

MERMAID OPEN WATER SWIM - August 9, 2025 – Swim Courses

<u>Two Mile Swim:</u> Swim straight out, keeping the first orange buoy to your left, round it and continue north, keeping the next buoys to your left side. At the final red buoy, swimmers round the buoy keeping it on their left side and continue back south keeping all yellow buoys to your left side. Pass the green buoy, keeping it on your right, and continue back to the first red buoy to start your second lap. Once back at the green buoy for the second time, round it, keeping it to your right side and head towards shore/finish line.

One Mile Swim: Swim straight out, keeping the first orange buoy to your left, round it and continue north, keeping the next buoys to your left side. At the final red buoy, swimmers round the buoy keeping it on their left side and continue back south keeping all yellow buoys to your left side. At the green buoy, round it, keeping it to your right side and head towards shore/finish line.

<u>Half Mile Swim:</u> Swim straight out, keeping the first orange buoy to your left, round it and continue north, keeping the next yellow buoy to your left side. At the next red buoy, swimmers round the buoy keeping it on their left side and continue back south keeping the yellow buoys to your left side. At the green buoy, round it, keeping it to your right side and head towards shore/finish line.