



HILL OF A RACE

Obstacle Run starting in Ewing Park II

Saturday, August 16th

Endurance Challenge 8:00am

Competitive Waves 8:30am

First Recreational Wave 9:00am

Register through Aug. 12



Water
Stations

— Race Route



Spectator
Areas

HILL OF A RACE OBSTACLE NAMES

- | | | |
|-----------------|--------------------|------------------------|
| 1. Creek Run 1 | 12. 6' Wall | 23. Spear Throw |
| 2. Slip Wall | 13. 7' Wall | 24. Over Under Through |
| 3. Z-Wall | 14. Tubes | 25. Hurdles |
| 4. Slip N Slide | 15. Creek Crossing | 26. Pipe Dream |
| 5. Rock Wall | 16. Deka Wall | 27. Creek Run 2 |
| 6. A-Frame | 17. Tired Yet | 28. Olympus |
| 7. Monkey Bars | 18. 4' Wall | 29. Bob's Bar |
| 8. Bucket Carry | 19. 4' Wall | 30. Teeter Totter |
| 9. Lunges | 20. Tire Agility | 31. Rig |
| 10. 5' Wall | 21. Sand Bag Carry | |
| 11. 5' Wall | 22. Wall Barrels | |

*Obstacles and obstacle locations are subject to change



CITY OF
Bloomington ILLINOIS
PARKS & RECREATION



DUST2GLORY
FITNESS

Presented by Bloomington Parks & Recreation in partnership with
Dust2Glory Fitness & Certified Spartan SGX Coach, Dustin Webb