

The 4th Annual Coach Noff Memorial 5K Run/Walk

RACE DATE/TIME: Labor Day, Monday, Sept 2, 2019 at 10 a.m. Race day registration starts at 9 a.m.

LOCATION: Union City Jr. Sr. High School, 603 N Walnut St, Union City, IN 47390

FEATURES: Course will be run on the road from the school through town, to the park and back, and includes chip timing, post-race snack and awards.

PROCEEDS BENEFIT: Wesley United as One Youth Group

REGISTRATION: Online registration at Can't Stop Running Company (www.cantstoprunningco.com/local-races) or mail or drop off entry to Wesley United Methodist Church, 515 W Oak St, Union City, IN 47390 (Checks payable to Wesley UMC with Coach Noff 5K in the memo) Registration Deadline – August 22, 2019 (no T-shirt guarantee after date).

ENTRY FEES: \$20.00 includes T-shirt. Race Day Registration - \$25.00. Virtual runner \$10 (no T-shirt) for those who want to run in memory of Coach Noff but can't be present at the run. All fees are nonrefundable.

AWARDS: Overall top male/female win a pair of New Balance running shoes, top 3 male/female in age groups will be recognized: (under 12, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60+).

DOOR PRIZES & AWARDS: To be awarded after the completion of both races.

NEED MORE INFO? Contact us at coachnoff5k@gmail.com or visit us at www.facebook.com/CoachNoff5K

REGISTRATION:

Name: _____ Age on 9/2/2019 _____ Circle one: M F

Address: _____ City, State, Zip: _____

Phone Number: _____ Email: _____

Emergency Contact Name: _____ Phone: _____

Circle registration category: \$20 (includes T-shirt), \$10 virtual runner (no T-shirt)

T-shirt Size: Adults S M L XL XXL or Youth S M L (Sizes guaranteed for pre-registered only)

WAIVER: I hereby release Coach Noff Memorial 5K, the Wesley United Methodist Church and all municipal agencies whose property and/or personnel are used and other sponsoring or co-sponsoring company(ies), or individual(s) from responsibility or any injuries or damages I may suffer as a result of my participation in the 2019 Coach Noff Memorial 5K Run/Walk and/or related events. I hereby certify that I am in good condition and able to safely compete in this event. I additionally permit the use of my name and image in broadcasts, telecasts, newspapers, brochures, etc. I also understand that the entry fee is nonrefundable. I certify that all information provided in this form is true and complete. I have read the entry information provided for the event and certify my compliance by signature below. Bib numbers are non-transferable. NO REFUNDS.

IF PARTICIPANT IS UNDER AGE 18: This certifies that my child has my permission to compete in the 2019 Coach Noff Memorial 5K Run/Walk in good physical condition, and that race officials have my permission to authorize emergency treatment if necessary. I hereby give you my permission to have photos of myself or my child taken during this event for promotional purposes.

Participant's Signature _____ Date _____

All participants must sign waiver, Parent's signature required if participant is less than 18 years of age.