

VOLUNTEER FORM

Not a trotter?
Be a race volunteer!

Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

Volunteer positions:

Water/Food Station

Friday packet pick-up (4-8pm)

Saturday packet pick-up (12-4pm)

Race route intersections

Assign where needed

Shirts: \$15 Long sleeve C2 Sport (optional)

**Must order by September 23rd 2017*

Adult -

S M L XL XXL

Youth -

S M L

**Make checks payable to Knight Gallop*

Mail to:

Luther High School KG5K
1501 Wilson Street
Onalaska, WI 54650



**Please complete
one form per
race volunteer*

SPONSORSHIP

**HELP a TROTTER
OUT and BECOME a
SPONSOR TODAY!**

Step 1. Pick a level of
sponsorship from below

Step 2. Mail your
sponsorship to:

Luther High School KG5K
1501 Wilson Street
Onalaska, WI 54650

Step 3. Watch your logo or
name printed on our items

THOROUGHBRED



\$500

CLYDESDALE



\$250

Pony



\$100

Want to become a Sponsor?

If you are interested in becoming
a sponsor please contact

kg5k@luther.k12.wi.us

Thank You!

**Knight
Gallop**
5K Run/Walk



1st annual

5K

Saturday
**OCT.
7TH
4pm**

run/walk
and mini trot
chip timed event

1K
kids
run
free!

GALLOP INFORMATION

Date: Saturday October 7th 2017

Location: Luther High School
1501 Wilson Street
Onalaska, WI

Event Schedule:

3:00pm Day of race registration
4:00pm 1K Mini Trot
4:30pm 5K Run/Walk

Fees:

5K Run/Walk

July 1 - Sept. 23 \$10

Sept. 24 - Oct. 7 \$15

1K Mini Trot

(8 and under) Free

Shirts

Long Sleeve C2 Sport . \$15

How to Register:

Online RunSignUp.com
Race name: *Knight Gallop 5K*

Mail Luther High School KG5K
1501 Wilson Street
Onalaska WI 54650

Pick your packet up at Luther:

Friday October 6th, 4-8pm

**Homecoming Football Game*

Saturday October 7th, 12-4pm

Proceeds from the Knight Gallop 5K Run/Walk

will benefit Luther High School
and the Onalaska Food Basket.

LUTHER HIGH SCHOOL

Our Mission Statement

Luther High School provides a Christ-centered education that encourages and equips students for life and for eternity.

*Member of Wisconsin Evangelical Lutheran Synod
Owned and operated by 29 WELS congregations*

Onalaska Food Basket

Help us by bringing a non-perishable to the race

All non-perishables will go directly to
the Onalaska Food Basket.

Items needed:

peanut butter	spaghetti sauce
tuna fish	cold cereal
boxed meals	toilet paper

AWARDS

Overall Male, Overall Female, and age division winners

9-15	30-39	60-69
16-19	40-49	70 and over
20-29	50-59	

QUESTIONS

Contact us at
kg5k@luther.k12.wi.us

REGISTRATION FORM

**Complete one form
per race participant:*

Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

Birthdate / / Age _____

Gender: Male Female

Fees:

5K Run/Walk

July 1 - Sept. 23 \$10

Sept. 24 - Oct. 7 \$15

1K Mini Trot

(8 and under) Free

Shirts: \$15 Long sleeve C2 Sport (optional)

**Not included in race registration
*Must be ordered by September 23rd
See design on reverse side

Adult -

S M L XL XXL

Youth -

S M L

Race: \$

Shirt: \$

Donation: \$

**Make checks payable to
Knight Gallop 5K*

Mail to:

Luther High School KG5K
1501 Wilson Street
Onalaska, WI 54650

TOTAL **no refunds*

\$