

"Connecting For Life"

Race sponsored by:

Ross County

5K RUN/WALK



**Thursday
9/7/2017**

7:00 p.m.

Yoctangee Park, Chillicothe, Ohio

"Connecting for Life"



Providing Help and Offering Hope

Men and Women's Age Groups

14 & under	15-24	25-34	35-44	45-54	55 & over
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Entry: \$15 entry before August 25, 2017. Race Day \$20 entry.

Online Registration

Check or money orders payable to PVADAMH Board. If mailing, mail entry and payment to:

Paint Valley ADAMH Board - 394 Chestnut Street -Chillicothe, Ohio 45601

Attention: Ross County Suicide Prevention Coalition

Race results available at

Top 3 men and women receive trophies and top 3 men and women age groups receive medallions.

T-shirts will only be available to PRE-REGISTRANTS meeting the 8/25/17 deadline.

Race Info: Race starts at Yoctangee Park in Municipal Pool parking lot at 7:00 P.M. sharp.

Age as of 9/7/2017

Name

DOB

Male Female

T-shirt size

Address

City

State

Zip Code

Phone

email Address:

In consideration of the acceptance of this entry, I waive for myself, my heirs, and all claims for damages against the sponsors and their representatives and all race officials, for any injuries received during this event. I attest and verify that I am physically fit and have sufficiently trained for the Ross County Suicide Prevention Coalition 5k run. Due to insurance restrictions, rollerblades, baby joggers/strollers, bikes, dogs, and unregistered runners will not be allowed on the race course.

Signature

(Parent or Guardian signature if under 18)

Date