

Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course Tom Fleming 2K 2025	Distance 2 km
Location (state) NJ	(city) Glen Ridge
Type of course: Road Race	
Measuring Methods: Bicycle	
Measured By Matt Slocum, 199 N Fullerton, Montclair,	NJ 07042, precisioncoursedesign@gmail.com, 917-725-1709
Race Contact Staci Siconolfi-Lymperopoulos, CompuSo	core, staci@compuscore.com
Date(s) when course measured: 10/16/2022	
Number of measurements of entire course: 2 Cours	e Configuration: keyhole plus finish extension
Elevation (meters above sea level) Start 62.00 Finis	h <u>59.00</u> Lowest <u>55.00</u> Highest <u>63.00</u>
Straight line distance between start and finish 197m	Drop <u>1.50</u> m/km Separation <u>9.85</u> %
Type of surface: Paved 100 % Dirt 0 % Grave	0 % Grass 0 % Track 0 %
Effective date of certification: December 22, 2024	Certification code: NJ22002MNS
	Note to Race Director: Use this Certification Code
	in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: 2032

AS NATIONALLY CERTIFIED BY:

Matt Slocum - USATF/RRTC Certifier - 199 N Fullerton, Montclair NJ 07042

(917) 725-1709 - precisioncoursedesign@gmail.com

Date: <u>December 22, 2024</u>





Tom Fleming 2K 2025 Glen Ridge, New Jersey

Measured by Matthew Slocum | 16 October 2022 | precisioncoursedesign@gmail.com

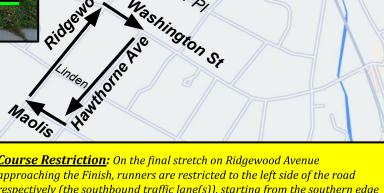
Except as noted in the Course Restrictions, this course was measured using the full width of the road and the shortest possible route.



intersection with Lincoln St. 16'10" NE of the northern edge of the northernmost manhole cover in the center of the intersection on the E side of the street.

FINISH- On the southbound side of Ridgewood Ave, near the SW corner of the intersection with Snowden Pl. 15'8" SW of the S edge of the metal water cover cap in the street (on the W side of the street). 1'7" N of the N edge of the storm drain on the E side of the street. 3'8" S of the S edge of black light pole #40 / PSE-6-H on the E side of the street.

Course Narrative: Start running SW on Ridgewood Ave. Left onto Washington St. Right onto Hawthorne Ave. Right onto Maolis Ave. Right onto Ridgewood Ave. Follow Ridgewood Ave to the Finish.



Course Restriction: On the final stretch on Ridgewood Avenue approaching the Finish, runners are restricted to the left side of the road respectively (the southbound traffic lane(s)), starting from the southern edge of the stop line on the NW side of the intersection with Washington St and continuing to the Finish. Runners may not cross the yellow centerline.



