



## Saturday, October 28, 2023

8:30 a.m. 1/2 Mile Fun Run | 9:00 a.m. 5k Road Race

St. Mark's Cathedral School (2785 Fairfield Ave., Shreveport, LA 71104)

**Registration:** Early registration through September 13 is \$25 (\$20 each for families of 4 or more).  
Registration from September 14–October 27 is \$30.  
Race day registration is \$35.

Register online at [www.sportspectrumusa.com](http://www.sportspectrumusa.com) (credit card only) or in-person at Sportspectrum (6970 Fern Ave., 71105) to pay with cash, check, or credit card.

**Sideline Supporter:** Not able to run but still want to show your support? Sign up as a Sideline Supporter! You still get a Paw Print Sprint race shirt – you just don't have to break a sweat to get it!

**REGISTER EARLY!** Every participant registered by **Thursday, October 12** will receive a Paw Print Sprint shirt. Shirts are not guaranteed to registrants who sign up after Thursday, October 12.

### Shirt & Race Packet Pick-Up:

Wednesday, October 25, 3:00–5:00 p.m. at St. Mark's Cathedral Ministry Center (908 Rutherford St., 71104)

Thursday, October 26 & Friday, October 27, 10:00 a.m.–6:00 p.m. at Sportspectrum (6970 Fern Ave., 71105)

Race Day: Saturday, October 28, 7:00 a.m. at St. Mark's Cathedral School (2785 Fairfield Ave., 71104)

**Awards:** Overall male and female finishers in the 5k will win \$100 cash. Second place male and female finishers will win \$50 cash. Additionally, first place male and female in the age groups below win an award.

**Age Groups:** 10–under, 11–15, 16–19, 20–29, 30–39, 40–49, 50–59, 60+

**Post-Party:** Be sure to stick around after the race for Trunk-or-Treat, food trucks, inflatables, music, race awards, and more! You won't want to miss this family fun event! Halloween costumes are encouraged!

**Special Note:** Strollers, wagons, baby joggers, and any hand-pushed or pulled vehicle will be allowed on the course, but at a walk-pace capacity only. Absolutely NO in-line skates, roller skates, or runners with baby strollers will be allowed on run course. This rule is an RRCA regulation! No dogs are allowed on the course.

**SIGN UP ONLINE at [www.sportspectrumusa.com](http://www.sportspectrumusa.com)**



### Waiver & Release

In consideration of my being admitted to enter "Paw Print Sprint", I, for myself, my heirs, and assigns, executors and administrators, do hereby forever release and discharge Sportspectrum, RRCA, Sportspectrum Race Management, St. Mark's Cathedral School their employees and agents, of and from any and all claims or demands for damages, injuries, or liability, in any manner arising out of participation in this event. I agree to indemnify and hold harmless the parties released above from any claims or demands for damages, for injuries or liability, in any way arising out of my participation in this event. I certify that I have prepared myself for this race and that I am in adequate physical condition to complete the event I have entered. I agree to follow all rules of this race and to permit myself be removed from the competition if in the opinion of Race Management that continuing would endanger my health.

### St. Mark's Paw Print Sprint Official Entry Form

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Birth Date \_\_\_/\_\_\_/\_\_\_ Circle: Male or Female Event: (please circle) Fun Run 5k Sideline Supporter

Shirt Size (circle) 3T 4T 5T YXS YS YM YL AS AM AL AXL AXXL (add \$2)

Optional Donation Amount: \_\_\_\_\_ St. Mark's Student Homeroom Teacher: \_\_\_\_\_

I understand and agree to all conditions of waiver. Signature \_\_\_\_\_

Parent/Guardian Signature for participant under 18 years old \_\_\_\_\_