

**SCENIC 5K
COURSE
THROUGH PJP
CAMPUS AND
SURROUNDING
COMMUNITY**

Come out Saturday, October 21st to a scenic 5K course located at the Pope John Paul High School campus in Royersford, PA. There are countless prizes and awards including a moon bounce and fun run for the kids!

The **Tierra L. Dobry (TLD) Foundation** is a 501c3 nonprofit organization started by her family and close friends and dedicated to the mission of promoting dental hygiene and cultivating community relationships. With proceeds driven from the Routes of Hope 5K run and 1 mile walk, the Foundation provides scholarship funding for deserving students pursuing an academic career in the field of dental hygiene. The Foundation also works in collaboration with local community outreach programs in order to provide dental health resources to those in need.

In the past five years, the foundation has provided over \$50,000 in scholarships and community programs promoting dental health.



Montgomery County
Community College
FOUNDATION, INC.

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Please consider making a donation to the **Tierra L. Dobry Foundation and Dental Hygiene Scholarship Fund.**

When you give to the TLD Foundation, 100% of your gift is fully Tax-Deductible.

Your support is greatly appreciated!

Donate online at:
ROUTES OF HOPE.COM

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**SATURDAY,
OCTOBER 21ST**
2017

**PJP HIGH SCHOOL
ROYERSFORD, PA
9AM START**

**SAVE THE DATE
AND REGISTER**

Proceeds of the Race Benefit
Dental Hygiene Scholarships
at Montgomery County
Community College.



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Community College
FOUNDATION, INC.



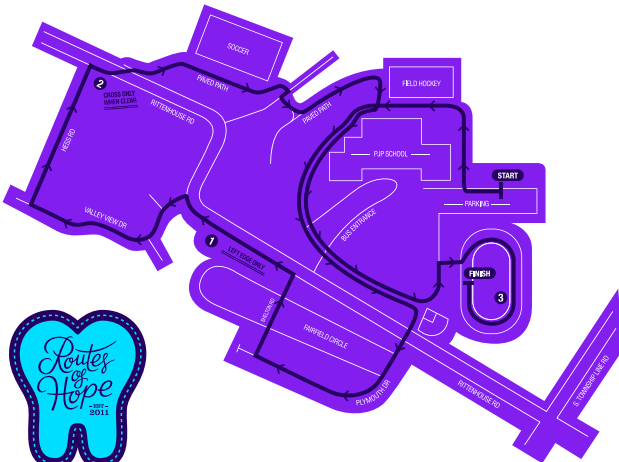
5K
Run/Walk

ROUTES OF HOPE.COM



ROUTES OF HOPE

Routes of Hope is an annual 5K Run/1 Mile Walk held at Pope John Paul High School, in memory of Tierra Dobry and organized by the Foundation which has been established in her name.



SATURDAY, OCTOBER 21ST



LOCATION

Pope John Paul II High School, 181 Rittenhouse Road, Royersford, PA 19468

BENEFITS

Proceeds from the race benefit the Tierra L. Dobry Foundation and supporting programs. Most notably, supporting the Tierra L. Dobry Scholarship fund at the Montgomery County Community College School of Dental Hygiene, Tierra's alma mater.

COURSE

5K, rolling hills. 1mile walk on all weather 8 lane track.

AMENITIES

Long sleeve T-shirt for all pre-registrants who sign up before **SEPTEMBER 26th**. Refreshments for all finishers, time clock at finish, door prizes and dental health goody bag.

AWARDS

Top Two Male and Female 5K finishers (no repeats); plus top two male and female in following age groups: 12 & under; 13-15; 16-18; 19-29; 30-39; 40-49; 50-59; 60+

ENTRY

\$25 postmarked by **OCTOBER 7th** - afterward, including day of race, \$30. Kid's ages 6-12, \$20 before **OCTOBER 7th** - afterward, including day of race, \$25. Children 5 & under FREE!

DIRECTIONS

From KoP: 422W, Royersford Exit to S.Township Line Road, turn RIGHT on Rittenhouse. From Pottstown: 422E, Royersford Exit, turn LEFT Township Line , turn RIGHT on Rittenhouse.

REGISTRATION

Register online at [routes of hope.com](http://routesofhope.com) OR mail in registration form. Race day registration opens at 8AM.

REGISTRATION FORM

Please fill out form and make check payable to:
Tierra L. Dobry Foundation

MAIL CHECK & FORM TO:

King of Prussia Dental Associates
Attn: Routes of Hope
491 Allendale Road,
Suite 306
King of Prussia, PA 19406

NAME
ADDRESS
CITY/STATE
EMAIL
PHONE
ROUTE: 5K, 1 Mile Walk, Kids Fun Run
SEX: M/F, Race Day Age
SHIRT SIZE: Kids M , Adult S , M , L , XL

WAIVER

* I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any and all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive release and discharge the Tierra Dobry Foundation and Pope John Paul II School & any subcontractors it utilizes, all municipalities in which the race is held, the race committee, officers and board members of the foundation, volunteers, and any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I further grant permission to all the foregoing groups to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose, without compensation. I HAVE READ & UNDERSTAND THIS WAIVER (if under 18, legal guardian must sign).

SIGNATURE / DATE

Register online at:
ROUTES OF HOPE.COM