

#### StridesForSeniors.org

Tel: 313-833-7080

Sponsored by

## Detroit Parks & Recreation Dept.

Boulevard Temple Care Center Detroit Area Agency on Aging Wolverine Packing Co.



### 2016 SENIOR CENTER PARTNERS

- Adams Butzel Complex
- Bridging Communities
- Butzel Family Center
- Farwell Recreation Center
- Franklin-Wright Settlements
- Hannan Center for Lifelong Learning
- Heilmann Recreation
  Center
- La Sed Senior Center

- Neighborhood Services Organization: Senior Support
- Patton Recreation Center
- People's Community Services
- St. Patrick Senior Center
- Seniors In Motion
- Services for Older Citizens
- Williams Community Center
- Young Recreation Center

## STRIDES FOR SENIORS

Campaign to raise awareness of key aging issues and connect older adults and caregivers to valuable resources.



(1 and 3 mile routes)

#### Sat., September 23, 2017 9 AM - 1 PM Palmer Park in Detroit (near the Splash Water Park)

# 



- $\sqrt{\text{Senior Resources/Programs}}$
- $\sqrt{\text{Caregiver Resources}}$
- $\sqrt{\text{Health Screenings}}$
- $\sqrt{\text{Give-A-Ways}}$

Wa

participating Senior Centers will appear on the back

□ I am registering WALKER(S). \_\_ x \$25.00 fee = \$\_ # of Walkers Total

Pre-register by Aug. 25, 2017 to assure your t-shirt size will be available.

Shirts may be picked-up after Sept. 11<sup>th</sup> at St. Patrick Senior Center or at the Walk & Expo on Sept. 23<sup>rd</sup>.

#### STRIDES FOR SENIORS RELEASE AND INDEMNIFICATION:

I, for myself, my heirs, and executors, in consideration of any participation in the Strides for Seniors walk, hereafter called the event, hereby release and hold harmless St. Patrick Senior Center, Inc. and others connected with this event, including sponsors, cities, senior agencies, municipalities, employees, volunteers, or agents collectively called the event group, from any and all claims for damages or injuries which I may suffer in connection with the event. I hereby certify that I am in good condition and am able to walk in this event. Additionally, I will permit the use of my picture in broadcast, print, and other media. This entry is invalid unless signed by the entrant. If the entrant is under 18, a parent or guardian must sign entry.

**Printed Name** 

Participant's Signature (Parent/Guardian if under 18)

Names of the



#### SENIOR CENTER:

A portion of the proceeds will benefit your participating senior center.

#### T-SHIRT SIZES:

S	 M	 L	_ XL _	2X	3X	No Shirt
Name:		 				
Address:						
City:	 	 		ST:	Zip	:
Phone: _	 	 				
Email:						

#### **PAYMENT:**

Checks made payable to: St. Patrick Senior Center Credit Card Accepted: Visa and MasterCard

Name as appear on credit card:

Credit Card #

Expiration Date CVC Code

#### **RETURN FORM & FEE TO:**

St. Patrick Senior Center • 58 Parsons St • Detroit, MI 48201

Date