



Hill of A Race

Obstacle Run starting in Ewing Park II

Saturday, August 15th
 Endurance Challenge 8:00am
 Competitive Waves 8:30am
 First Recreational Wave 9:00am
 Register through Aug. 12

 **Race Route**
 **Spectator Areas**
 Water Stations

HILL OF A RACE OBSTACLE NAMES

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|-----------------------|------------------|--------------------|
| 1. Sand Bag Carry | 12. Creek Run 1 | 23. Lunges |
| 2. Deka Wall | 13. Olympus | 24. 7' Wall |
| 3. 5' Wall | 14. Bob's Bar | 25. 4' Wall |
| 4. Tired Yet | 15. Creek Run #2 | 26. 6" Wall |
| 5. 5' Wall | 16. Slip Wall | 27. 4' Wall |
| 6. Tire Agility | 17. Z - Wall | 28. Tubes |
| 7. Wall Barrels | 18. Slip & Slide | 29. Creek Crossing |
| 8. Spear Throw | 19. Rock Wall | 30. Teeter Totter |
| 9. Over Under Through | 20. A Frame | 31. Rig |
| 10. Hurdles | 21. Monkey Bars | |
| 11. Pipe Dream | 22. Bucket Carry | |

*Obstacles and obstacle locations are subject to change



Presented by Bloomington Parks & Recreation
 in partnership with Dust2Glory Fitness