



2018

**AMERICAN MASTERS
TRACK & FIELD CHAMPIONSHIP
DURHAM, NORTH CAROLINA**

Saturday, April 14, 2018

Durham County Stadium, 750 Stadium Dr, Durham, NC 27704

FINAL SCHEDULE

Track Events

7:00am:	Track Open For Warm-ups
8:00am:	Opening Ceremony
8:10am:	10,000 meter run
9:30am:	200 meter run
10:30am:	1,500 meter run
11:30am:	400 meter run
12:30pm:	5,000 meter run
2:00pm:	100 meter run
3:00pm:	800 meter run
4:00pm:	4 x 100 meter relay
4:30pm:	4 x 400 meter relay

Throwing Events

8:00am:	Opening Ceremony at Track
8:10am–9:00am:	Implement Weighing Check & Warm-ups
9:00am:	Superweight Throw
10:30am:	Shot Put
12:30pm:	Implement Weighing Check
1:00pm:	Discus
2:30pm:	Weight Throw
4:00pm:	Javelin
4:30pm:	Tug of War

Jumping Events

7:00am:	Jumping Areas Open for Warm-ups
8:00am:	Opening Ceremony at Track
8:30am:	High Jump
10:30am:	Long Jump
1:30pm:	Standing Broad Jump
3:30pm:	Triple Jump

- Events will be run oldest to youngest, women then men (may combine events if conditions allow)
- Implement weigh-in will be at the Stadium, follow the signs for the place
- Running spikes will be checked at the Clerk's Tent near the track (spike shoe wear is limited to 1/8" – 3/16" pins or pyramid spikes and must be checked before competition)
- Relay batons will be provided
- For Tug of War and Standing Broad Jump rules please review on the race website and will also be published at the event
- Track athletes need to check-in to the Clerk's tent 15 minutes before the start of the event to declare
- Jumps and Throw athletes will go to their event location to check-in 15 minutes before the event

