

**Twenty-Fifth Annual
Ancient Oaks 100-Mile Endurance Run
Enchanted Forest Nature Sanctuary
Titusville, Florida
December 16-17, 2023**

RELEASE and WAIVER

This entry contains a RELEASE and WAIVER. Please READ IT CAREFULLY. Signing it does away with any claim for injury. Minor applications (under 18) will be accepted only with parent or guardian signature.

In order to participate in the Ancient Oaks 100 Mile Endurance Run, I accept all rules, conditions, and regulations and will comply with them. I am aware that a run of this nature is extremely difficult and hazardous, even for well-conditioned athletes under the most favorable conditions. While the temperature at this time of year is usually favorable for running, I am aware of the risks of adverse weather conditions. I understand that I should not participate in this event unless I am in excellent physical condition; I hereby state that I have trained properly and adequately for this event; and that I have no medical conditions that could likely be worsened by vigorous or prolonged physical activity.

Knowing these facts, and in consideration of your accepting this entry, and in reliance upon the information submitted herein by me, I hereby, for myself, my heirs, executors, and administrators, waive, release, discharge, and covenant NOT TO SUE the Ancient Oaks 100 Mile Endurance Run, the Brevard County Board of County Commissioners, the Environmentally Endangered Lands Program, Michael C. Melton, MCM Timing and results LLC, persons whose property the course traverses, any co-sponsor, race official, volunteer, or any person connected with this event, for any and all claims or liability for death or for damages for any and all injuries to me or my property arising out of or in connection with my participation in this event. This Release extends to all claims of every kind and nature, whether foreseen or unforeseen, known or unknown. Finally, I hereby grant my irrevocable permission to the Ancient Oaks 100 Mile Endurance Run and its authorized agents to use my name, and any photographs, videos, motion pictures, recordings, or any other record of my participation in this event for any purpose.

THE ESSENCE OF THIS RELEASE AND WAIVER IS THAT THE ANCIENT OAKS 100 MILE ENDURANCE RUN (OR ANY PART OF IT) PRESENTS EXTREME AND UNKNOWN RISKS FOR WHICH I FREELY AND VOLUNTARILY AGREE TO BE SOLELY RESPONSIBLE, IN ORDER FOR THIS EVENT TO TAKE PLACE AND ENABLE MY PARTICIPATION IN IT.

SIGNATURE: _____ DATE: _____

PRINT NAME: _____ AGE ON RACE DAY: _____

ADDRESS: _____

