HOWL-O-WEEN HUSTLE

5K Run/Walk & 8K Run

Starts at 10:00 AM

Saturday, October 28, 2017

Sponsored by:
UEA Staywell

LOCATION: Lake St. Clair Metropark
31300 Metro Parkway
Harrison Township, MI 48045 (586) 463-4581

EVENT FEATURES

- Long sleeve Tech shirt & Finisher medal
- Scenic lake view
- Bib tag timing
- DJ & Costume Contest with awards
- Post Race food/drink

AWARDS & RESULTS

- Age Group Awards
- Overall and Masters Male & Female Winners
- Results posted on runmichigan.com & www.howloweenhustlerun.com

GOVERNOR'S COUNCIL PHYSICAL FITNESS HEALTH AND SPORTS
MICHIGAN FITNESS FOUNDATION

ENTRY FEES: See Section #6 below

- Only pre-registered guaranteed a Tech shirt
- Daily Park Vehicle entry is $10 without annual Metropark Pass

PACKET PICKUP & RACE DAY REGISTRATION

- Oct. 26 - Time and Location on http://www.howloweenhustlerun.com
- Oct. 28, 8:00-10:00 a.m. - Lake St. Clair Metropark (Welsh Activity Center)

Mail Completed Form & Payment to:
UEA Staywell - Attn. Nancy Smith
55161 Whitney Dr., Shelby Twp., MI 48315

Proceeds benefit: Macomb Food Program, 4 Paws 1 Heart, Macomb Charitable Foundation
Event Information: http://www.howloweenhustlerun.com
Online Registration at: https://register.chronotrack.com

1

First Name

Last Name

Address

City State/Province

U.S. Postal Code (Zip Code) -

Postal Code (If other than U.S.)

Area Code & Daytime Phone - -

E-mail

2

Age Race Day

3

Birth Date / /
MO DAY YR

4

Gender
M F

5

Shirt Size Information (Check One)

Adult Sizes ☐ S ☐ M ☐ L ☐ XL ☐ *2XL

Youth Sizes ☐ XS (2-4) ☐ S (6-8) ☐ M (10-12) ☐ L (14-16)

**2XL is an additional $2.00*

6

CHOOSE YOUR EVENT & COST

Check Event	Through 10/4	10/4 thru 10/25	10-26 & Race Day
☐ 5K Walk/Run	$27	$32	$40
☐ 8K Run	$27	$32	$40
☐ Kids 5K (12 & Under)	$20	$25	$30

All entry fees are non-refundable
Online entry available through 10/25
Mail in entry through 10/25

7

RELEASE FORM

• Only Complete Entry Forms Accepted •

APPLICATION WILL NOT BE PROCESSED WITHOUT SIGNATURE

WAIVER & RELEASE FROM LIABILITY: I know that running/walking is a potentially hazardous activity. I should not run/walk unless I am medically able and properly trained. I assume all risks associated with participating in this event including, but not limited to, fall, contact with other participants, the effects of weather, traffic and road conditions. Having read this release and having agreed to its contents, I for myself and anyone entitled to act on my behalf, waive and release all promoters, representatives, agents, sponsors, municipalities, and participants from claims or liabilities of any kind. I acknowledge that there are NO REFUNDS. Finally, I grant permission to use any photographs and/or releases of this event for any legitimate purposes.

Athlete Signature (or Parent, if under 18):

Signature Date