

WELCOME TO THE 2022 12K o' CHRISTMAS

Thank you to the Tyler State Park staff and the DCNR for allowing us to put this event on! Thank you for participating.

THE TYLER CENTER FOR THE ARTS IS LOCATED AT: 10 Stable Mill Rd, Richboro, PA 18954 FOR THOSE WHO NEED TO GPS

To find parking GoogleMaps: CRUSA BASIN FIELDS

PLEASE CONSIDER BRINGING A NEW UNWRAPPED TOY for our TOYS FOR TOTS toy drive

PARKING: The weather does not look favorable to parking in the grass so we are going to ask you to park at Northampton Community Park and walk through the grass to the staging area. This is not idea and your feet may get wet but it is a preferred option to having your car towed out of the mud (we speak from prior experience).

PACKET PICK-UP WILL BE LOCATED AT THE SMALL PARK PARKING LOT ENTRANCE, **THERE IS NOT ENGOUH ROOM FOR YOU AND CASUAL PARK USERS TO USE THIS LOT. PLEASE DON'T TRY TO PARK HERE.**

AWARDS WILL ALSO BE FROME THIS LOCATION. THE PORTAJOHN IS ALSO TO BE LOCATED HERE.

PACKET PICK-UP: ALL PACKET PICK-UP IS ON SATURDAY MORNING AT THE START-FINISH OPENING ABOUT 9:00 AM

LATE REGISTRATION: REGISTER ON SITE \$50 ALL REGISTRATION WILL BE ONLINE. USE QR CODE:



THERE IS NO BAGGAGE CHECK, PLEASE LEAVE YOUR VALUABLES IN YOUR CAR at your own risk

RACE STARTS AT 10:00AM.

The start and finish will be on the grass apron of the driveway, near bird house #18. You will be running in grass the first and last 560' of this race. See map page 4-5.

Please don't pull into the park, block the driveway when you see the start finish and ask where packet pickup is. We'll know you were naughty and didn't read the GUIDE! COURSE: MAP/COURSE SEE MAP (PAGE 3) FOLLOW THE SONG, A PARTRIDGE, 2 TURTLE DOVES, 3 FRENCH HENS...

TYLER PARK IS OPEN TO THE PUBLIC. PLEASE ANTICIPATE OTHER PARK USERS (WALKERS, STROLLERS, DOGS and HORSES)

HYDRATION STATIONS: Your best hydration and in light of some COVID protocols still in place we suggest carrying your own hydration. There will be one water station on the course, as you pass the registration area at 4.5km. If you prefer you can pick up your own bottle here.

MEDICAL INFORMATION:

If you have any medical information which may be important to your care in the event of an emergency, please write that information on the back of your race bib.

We encourage all runners to run with cell phones. Should you come upon an emergency, we ask that you call this phone number:

(215) 802-2622

PLEASE save this number in your phone in advance of the event. A member of our emergency action team will answer the call. Please give the operator a description of the emergency including:

The nearest mile mark

The nature of the emergency

The number of individuals involved and a description of their clothing

This will ensure adequate care is on the way. *Please note: this number is for emergency on the course purposes only.

SWAG: If you registered early your CrackedBell t-shirt, skull cap and more will be waiting for you at packet pick-up



You will be given a single serve water bottle at the finish line, please refill the bottle from the cooler in the food tent to reduce trash.

MAJOR AWARDS: HOLIDAY COOKIE TINS TO OVERALL MAN & WOMAN and TO TOP THREE MEN AND WOMEN IN THESE GROUPS: 19 & UNDER, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, MEN 70+

WE WILL ANNOUNCE AWARDS, ON-SITE. WE DO NOT MAIL OUT AWARDS, THIS IS A SMALL RACE SO CHECK FOR RESULTS BEFORE YOU LEAVE

VOLUNTEERS: WE ARE IN NEED OF HELP, WATER TABLES AND COURSE MARSHALS ESPECIALLY. IF YOUR FRIENDS CAN HELP WE'D APPRECIATE THEIR ASSISTANCE, YOU WILL TOO! WE CAN SIGN OFF ON VOLUNTEER HOURS.

PLEASE SIGN UP IN ADVANCE TO VOLUNTEER HERE

RESULTS: FIND YOUR RESULTS LATER ON RACE DAY AT: www.runBUCKS.com or the www.12KoChristmas.com

FINISHER CERTIFICATE: YOU CAN DOWNLOAD A PRINTABLE FINISHERS CERTIFICATE FROM THE RUNSIGNUP RESULTS PAGE

PICTURES: FIND THE LINK ON THE RUNBUCKS RESULTS PAGE



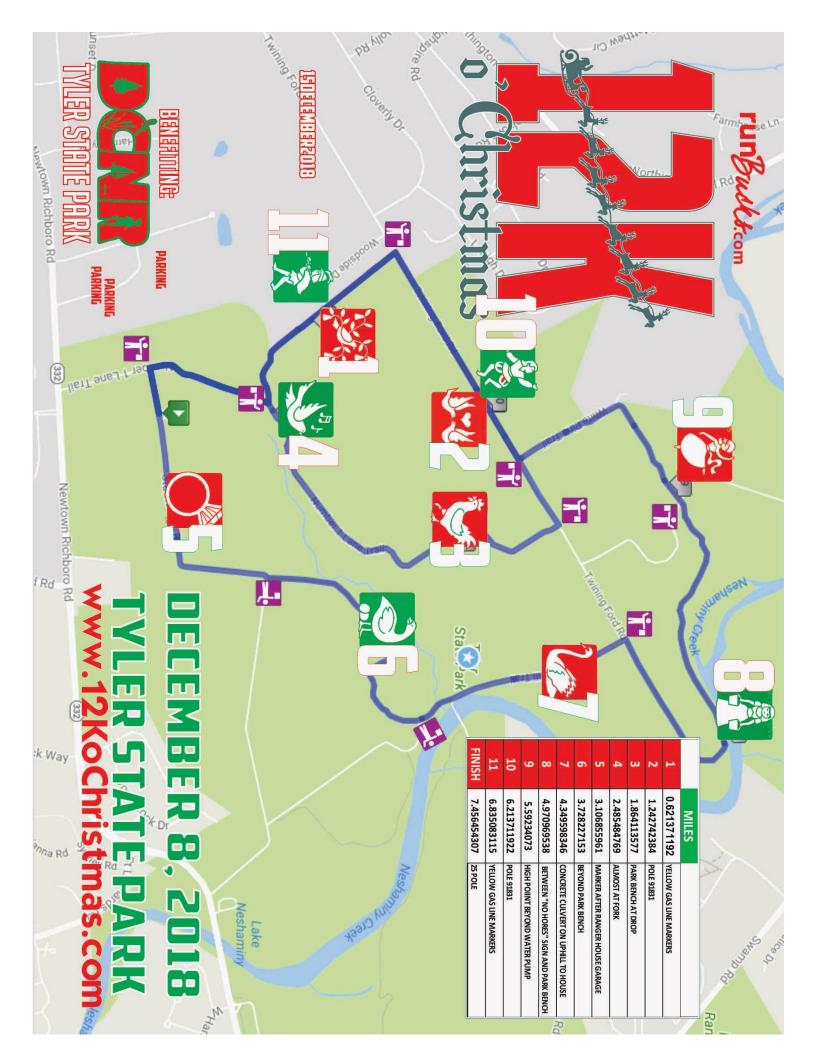
The funds donated from this year's 12K o' Christmas will go to Toys for Tots

PLEASE CONSIDER BRINGING A NEW UNWRAPPED TOY TO DONATE TOWARDS THE 2021 HOLIDAY SEASON

OUR NEXT EVENTS: GRILLED CHEESE & TOMATO SOUP 4 MILER March 5, 2022 OPENING SOON

MothersDay10TEN – 10K and Ten Miler – May 14, 2022 OPENING SOON

OneNation Running 4 on the Fourth July 4, 2023, OPENING SOON





OLD MAP TO SHOW THE WALKING PATH AND THE DRIVEWAY START





