RACE DAY SCHEDULE (SATURDAY JUNE 26TH)

4:00pm – Race Time Packet pickup

5:00pm – 9:00pm Live Bands, Food and beverages

5:30pm 1 Mile start

6:00pm Final 5K race instructions + walk to start line (Led by the

reenactors)

6:05pm 5K Start

6:50pm Final 9K race instructions + walk to start line

(Led by the reenactors)

7:00pm 9K Start

• Aid stations: We will have four on the course for the 9k, at miles 1, 2.1, 3.5 and 4.5. All will have individually bottled water. For the 5K there are two, at mile 1 and 2.

• **Bathrooms:** We will have plenty of port-o-lets at the start/finish area and Putnam Park has a couple bathrooms in each side of the park.

DIRECTIONS TO RACE:

From Merritt Parkway

Take Merritt Parkway to Rt. 58 North Fairfield/ Easton (Exit 44)

Take Rt. 58 North

Pass Joel Barlow High school

at first stop sign make a left onto Cross Highway

At the first set of four way stop signs- continue straight

At the second set of four way stop signs- make a right onto Lonetown extension (actually there is a diagonal road in front of the church leading you to the extension)

At the end of Lonetown extension, (the Green is on the left)

make a right onto RT 107 (to head to the Redding Historical Society)

Redding Historical Society is on the left in about 1/10 of a mile

From Route 7

Heading North on Route 7

Make a right onto Route 107 in Georgetown (a left if coming on Rt. 7 South)

Go about 3 miles where Rt. 107 goes down a hill to a stop sign.

Go through the stop sign about 100 yards and make a right onto 107

Climb the hill (bearing left)

at the top of the hill is Redding Green (on the right)

Redding Historical Society is on the left in about 1/10 of a mile

Direction from I-84 Eastbound

Go straight off exit 8

In about 200 yards, make a right immediately after the bank (CHASE) onto

PAYNE Rd. Follow the road straight through a few intersections and a stop sign.

When in doubt bear SLIGHTLY right......

At end of road make a right onto Plumtrees Rd. go over the bridge and make an immediate left into the Bethel school complex. When the road through the school complex ends make a left.

At the light, cross RT 302

The road your on becomes RT 58

Follow RT 58 South to Putnam Park.

At Putnam Park, make a right onto RT 107

When you hit a stop sign make a left (still RT 107)

The Redding Historical Society is on the right just past the Redding Country Club.

Directions from I-84 West bound

Get off exit 8 bear left through set of lights and bear left following signs to 84 East you will go over a bridge and make a sharp left.

Don't get back on the highway! In about 200 yards, make a right immediately after the bank (CHASE) onto PAYNE Rd. Follow the road straight through a few intersections and a stop sign. When in doubt bear SLIGHTLY right.

At end of road make a right onto Plumtrees Rd. go over the bridge and make an immediate left into the Bethel school complex. When the road through the school complex ends make a left

At the light, cross RT 302

The road your on becomes RT 58

Follow RT 58 South to Putnam Park.

At Putnam Park, make a right onto RT 107

When you hit a stop sign make a left (still RT 107)

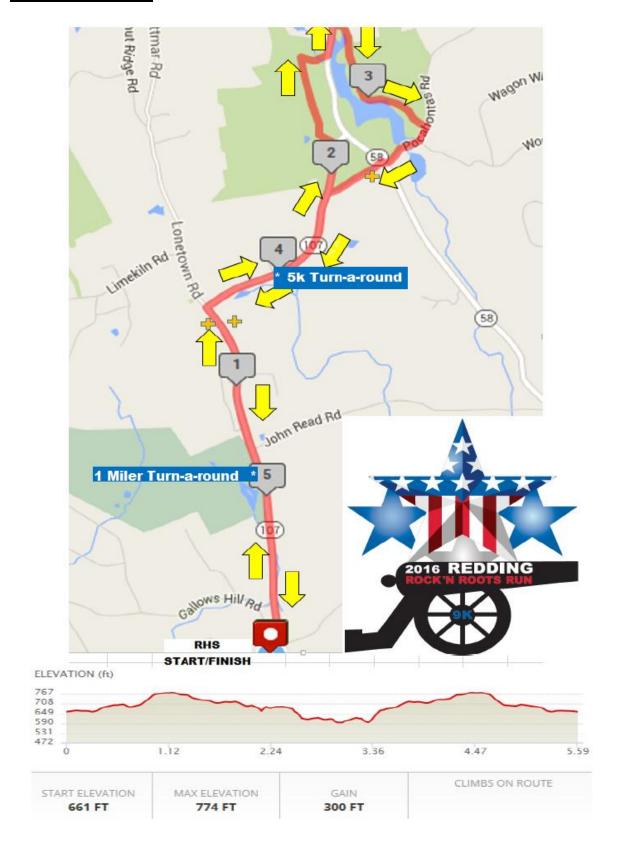
The Redding Historical Society is on the right just past the Redding Country Club.

PARKING:

• The Redding Historical Center has a field for parking (see map)



<u>COURSE MAPS (5K AND 1 MILER ARE AN OUT AND BACK ON THE SAME COURSE)</u>



COURSE SIGNS

COURSE PREVIEW:

- The start is on rt. 107 by the Redding Community Center entrance.
- Mile 1: Slight grade uphill. Not a tough hill, but will keep you from going out too fast
- **Mile 2-mile 3**: Mostly flat to downhill. This part is relatively easy, a good way to get into your zone. The only uphill is a 10 second steep uphill heading into Putnam Park at Mile 2.1.
- **Mile 4**: The course gets tough for about a mile when you exit the 2nd Putnam Park (pond side) onto Pocahontas Rd. You'll encounter a pretty steep uphill on Pocahontas Rd right before crossing Rt 58 and there's a slight uphill grade from mile 3.5 to 4.5.
- **Mile 5**: Enjoy the nice downhill final mile. This should be very fast (if you have anything left from the previous mile) until the last $1/10^{th}$ of a mile of the race which is uphill.
- The finish is just before the red barn on the Redding Historical Society grounds
- There are mile marker signs on the course, along with directional arrows. Turns are also marked with flour on the pavement.





Directional arrow on course.

AWARDS

- 5 year age groups, 3 deep for 5K and 9k.
- Top 3 overall for 5k/9k Challege (awards mailed)
- All winners receive a trophy





COMPLIMENTARY RACE SHIRTS



To all registrants, your choice, singlet or shirt

• Costume contest: the two runners with the best "patriotic' costume will be awarded a free entry to the race of their choice (2021 Redding Road Race, 2020 Great Turkey Escape or 2021 Redding Running Fest)



- Race directors: I have two of the best working with me. Marty Schaivone is co-race director and Jim Gerweck is the timer that's a lot of experience!!
- **Reenactment:** The 5th Connecticut reenactment group will again have soldiers and other themed actors for your entertainment in Putnam Park during the race and will be at the start/finish for photos.