



2017 Ethan's Heart Journey 5K & 1 Mile Fun Run/Walk~ Sunday, October 8th AWARDS CEREMONY, RAFFLES AND FAMILY FUN ACTIVITIES

~Pottstown Riverfront Park~ 140 College Drive Pottstown, PA 19464

5K Run begins at 8:30am Walk-up registration will begin at 7:30am

1 Mile Fun Run/Walk from 10am-11:30am following 5K Awards and Raffles

Funds raised benefit Ethan Schwartz & CADES where he attends school



Please join us for the 5th Annual Ethan's Heart Journey 5K and 1 Mile Fun Run/Walk on October 8th at Pottstown Riverfront Park with race timing services provided once again by Chester County Running Store. Come on out to run or walk, and to enjoy the family fun and raffles in a beautiful setting!

Ethan Schwartz is an amazing 7-year-old boy born with the same heart defect as Jimmy Kimmel's son Billy. Despite four separate heart surgeries, ranging from 8 days old to just over 2 years old, doctors were unable to repair Ethan's heart. Weeks after his 2nd Birthday Ethan suffered a cardiac arrest which led to a severe anoxic brain injury. Ethan is wheelchair bound with Spastic Quadraplegic Cerebral Palsy. Despite the incredible odds stacked against him, he has continued to surprise everyone with his strength and determination to live. Ethan brings so much joy to those he meets.

Everyone wants their child to have the opportunity to flourish and engage with their world. When your child is extremely medically fragile, and completely dependent on others for every task of daily life, the term "it takes a village" gains a whole new meaning. As Ethan grows, he requires new equipment to accommodate his needs and allow him to engage in the outside world. Because Ethan requires vigilant care 24/7, therapies to maximize his cognitive and physical abilities, frequent bloodwork, tests, doctor visits and often extensive hospital stays, there are many costs for his care not covered by medical insurance. The commute to school and everyday travel is a significant expense. And going anywhere on a family trip usually requires taking a nurse along. While medical insurance covers the nurses' salary, all of the costs for the nurses' travel, accommodations and living expenses have to be paid out of pocket when the nurse is working away from Ethan's home.

Ethan loves attending the CADES George Crothers Memorial School with his friends. It is worth the very long trip every day from Gilbertsville, as there are no other even remotely adequate programs available closer to home. The staff members are simply amazing. They believe in Ethan and his friends so much. It shows in everything that they do. It is easy to see Ethan's happiness as he is pictured with his Aid, Lorraine. Everyone is so accommodating to the families and bring such joy to their students.

This year the proceeds will not only help ease the financial burden for Ethan's extensive care, but also fund activities, supplies, technology, adaptive equipment and services to the wonderful children and adults that attend CADES in Swarthmore, Pennsylvania.

To learn more about Ethan's journey, please visit: <http://youtu.be/ZRATHgyCCx8>. You can also learn more about CADES: <http://youtu.be/ol0TKi71ScU>. Questions? Please contact Janice Hansen: j717hansen@gmail.com.



Building Hope, Transforming Lives.

Direct donations are welcome online when you register, in person the day of the race, or mailed to:

The Ethan Schwartz Special Needs Trust PO Box 486, Gilbertsville, PA 19525

Checks can be made out to CADES or The Ethan Schwartz Special Needs Trust. All CADES checks will be tabulated and delivered together to CADES in person.

You can register with the mail-in form below or online: www.runccrs.com. On the top menu, select *Events*, next *Race Calendar* and scroll down to *October 8th* and select: *2017 Ethan's Heart Journey 5k Run and 1 mile Fun Run/Walk*.

Mail-in Registration for Ethan's Heart Journey 5K & 1 Mile Fun Run/Walk

Name: _____

Address: _____

Email: _____ Phone: _____

Gender: _____ Age on race day: _____ ****Awards will be presented to overall male & female winners & for the top runners in all age groups for the 5K: 11 years & under, 12-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60 & over.**

Event (please check): ☐ 5K Run (fee based) ☐ 5K Run (pledge based)
☐ 1 Mile Fun Run/Walk (fee based) or ☐ 1 Mile Fun Run/Walk (pledge based)

T-shirt size (adults): S or M or L or XL or XXL (children): M or L

Cost (please check amount included):

☐ \$25 adults (includes t-shirt) ☐ \$30 adults on-site day of race
☐ \$15 kids 3 to 12 (includes t-shirt) ☐ \$20 kids 3 to 12 on-site day of race

☐ I pledge to bring at least \$25 in collected donations to guarantee my event t-shirt in lieu of paying a fee (this process is easy on runccrs.com)

****Register by 9/29 to guarantee your event t-shirt **Kids 2 and under are free**

Mail-in registration form and fees to: The Ethan Schwartz Special Needs Trust, PO Box 486, Gilbertsville, PA 19525

In consideration of this entry being accepted, I hereby, for myself, my heirs, executors and administrators, waive and release any claims that I may have against the borough of Pottstown, the township, the race organizers, the sponsors, and their representative, successors, or assignees for any injuries that may be suffered by me in this event. I also give permission for the use of my name and/or picture in any newspaper, website, broadcast, or other account of this event. I certify that I am in good physical condition for this event. No refunds available.

Signature: _____ Name (please print): _____