



Run the Raven 7k

7K Run/Walk
Saturday, October 12, 2019
10:00 am

Proceeds: Benefit William Penn Fire Company Equipment Fund

Race Location: Raven Run, PA. Registration begins at 8am and goes until 10 minutes before race time.

Directions: Raven Run PA: 17976. Registration and race will be at the intersections of Village Road and Raven Run Roads.

Course Description: Relatively flat macadam roads with some rolling hills. Beautiful scenery and fall foliage. Race is an out and back course.

Awards: Medals will be awarded to overall male and female finishers and for the first EMS responder to cross finish line. Medals will also be awarded to first M/F finisher in each age group.

(under 14) (15-19) (20-29) (30-39) (40-49) (50-59) (60+)

Awards Ceremony: Awards will be held after the race at William Penn Firehouse (166 Mount Olive Blvd) and light refreshments will be served.

Entry Cost information: \$15 with T-shirt. \$20 after October 11, 2019 and day of race.

Kid's Fun Run: \$5 1 mile race beginning at 9:30 am. All children will receive a free hot dog, drink, and participant ribbon in lieu of t-shirt

Timing: Bernie's Race Timing

Runners are able to sign up at; <https://runsignup.com/Race/PA/Shenandoah/RuntheRaven7k>

Mail Entry Form Below to: William Penn Fire Company PO Box 162 Shenandoah PA 17976

Run the Raven 7k ENTRY FORM PLEASE PRINT LEGIBLY

Name _____ Sex _____ Age _____

Address _____

City, State Zip _____

Phone _____ E-mail _____

SHIRT SIZE (circle One) SM M L XL NONE

Name of Fire Dept. _____

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ Date _____

Parent or Guardian if under 18 _____