07869
Call for additional information-(973) 895-9607 or E-mail Geezer14@gmail.com

FACEBOOK: <https://www.facebook.com/racedirector Dover Renaissance 5k/>

DIRECTIONS-From Route 80 West/East (Take Rockaway Mall Exit). Go South on Mt. Hope Avenue for approximately 1 to 2 miles across Route 46 (McFarland St.). Look for a gas station on your left before Route 46. Registration is at the CASA DI PUERTO RICO ON BLACKWELL STREET. PARK IN THE PROSPECT LOT UP TO THE LEFT.

From Route 287 North/South to Route 10 for approximately 5 to 6 miles.

Once you pass the Honda Dealer, make your first right on to South Salem Street. You will go past K-Mart and a Shell Station. At the third traffic light down the hill, make a left on to Blackwell Street. Go ¼ of a mile to the registration area. PARK IN THE PROSPECT LOT UP TO THE LEFT.

ORIGINAL COURSE- The original course is back. The course is out and back with one early steep hill and then mostly flat and fast down Blackwell Street into and through Salem Village. Certified and Sanctioned by USA Track & Field

Pre-registration packet pick-up available from August 6th through August 9th and in-person registration available anytime through August 9th



(973) 361-9100

**Morris County's
Specialty Running Store**

All packets must be picked up by 8:45AM of race day at race registration. Your entry fee entitles you to registration, refreshments, race packet, and eligibility for prizes donated by local merchants at the post race raffle.

AWARD CATEGORIES-Overall Best Time-1st, 2nd, and 3rd place Male & Female

Dover Residents Best Time: 1st, 2nd, and 3rd place Male & Female (supersedes Age Group)

**Age Group (based on previous years' participation). No duplicate awards except teams.
3 deep unless noted.**

MALE

FEMALE

14 and Under 55-59
15-19 60-64
20-29 65-69
30-39 70-74
40-44 75-79
45-49 80-84
50-54 85+

14 and Under 55-59
15-19 60-64
20-29 65-69
30-39 70-74
40-44 75-79
45-49 80-84
50-54 85+

TEAM COMPETITION (any amount per team-only top 3 score)

Open Team Male and Female: 1st and 2nd place

Masters Team Male: 1st and 2nd place

Masters Team Female: 1st place

Coed Open: 1st, 2nd, and 3rd place (1 Female must score)

**TEAMS MUST BE PRE-ENTERED BY 8/4/19 YOU MAY RUN ON ONLY ONE TEAM.
NO RACE DAY TEAM ENTRIES OR CHANGES! NO EXCEPTIONS!**

Last Name _____ First Name _____

Street _____ City _____

State _____ Zip _____

Daytime Phone _____ E-Mail _____

Date of Birth _____ Age _____ Sex _____

Shirt Size _____ (M-L-XL only) 2019 USATF-NJ# _____

Team (if applicable) _____ Division _____ (Open, Masters, Coed)

_____ ENTER ME IN THE 5K RUN. ENCLOSED IS MY CHECK FOR \$25.00 PRE-ENTRY
(DEDUCT \$3.00 FOR USATF-NJ

_____ I CANNOT RUN. PLEASE ACCEPT MY TAX-DEDUCTABLE CONTRIBUTION.

In consideration of your accepting this entry, I the undersigned, intending to be legally bound for myself, executors, and administrators, waive any and all rights and claims for damages and injury I may have against Dover Renaissance, Inc., and any and all sponsors and their agents, representatives, successors and assigns and all other persons or entities involved in the promotion and staging of this Aug 10th 5K race for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a footrace or walker entrant, that I am physically fit and have trained sufficiently for the competition of this event and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event or legitimate purpose.

Signature _____ Date _____

Parent or Guardian Consent (if under 18) _____

PRINT CLEARLY!